



A Service for the Young
and the Young at Heart

THE FIFTH SUNDAY OF EASTER

28 APRIL 2024 AT 9:15 AM

The Cathedral of the Incarnation
Garden City, New York

Welcome to *Cathedral for Kids* - *A Mass for the Young and Young at Heart*

Everyone is welcome in God's house and we are glad you're here! Throughout this service, we are talking to God, and God is talking to us. In the Episcopal Church, we pray using our whole bodies - our minds, our voices, our hands, and our feet. Here are few of the ways we talk and we listen:

- ***When we sit...we open our ears and our hearts.*** Sitting helps us be comfortable so we are ready to receive God's Word and hear what God is speaking to our hearts.
- ***We also stand when we join our voices together in song.*** Few things make a community feel more welcoming than singing, and we invite you to participate fully in this Mass. Besides, singing together is fun!
- ***When we hear the names of the Father, Son, and Holy Spirit...we make the sign of the cross.*** We touch our foreheads, our chest, our left shoulder, and our right shoulder, making the sign of the cross on our bodies. Look for the + in your bulletin indicating when you can make the sign of the cross!

The party we began on Easter morning continues throughout the season of Eastertide in which we explore stories about Jesus after his resurrection. It is a season full of wonder and surprise! We learn alongside the disciples about God's amazing love and Jesus' promise to be with us always. These stories invite us to look for God's love in our everyday lives...we'll be surprised how much we find!

If you are new to the Cathedral and would like to know more about our programs and services, please look for the Welcome Table at the back of the Church, ask one of our members, or email us anytime at cathedral@incarnationgc.org.

GATHERING MUSIC

After a brief welcome, we begin our worship time together by joining our voices in a short refrain. Please remain seated as we sing.

BE NOT AFRAID

Taizé

Be not a-fraid, sing out for joy! Christ is ris-en, al-le-lu-ia!

Be not a-fraid, sing out for joy! Christ is ris-en, al-le-lu-ia!

We now stand and sing as the procession enters the cathedral

HYMN

Hymn to Joy

1. Al-le-lu-ia, al-le-lu-ia! Hearts and voic-es heav'n-ward raise:
2. Al-le-lu-ia, al-le-lu-ia! Glo-ry be to God on high;

sing to God a hymn of glad-ness, sing to God a hymn of praise.
Al-le-lu-ia! to the Sa-vior who has won the vic-to-ry;

He, who on the cross a vic-tim, for the world's sal-va-tion bled,
Al-le-lu-ia! to the Spi-rit, fount of love and sanc-ti-ty:

Je-sus Christ, the King of glo-ry, now is ris-en from the dead.
Al-le-lu-ia, al-le-lu-ia! to the glo-rious Trin-i-ty.

OPENING ACCLAMATION

Presider + Alleluia! Christ is risen!

People **The Lord is risen indeed. Alleluia!**

COLLECT OF THE DAY

Presider The Lord be with you

People **And also with you.**

Presider Let us pray.

Almighty God, whom truly to know is everlasting life: Grant us so perfectly to know your Son Jesus Christ to be the way, the truth, and the life, that we may steadfastly follow his steps in the way that leads to eternal life; through Jesus Christ your Son our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever.

People **Amen.**

After the Collect, all sit for the reading

PROCLAIM AND RESPOND TO THE WORD OF GOD

THE FIRST READING

John 4:7-11;20-21

Beloved, let us love one another, because love is from God; everyone who loves is born of God and knows God. Whoever does not love does not know God, for God is love. God's love was revealed among us in this way: God sent his only Son into the world so that we might live through him. In this is love, not that we loved God but that he loved us and sent his Son to be the atoning sacrifice for our sins. Beloved, since God loved us so much, we also ought to love one another. Those who say, "I love God," and hate their brothers or sisters, are liars; for those who do not love a brother or sister whom they have seen, cannot love God whom they have not seen. The commandment we have from him is this: those who love God must love their brothers and sisters also.

The Word of the Lord.

People **Thanks be to God.**

Following the reading, we STAND to sing the Gospel Acclamation. All young people are invited to the front to hear the Word of God.

GOSPEL ACCLAMATION *(all stand and sing the refrain)*

Celtic Alleluia

Al - le - lu - ia, al - le - lu - ia!
Al - le - lu - ia, al - le - lu - ia!

THE HOLY GOSPEL

John 15:1-8

Deacon The Holy Gospel of Our Lord Jesus Christ According to John.

