



A Service for the Young  
and the Young at Heart

COMMUNION CELEBRATION SUNDAY  
AND  
THE SIXTH SUNDAY OF EASTER

5 MAY 2024 AT 9:15 AM  
The Cathedral of the Incarnation  
Garden City, New York

## Welcome to *Cathedral for Kids* - *A Mass for the Young and Young at Heart*

Everyone is welcome in God's house and we are glad you're here! Throughout this service, we are talking to God, and God is talking to us. In the Episcopal Church, we pray using our whole bodies - our minds, our voices, our hands, and our feet. Here are few of the ways we talk and we listen:

- ***When we sit...we open our ears and our hearts.*** Sitting helps us be comfortable so we are ready to receive God's Word and hear what God is speaking to our hearts.
- ***We also stand when we join our voices together in song.*** Few things make a community feel more welcoming than singing, and we invite you to participate fully in this Mass. Besides, singing together is fun!
- ***When we hear the names of the Father, Son, and Holy Spirit...we make the sign of the cross.*** We touch our foreheads, our chest, our left shoulder, and our right shoulder, making the sign of the cross on our bodies. Look for the + in your bulletin indicating when you can make the sign of the cross!

Communion is one of the most important ways we worship God in church. By sharing the bread and wine like Jesus did with his friends, we learn that God shares good things with us and asks us to share good things with each other. On Communion Celebration Sunday, we celebrate this wonderful way we praise God and follow in Jesus' footsteps.

If you are new to the Cathedral and would like to know more about our programs and services, please look at the information located at the back of the Church, ask one of our members, or email us anytime at [cathedral@incarnationgc.org](mailto:cathedral@incarnationgc.org).

## GATHERING MUSIC

*After a brief welcome, we begin our worship time together by joining our voices in a short refrain. Please remain seated as we sing.*

### BE NOT AFRAID

*Taizé*

Be not a-fraid, sing out for joy! Christ is ris-en, al - le - lu - ia!

Be not a-fraid, sing out for joy! Christ is ris-en, al - le - lu - ia!

*We now stand and sing as the procession enters the cathedral*

### HYMN

*Hymn to Joy*

1. Al - le - lu - ia, al - le - lu - ia! Hearts and voic - es heav'n - ward raise:  
2. Al - le - lu - ia, al - le - lu - ia! Glo - ry be to God on high;

sing to God a hymn of glad-ness, sing to God a hymn of praise.  
Al - le - lu - ia! to the Sa - vior who has won the vic - to - ry;

He, who on the cross a vic - tim, for the world's sal - va - tion bled,  
Al - le - lu - ia! to the Spi - rit, fount of love and sanc - ti - ty:

Je - sus Christ, the King of glo - ry, now is ris - en from the dead.  
Al - le lu - ia, al - le - lu - ia! to the glo - rious Trin - i - ty.

### OPENING ACCLAMATION

*Presider* + Alleluia! Christ is risen!

*People* **The Lord is risen indeed. Alleluia!**

## COLLECT OF THE DAY

*Presider* The Lord be with you

*People* **And also with you.**

*Presider* Let us pray.

O God, you have prepared for those who love you such good things as surpass our understanding: Pour into our hearts such love towards you, that we, loving you in all things and above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*After the Collect, all sit for the reading*

## PROCLAIM AND RESPOND TO THE WORD OF GOD

### THE FIRST READING

*I John 5:1-6*

Everyone who believes that Jesus is the Christ has been born of God, and everyone who loves the parent loves the child. By this we know that we love the children of God, when we love God and obey his commandments. For the love of God is this, that we obey his commandments. And his commandments are not burdensome, for whatever is born of God conquers the world. And this is the victory that conquers the world, our faith. Who is it that conquers the world but the one who believes that Jesus is the Son of God? This is the one who came by water and blood, Jesus Christ, not with the water only but with the water and the blood. And the Spirit is the one that testifies, for the Spirit is the truth.

The Word of the Lord.

*People* **Thanks be to God.**

*Following the reading, we STAND to sing the Gospel Acclamation. All young people are invited to the front to hear the Word of God.*

### GOSPEL ACCLAMATION *(all stand and sing the refrain)*

*Caribbean Alleluia*



Hal - le, Hal - le, Hal - le - lu - ja! Hal - le, Hal - le, Hal - le - lu - lu - ja! Hal - le, Hal - le, Hal - le - lu - ia! Hal - le - lu - ja! Hal - le - lu - ja!

## THE HOLY GOSPEL

*John 15:9-17*

*Deacon* The Holy Gospel of Our Lord Jesus Christ According to John.

