



A Service for the Young
and the Young at Heart

THE TWENTY SECOND SUNDAY AFTER PENTECOST

20 OCTOBER 2024 AT 9:15 AM
The Cathedral of the Incarnation
Garden City, New York

Welcome to *Cathedral for Kids* - *A Mass for the Young and Young at Heart*

Everyone is welcome in God's house and we are glad you're here! In the Episcopal Church, we pray using our whole bodies - our minds, our voices, our hands, and our feet. Here are few of the ways we pray together:

- ***When we sit, we listen with our ears and our hearts.*** Sitting helps us be comfortable so we are ready to receive God's Word and hear what God is speaking to our hearts in prayer.
- ***We also stand when we join our voices together in song.*** Few things make a community feel more welcoming than singing, and we invite you to participate fully in this Mass. Besides, singing together is fun!
- ***When we hear the names of the Father, Son, and Holy Spirit, we make the sign of the cross.*** We touch our foreheads, our chest, our left shoulder, and our right shoulder, making the sign of the cross on our bodies. Look for the + in your bulletin indicating when you can make the sign of the cross!

In the Church Calendar, we are in the great, green, growing Sundays after Pentecost. Everywhere you look, you will see green! In this season, we are learning what it means to be Christians - people who have the Holy Spirit living with us always.

If you are new to the Cathedral and would like to know more about our programs and services, please speak with one of the clergy, ask one of our members, or email us anytime at cathedral@incarnationgc.org.

GATHERING MUSIC

*After a brief welcome, we begin our worship time together
by joining our voices in several short refrains.*

CHRIST, MY HOPE (*please remain seated*)

Taizé

Christ, my hope, and Christ, my joy, Christ, my strength, and my
light, Christ, my con - fi - dence a - lone, in you I
trust and have no fear; in you I trust and have no fear.

The musical notation is in 3/4 time, key of B-flat major. It consists of three staves of music. The first staff contains the first line of lyrics. The second staff contains the second line of lyrics, including a triplet of eighth notes. The third staff contains the third line of lyrics and ends with a double bar line.

WE HAVE COME INTO THIS HOUSE (*please stand*)

Bruce Ballinger

We have come in - to this house to gath - er in His name and wor - ship Him.
Let us lift up ho - ly hands to mag - ni - fy His name and wor - ship Him.
We have come in - to this house to gath - er in His name and wor - ship Him.
Let us lift up ho - ly hands to mag - ni - fy His name and wor - ship Him.
We have come in - to this house to gath - er in His name and
Let us lift up ho - ly hands to mag - ni - fy His name and
wor - ship Christ the Lord. Wor - ship Him, Christ the Lord.
wor - ship Christ the Lord.

The musical notation is in 4/4 time, key of B-flat major. It consists of four staves of music. The first staff contains the first line of lyrics. The second staff contains the second line of lyrics. The third staff contains the third line of lyrics. The fourth staff contains the fourth line of lyrics and ends with a double bar line.

WELCOME AND ACCLAMATION

Presider + Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and forever. Amen.**

COLLECT OF THE DAY

Presider The Lord be with you

People **And also with you.**

Presider Let us pray.

Almighty and everlasting God, in Christ you have revealed your glory among the nations: Preserve the works of your mercy, that your Church throughout the world may persevere with steadfast faith in the confession of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People **Amen.**

After the Collect, all sit for the reading

PROCLAIM AND RESPOND TO THE WORD OF GOD

THE FIRST READING

Isaiah 53:11b-12

The righteous one, my servant, shall make many righteous, and he shall bear their iniquities. Therefore I will allot him a portion with the great, and he shall divide the spoil with the strong; because he poured out himself to death, and was numbered with the transgressors; yet he bore the sin of many, and made intercession for the transgressors.

The Word of the Lord.

People **Thanks be to God.**

All young people are now invited to the front to hear the Word of God and to sit on the story rugs for the Sermon.

GOSPEL ACCLAMATION *(all stand and sing the refrain)*

Celtic Alleluia

Al - le - lu - ia, al - le - lu - ia!
Al - le - lu - ia, al - le - lu - ia!

THE HOLY GOSPEL

Mark 10:35-45

Deacon The Holy Gospel of Our Lord Jesus Christ According to Mark.

People **Glory to you, Lord Christ.**

James and John, the sons of Zebedee, came forward to Jesus and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What is it you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or be baptized with the baptism that I am baptized with?" They replied, "We are able." Then Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." a ransom for many."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

THE SERMON *(please be seated)*

After the Sermon, we stand to sing as the children return to their places.