People **Glory to you, Lord Christ.**

Jesus said, "I am the true vine, and my Father is the vinegrower. He removes every branch in me that bears no fruit. Every branch that bears fruit he prunes to make it bear more fruit. You have already been cleansed by the word that I have spoken to you. Abide in me as I abide in you. Just as the branch cannot bear fruit by itself unless it abides in the vine, neither can you unless you abide in me. I am the vine, you are the branches. Those who abide in me and I in them bear much fruit, because apart from me you can do nothing. Whoever does not abide in me is thrown away like a branch and withers; such branches are gathered, thrown into the fire, and burned. If you abide in me, and my words abide in you, ask for whatever you wish, and it will be done for you. My Father is glorified by this, that you bear much fruit and become my disciples."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

THE SERMON *(please be seated)*

After the Sermon, we sing as the children return to their places.

"Go, my chil - dren, with my bless - ing, nev - er a - lone.
Wak - ing, sleep - ing, I am with you, you are my own.
Here you heard my dear Son's sto - ry, here you touched him, saw his glo - ry.
Go, my chil - dren, with my bless - ing, you are my own"

WE PRAY FOR THE WORLD AND THE CHURCH

Fred Rogers, 1992

Deacon We offer our prayers for the Church and for the world.

At the end of each prayer, offer your own prayers silently to God.

Dear God, please inspire our hearts to come ever closer to You. We pray for those people who know us and accept us as we are. Those people who encourage us to see what's really fine in life.

We pray for all the people of Your world, our sisters and brothers whose names we may not know but whose lives are ultimately precious in Your sight. With all our hearts, we pray for all Your children everywhere - yes, everywhere.

And finally we offer our strengths and our weaknesses, our joys and our sorrows to Your never-ending care. Help us to remember all through our lives that we never need to do difficult things alone, that Your presence is simply for the asking and our ultimate future is assured by Your unselfish love.

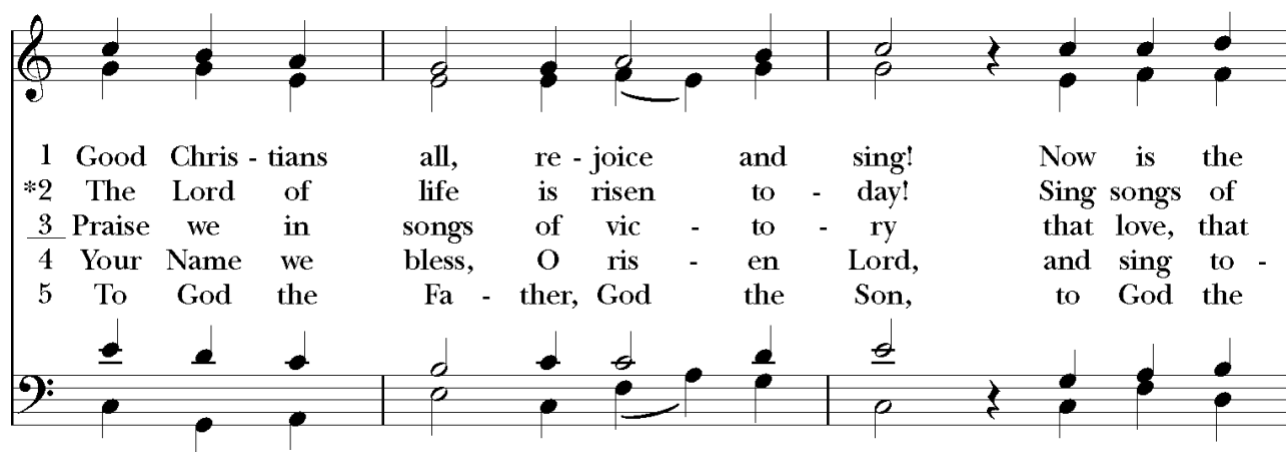
In our deepest gratitude we offer this prayer. **Amen.**

PREPARE THE TABLE

Please be seated as we sing the Offertory Hymn together. When the offering plate comes to you, pass it to your neighbor in the pew. Today's offering supports the ministries of the Cathedral of the Incarnation.

OFFERTORY HYMN. (we will omit stanza 2)

Gelobet sei Gott



1 Good Chris - tians all, re - jice and sing! Now is the
 *2 The Lord of life is risen to - day! Sing songs of
 3 Praise we in songs of vic - to - ry that love, that
 4 Your Name we bless, O ris - en Lord, and sing to -
 5 To God the Fa - ther, God the Son, to God the



1 tri - umph of our King! To all the world glad news we bring:
 2 praise a - long his way; let all the earth re - jice and say:
 3 life which can - not die, and sing with hearts up - lift - ed high:
 4 day with one ac - cord the life laid down, the life re - stored:
 5 Spi - rit, al - ways One, we sing for life in us be - gun:

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

THE GREAT THANKSGIVING *(all stand)*

Presider The Lord be with you.