*People* **Glory to you, Lord Christ.**

Jesus said to his disciples, "As the Father has loved me, so I have loved you; abide in my love. If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. I have said these things to you so that my joy may be in you, and that your joy may be complete. "This is my commandment, that you love one another as I have loved you. No one has greater love than this, to lay down one's life for one's friends. You are my friends if you do what I command you. I do not call you servants any longer, because the servant does not know what the master is doing; but I have called you friends, because I have made known to you everything that I have heard from my Father. You did not choose me but I chose you. And I appointed you to go and bear fruit, fruit that will last, so that the Father will give you whatever you ask him in my name. I am giving you these commands so that you may love one another."

The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

## THE SERMON *(please be seated)*

*After the Sermon, we sing as the children return to their places.*

"Go, my chil - dren, with my bless - ing, nev - er a - lone.  
Wak - ing, sleep - ing, I am with you, you are my own.  
Here you heard my dear Son's sto - ry, here you touched him, saw his glo - ry.  
Go, my chil - dren, with my bless - ing, you are my own"

## WE PRAY FOR THE WORLD AND THE CHURCH

Fred Rogers, 1992

*Deacon* We offer our prayers for the Church and for the world.

*At the end of each prayer, offer your own prayers silently to God.*

Dear God, please inspire our hearts to come ever closer to You. We pray for those people who know us and accept us as we are. Those people who encourage us to see what's really fine in life.

We pray for all the people of Your world, our sisters and brothers whose names we may not know but whose lives are ultimately precious in Your sight. With all our hearts, we pray for all Your children everywhere - yes, everywhere.

And finally we offer our strengths and our weaknesses, our joys and our sorrows to Your never-ending care. Help us to remember all through our lives that we never need to do difficult things alone, that Your presence is simply for the asking and our ultimate future is assured by Your unselfish love.

In our deepest gratitude we offer this prayer. **Amen.**

#### PREPARE THE TABLE

*Please be seated as we sing the Offertory Hymn together. When the offering plate comes to you, pass it to your neighbor in the pew. Today's offering supports the ministries of the Cathedral of the Incarnation.*

OFFERTORY ANTHEM: *Savior, like a shepherd lead us* Calvin Hampton

Savior, like a shepherd lead us; much we need thy tender care. In thy pleasant pastures feed us; for our use thy folds prepare. Blessed Jesus! Blessed Jesus! You have bought us; we are yours.

We are yours, in love befriend us, be the guardian on our way; Keep your flock, from sin defend us, seek us as we go astray. Blessed Jesus! Blessed Jesus! Blessed Jesus! Blessed Jesus! Hear your children when we pray.

Let us always seek your favor; let us always do your will; Jesus Christ, our only Savior, with your love our spirit's fill. Blessed Jesus! Blessed Jesus! You have loved us; love us still.

#### THE GREAT THANKSGIVING *(all stand)*

*Presider* The Lord be with you.

*People* **And also with you.**

*Presider* Lift up your hearts.

*People* **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

*People* **It is right to give our thanks and praise.**

*Presider* It is a right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb who was offered for us, and has taken away the sins of the world. By his death he has destroyed death, And by his rising to life again he has restored

us to everlasting life. And so we join the saints and angels in proclaiming your glory, as we sing:

SANCTUS

Richard Proulx

Ho-ly, ho-ly, ho - ly Lord, God of pow-er and might,  
heav'n and earth are full of your glo-ry. Ho -  
san - na in the high-est, ho - san - na in the high-est.  
Blest is he who comes in the name of the Lord. Ho -  
san - na in the high-est, ho - san-na in the high-est.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the New Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

All **Christ has died. Christ is risen. Christ will come again.**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. Send your Holy Spirit upon these gifts. Let them be for us the Body and Blood of your Son. + And grant that we who eat this bread and drink this cup may be filled with your life and goodness.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. **Amen.**

### THE LORD'S PRAYER

*Presider* And now, as our Savior Christ has taught us, we are bold to say:

*All*           **Our Father, who art in heaven,  
                  hallowed be thy name,  
                  thy kingdom come,  
                  thy will be done,  
                  on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
                  as we forgive those  
                  who trespass against us.  
And lead us not into temptation,  
                  but deliver us from evil.  
For thine is the kingdom,  
                  and the power, and the glory,  
                  forever and ever. Amen.**

### BREAK THE BREAD

*The Presider breaks the bread.*

*Presider* Alleluia. Christ our Passover is sacrificed for us.