"Go, my chil - dren, with my bless - ing, nev - er a - lone.
 Wak - ing, sleep - ing, I am with you, you are my own.
 Here you heard my dear Son's sto - ry, here you touched him, saw his glo - ry.
 Go, my chil - dren, with my bless - ing, you are my own"

WE PRAY FOR THE WORLD AND THE CHURCH Fred Rogers, 1992

Deacon We offer our prayers for the Church and for the world.

At the end of each prayer, offer your own prayers silently to God.

Dear God, please inspire our hearts to come ever closer to You. We pray for those people who know us and accept us as we are. Those people who encourage us to see what's really fine in life.

We pray for all the people of Your world, our sisters and brothers whose names we may not know but whose lives are ultimately precious in Your sight. With all our hearts, we pray for all Your children everywhere - yes, everywhere.

And finally we offer our strengths and our weaknesses, our joys and our sorrows to Your never-ending care. Help us to remember all through our lives that we never need to do difficult things alone, that Your presence is simply for the asking and our ultimate future is assured by Your unselfish love.

In our deepest gratitude we offer this prayer. **Amen.**

CONFESSION AND ABSOLUTION

Stand or kneel as you are able

Deacon We pray also to you for forgiveness of our sins.

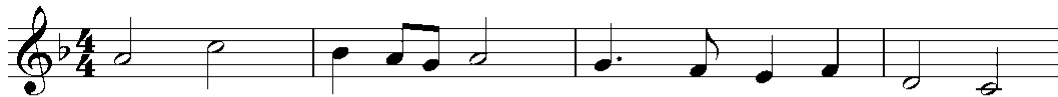
People **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole hearts. We have not loved our neighbors as ourselves. We are truly sorry and humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Presider Almighty God, have mercy on you, + forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

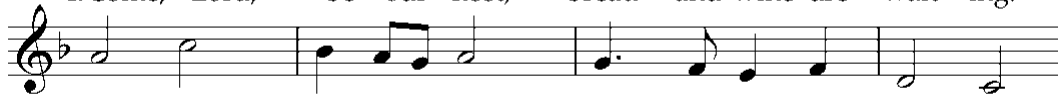
PREPARE THE TABLE

Please be seated as we sing the Offertory Hymn. When the ushers come to your seat please place your offering in the basket. Today's offering supports the ministries of the Cathedral of the Incarnation.

OFFERTORY HYMN



1. Come, Lord, be our guest, find your way a - mong us;
2. Come, Lord, be our guest, join our con - ver - sat - ion;
3. Come, Lord, be our guest, gath - ered round your ta - ble,
4. Come, Lord, be our host, bread and wine are wait - ing.



you whose word and will sowed the seed which sprung us.
free our tongues to speak with - out res - er - va - tion.
we con - fess our faith more than fact or fa - ble.
On your words de - pend all our cel - e - brat - ing.

Earth, your former home, still is where we meet you;
 Where your people meet, you perfect their pleasure;
 You who made, of old, all that earth was needing,
 Fill us with your love, healing and forgiving;

there - fore we greet you, Christ, our God alone.
 there - fore we treasure all you have to share.
 bless - ing and feed - ing here will make us new.
 then, in us living, show our love your way.

THE GREAT THANKSGIVING

Presider The Lord be with you.

People **And also with you.**

Presider Lift up your hearts.

People **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Presider It is a right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord. And so we join the saints and angels in proclaiming your glory, as we sing:

Ho - ly, ho - ly, ho - ly Lord, God of po-wer and might,
 hea-ven and earth are full of your glo-ry. Ho - san - na in the high - est.
 Bless - ed is he who comes in the name of the Lord. Ho -
 san - na in the high - est, ho - san - na in the high - est.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it,

and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the New Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

People **Christ has died. Christ is risen. Christ will come again.**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. Send your Holy Spirit upon these gifts. Let them be for us the Body and Blood of your Son. + And grant that we who eat this bread and drink this cup may be filled with your life and goodness.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. **Amen.**

THE LORD'S PRAYER

Presider And now, as our Savior Christ has taught us, we are bold to say:

People **Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

BREAK THE BREAD

Presider Alleluia. Christ our Passover is sacrificed for us.

People **Therefore let us keep the feast. Alleluia.**

Presider The gifts of God for the people of God. Take them in remembrance that Christ died for you and feed on him in your hearts by thanksgiving.