*People*       **Therefore let us keep the feast. Alleluia.**

*Presider* The gifts of God for the people of God. Take them in remembrance that Christ died for you and feed on him in your hearts by thanksgiving.

### SHARE THE GIFTS OF GOD

*If you are a baptized Christian, we invite you to receive the host and drink from the cup by taking it into your hands. If you do not wish to receive communion or you have not been baptized yet, we invite you to receive God's blessing. As you come forward, simply cross your arms in front your chest and the priest will bless you.*

COMMUNION MOTET: *The Father's love*

Simon Lole

As the Father has loved me, so have I loved you. Remain in my love. This is my commandment: that you love one another as I have loved you. God is love, and those who live in love live in God, and God in them. If you keep my commandments, love one another, then your joy will be complete.

ANNOUNCEMENTS *(please remain seated)*

POST COMMUNION PRAYER *(please stand)*

*Presider* Let us pray.

*All* **Eternal God, heavenly Father,**  
**you have graciously accepted us as living members**  
**of your Son our Savior Jesus Christ,**  
**and you have fed us with spiritual food**  
**in the Sacrament of his Body and Blood.**  
**Send us now into the world in peace,**  
**and grant us strength and courage**  
**to love and serve you**  
**with gladness and singleness of heart**  
**Through Christ our Lord. Amen.**

HYMN OF PRAISE: *O Risen Christ*

O ris-en Christ, most bless-ed Lord, all praise to you let earth ac-  
cord. Al-le - lu - ia, al-le - lu - ia. You are, while end-less a-ges  
run with Fa-ther and the Spi-rit one. Al-le - lu - ia, al-le-  
lu - ia, al-le - lu - ia, al-le - lu - ia, al-le - lu - ia.

BLESSING & EXCHANGE OF PEACE

*Presider* The blessing of God Almighty, + Father, Son, and Holy Spirit be with you now and forever more. **Amen.**

The peace of the Lord be always with you.

*People* **And also with you.**

*Greet those around you in the name of the Lord. All are invited to Fellowship in Faith, an intergenerational formation and fellowship hour held in the Mercer School of Theology immediately following service.*

## **Announcements**

**Please note that there is no daily mass the week of May 6.**

**Dean's Forum – Today**, Bishop Philip Wright, 14th Bishop of the Diocese of Belize, will reflect on the rich tradition of Anglican Church of the West Indies, and share insights from his recent time in our own cathedral community.

**Choral Evensong for Eastertide** today at 4:00 PM. Join us for this special service featuring the Cathedral Choirs singing music of Herbert Murrill, Charles Stanford and Joanna Forbes L'Estrange. Evensong will be preceded by Cathedral Connect at 3:00 in the undercroft.

**The Cathedral INNcarnation Ministry – Today**, our Cathedral Youth will collect and sort much needed items for the families of The INN. Our INNcarnation Ministry volunteers will also be sorting and sharing stories from their time volunteering at The INN Boutique. Please bring the following donations to Mercer School: Children's clothing - toddler through teenagers (gently used or new), Children's shoes - toddler through teenagers (gently used or new), Children's New Flip Flops for summer, Towels (gently used), or Toiletries (new or unused; travel size and full sized). Thank you in advance!

**Grief Support Group** – Every other Sunday from 2-3:30pm at See House. The Grief Support Group offers a different quality of support and connection that comes from being with people who have also experienced a loss. The group meets every other Sunday at See House (36 Cathedral Ave, Garden City NY -- large brick building). Upcoming dates are: **Today, May 5**, May 19 and June 2.

**Special Sunday Event Featuring Fr. John Dear** – Join us for a special Sunday event featuring renowned peace activist and author, Fr. John Dear. Fr. John will deliver sermons at 8am, 9:15am, and 11:15am masses on **Sunday, May 12**, followed by a talk at 10am on his groundbreaking new book, "The Gospel of Peace: A Commentary on Matthew, Mark, and Luke from the Perspective of Nonviolence."

**Cornelia Clinch Stewart Scholarship Fund** – The Cathedral Chapter announces the Cornelia Clinch Stewart Scholarship Fund, a new scholarship offered by The Cathedral of the Incarnation. This scholarship is dedicated to supporting students in Grades 1-12 residing in Kings, Queens, Nassau, or Suffolk Counties, New York, who aspire to attend Episcopal primary or secondary schools within or outside the Diocese. We encourage interested candidates to visit [www.incarnationgc.org/clinchfund](http://www.incarnationgc.org/clinchfund) for detailed information and to commence the application process.

**Cathedral Council Elections** – The Cathedral Council is elected by the congregation and as leaders they play an important role in the life of the congregation. Each year, three members are elected to one four-year term. Together with the Dean, Clergy, and professional staff, they help shape the focus of our common life. Voting will take place at the annual meeting on **Sunday, May 19** when we will all come together for one Sunday service at 10am. Check our eNews to read about our 2024 Council Nominees!

**CSA Farm Share 2024 Season** – The Hawthorne Valley Farm is happy to return to the Cathedral of the Incarnation this summer, the first Thursday of June. The Farm has a 350–member CSA and supplies organic and Biodynamic® produce to the New York City communities of Garden City, Inwood, and Riverdale. Over 40 varieties of vegetables are grown on 16+ acres, and fruit shares from local farmers are also available. Join our CSA farm share in Garden City by checking our eNews.

**Cathedral Connect** is our ministry of welcome and connection at the cathedral. Newcomers and long-time members alike are encouraged to contact Fr. Dan Ade at [dade@IncarnationGC.org](mailto:dade@IncarnationGC.org) if they are interested in learning more about life at the cathedral.

**Celebrations Ministry** – As part of Cathedral Connect, we are looking for volunteers to join our 'Celebrations' ministry. We will be sending hand-written greeting cards to celebrate events including key milestone anniversaries of baptisms or confirmations, children's birthdays and Christmas. Please contact [vergers@incarnationgc.org](mailto:vergers@incarnationgc.org) if you have any questions or would like to participate.

For further information, please sign up for our eNews every Friday morning at [incarnationgc.org/connect/e-news](http://incarnationgc.org/connect/e-news) or email us at [Cathedral@IncarnationGC.org](mailto:Cathedral@IncarnationGC.org)

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## THE CATHEDRAL LEADERSHIP

### THE CHAPTER

The Right Reverend Lawrence C. Provenzano, DD., *Bishop of Long Island*  
The Very Reverend Canon Michael Sniffen, PhD, *Dean of the Cathedral*  
The Rev. Canon Eddie Alleyne, The Rev. Canon Adam Bucko, Ms. Mia Jealous-Denk,  
Mr. Michael Eng, Ms. Tamara Harris, Dr. Lorna Lewis, The Rev. Canon John Merz,  
Ms. LaVerne Mitchell, The Rev. Gideon Pollach, The Rev. Canon Kate Salisbury,  
Mr Dennis Walcott.

### THE EXECUTIVE COMMITTEE

Ms. Tamara Harris, *Warden*, Ms. Rebecca Maines, *Warden*  
Canon Charles Janoff, Esq., *Chancellor*, Mr. Michael Eng, *Treasurer*, Mr. Kyle Sabo

### THE CATHEDRAL COUNCIL

Ms. Caroline Costello, Ms. Trish Craine,  
Ms. Norma Jones, Ms. Brenda Kennedy, Mr. Matthew Mohan,  
Ms. Carol O'Rourke, Mr. Keith Okrosy,  
Ms. Martha Ripp, Ms. Carolyn Ver Pault

### THE CLERGY AND STAFF

The Reverend Canon Eddie Alleyne, *Sub Dean and Canon for Cathedral Life*  
The Reverend Canon Adam Bucko, *Director of the Center for Spiritual Imagination*  
The Reverend Canon Kate Salisbury, *Canon for Christian Education*  
The Very Reverend Canon Mark Kowalewski, PhD, *Vicar – Incarnation Chapel*  
The Very Reverend Canon Daniel Ade, *Vicar – Incarnation Chapel*  
The Reverend Landon Moore, *Associate Priest of the Cathedral*  
The Reverend Brian C. Barry, *Associate Priest of the Cathedral*  
The Reverend Denise Althea Galloway, *Deacon - Director of Outreach*  
The Reverend Canon Bruce Griffith, ThD, *Canon in Residence*  
Canon Larry Tremsky, *Director of Music*  
Mr. Raphael Vogl, *Associate Organist/Choirmaster*  
Mr. Kyle Sabo, *The Dean's Verger*  
Ms. Arleen Breen, *Cathedral Administrator*  
Mrs. Lisa Knudsen, *Administrative Assistant*  
Ms. Caroline Cosgrove, *Assistant to the Dean and  
Administrator of the Center for Spiritual Imagination*

### WEEKDAY LITURGIES AT CATHEDRAL OF THE INCARNATION

TUESDAY - THURSDAY Eucharist at 12:00 in the Cathedral



*From the Brooklyn Bridge to Montauk Point  
A house of prayer for Long Island*