SHARE THE GIFTS OF GOD

All baptized persons are invited to receive Holy Communion in the cathedral. Persons who do not wish to receive Communion may come forward and receive a blessing. If you would like to receive gluten-free Eucharist, please tell the priest when you come forward.

COMMUNION MOTET: *For the beauty of the earth* John Rutter

For the beauty of the earth, for the beauty of the skies, For the love which from our birth over and around us lies, Lord of all, to thee we raise this our joyful hymn of praise.

For the beauty of each hour of the day and of the night, Hill and vale, and tree and flower, Sun and moon and stars of light: For the joy of human love, brother, sister, parent, child, Friends of earth, and friends above, for all gentle thoughts and mild: Lord of all, to thee we raise this our joyful hymn of praise.

For each perfect gift of thine to our race so freely given, Graces human and divine, flowers of earth and buds of heav'n. Lord of all, to thee we raise this our joyful hymn of praise.

ANNOUNCEMENTS *(please remain seated)*

POST COMMUNION PRAYER *(please stand)*

Presider Let us pray.

People **Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart
Through Christ our Lord. Amen.**

HYMN OF PRAISE



God be with you till we meet a-gain; by wise coun - sels guide, up - hold you,
with the sheep se - cure - ly__ fold you: God be with you till we meet a-gain.

BLESSING & EXCHANGE OF PEACE

Presider The blessing of God Almighty, + Father, Son, and Holy Spirit be with you now and forever more.

People **Amen.**

The peace of the Lord be always with you.

People **And also with you.**

Greet those around you in the name of the Lord. All are invited to Fellowship in Faith, an intergenerational formation and fellowship hour held in the Mercer School of Theology immediately following service.

Announcements

All Hallows Eve: A Journey to the Cathedral Crypt – On October 20th, You are invited to walk the bridge between the living and the dead as we journey to the Cathedral Crypt. Visit tinyurl.com/coi-ah24 to reserve your spot. Please contact ksalisbury@incarnationgc.org, with any questions.

Weekly Meditation and Contemplative Prayer – online via zoom, Mondays at 6:30pm – 7:00 pm. See our eNews for link.

Dean’s Forum and Fellowship in Faith – Program today at 10:15 – 11am at the Mercer School of Theology.

Next Sunday – the first in our new *Music in the Cathedral* series: join us next Sunday afternoon at 4:00 for a program featuring the **Musica Humana Chamber**

Ensemble, Vilnius, Lithuania, with organist Virginus Barkauskas. The Lithuanian National Philharmonic Society's *Musica humana Chamber Ensemble* was founded in 1974. Its concerts were among the first signs of the revival of historical performance of early music in Lithuania. This program, celebrating the fiftieth anniversary of their founding, will include the Howard Hanson Concerto for Organ, Strings and Harp with organist Virginus Barkasukas, along with works by Vivaldi, Sanders, Barber, and others.

Tickets will be available at the door, and admission is \$25 adults, \$15 seniors, students and children admitted free.

We pray for those who have died, and for those grieving the death of a loved one, that they may find comfort and peace.

We also pray for the people affected by Hurricanes Helene and Milton. If you would like to donate to Episcopal Relief & Development's efforts, scan this QR code:



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The Very Reverend Canon Michael Sniffen, PhD, *Dean of the Cathedral*
The Rev. Canon Eddie Alleyne, The Rev. Adam Canon Bucko, Ms. Mia Jealous-Denk,
Mr. Michael Eng, Canon Charles Janoff, Esq., *Chancellor*, Dr. Lorna Lewis,
The Rev. Canon John Merz, Ms. LaVerne Mitchell, Mr. Keith Okrosy,
The Rev. Gideon Pollach, The Rev. Canon Kate Salisbury, Mr Dennis Walcott.

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The Reverend Canon Adam Bucko, *Director of the Center for Spiritual Imagination*
The Reverend Canon Kate Salisbury, *Canon for Christian Education*
The Very Reverend Canon Mark Kowalewski, *Vicar – Incarnation Chapel*
The Very Reverend Canon Daniel Ade, *Vicar – Incarnation Chapel*
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The Reverend Brian C. Barry, *Associate Priest of the Cathedral*
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Ms. Arleen Breen, *Cathedral Administrator*
Mrs. Lisa Knudsen, *Administrative Assistant*
Ms. Caroline Cosgrove, *Assistant to the Dean*

WEEKDAY LITURGY AT CATHEDRAL OF THE INCARNATION

WEDNESDAY Eucharist with Healing at 12:00 in the Cathedral



From the Brooklyn Bridge to Montauk Point
A house of prayer for Long Island