People **And also with you.**

Presider Lift up your hearts.

People **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Presider It is a right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb who was offered for us, and has taken away the sins of the world. By his death he has destroyed death, And by his rising to life again he has restored us to everlasting life. And so we join the saints and angels in proclaiming your glory, as we sing:

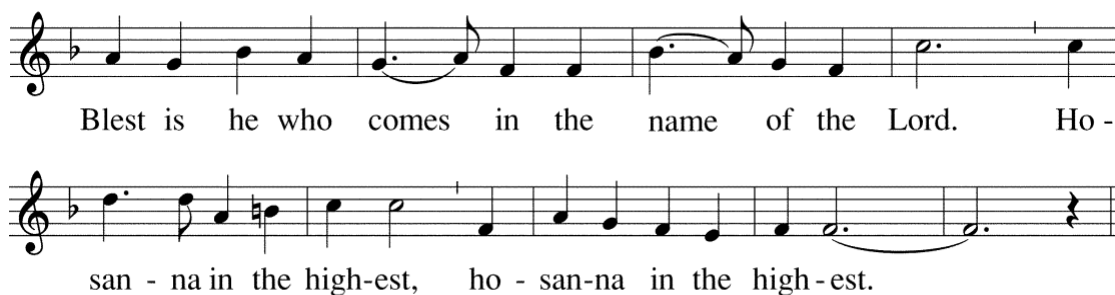
SANCTUS

Richard Proulx

Ho-ly, ho-ly, ho - ly Lord, God of pow-er and might,

heav'n and earth are full of your glo-ry. Ho -

san - na in the high-est, ho - san - na in the high-est.



On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the New Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

All Christ has died. Christ is risen. Christ will come again.

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. Send your Holy Spirit upon these gifts. Let them be for us the Body and Blood of your Son. + And grant that we who eat this bread and drink this cup may be filled with your life and goodness.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. **Amen.**

THE LORD'S PRAYER

Presider And now, as our Savior Christ has taught us, we are bold to say:

All **Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those**

who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.

BREAK THE BREAD

The Presider breaks the bread.

Presider Alleluia. Christ our Passover is sacrificed for us.

People **Therefore let us keep the feast. Alleluia.**

Presider The gifts of God for the people of God. Take them in remembrance that Christ died for you and feed on him in your hearts by thanksgiving.

SHARE THE GIFTS OF GOD

The Gifts of God are for everyone. If you are a baptized Christian, we invite you to receive the host and drink from the cup by taking it into your hands. If you do not wish to receive communion or you have not been baptized yet, we invite you to receive God's blessing. As you come forward, simply cross your arms in front your chest and the priest will bless you.

ANNOUNCEMENTS *(please remain seated)*

POST COMMUNION PRAYER *(please stand)*

Presider Let us pray.

All **Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart
Through Christ our Lord. Amen.**

HYMN OF PRAISE

O ris-en Christ, most bless-ed Lord, all praise to you let earth ac-
cord. Al-le - lu - ia, al-le - lu - ia. You are, while end-less a-ges
run with Fa-ther and the Spi-rit one. Al-le - lu - ia, al-le-
lu - ia, al-le - lu - ia, al-le - lu - ia, al-le - lu - ia.

BLESSING & EXCHANGE OF PEACE

Presider The blessing of God Almighty, + Father, Son, and Holy Spirit be with you now and forever more. **Amen.**

The peace of the Lord be always with you.

People **And also with you.**

Greet those around you in the name of the Lord. All are invited to Fellowship in Faith, an intergenerational formation and fellowship hour held in the Mercer School of Theology immediately following service.

Announcements

Altar flowers for this Sunday are given in loving memory of our father Dan Siegmann on the anniversary of his passing by his daughters Ruth and Lorraine.

On Sunday, April 28, the Masses are in loving memory of Dan Siegmann by his daughters Ruth and Lorraine, and in memory of Alan Napolitano, Sr. by Robert Russo on the occasion of his birthday. "It is holy and wholesome to remember those who have died," for they are at rest in the arms of God.

Dean's Forum and Fellowship in Faith – Today, 10:15-11am in the Mercer Building. This spring, the Dean's Forum touches on the theme of sacred symbols; their place in our tradition and in our personal experiences of God. This Sunday, children K-5th grade learn about Saint Paul and head outdoors for games inspired by his voyages around the Mediterranean Sea. Family Communion Class continues this week for both parents and children together. The Family Communion Service is Sunday, May 5.

Cathedral's Got Talent! – Saturday, May 4 at 7pm. Join us in the cathedral for an evening of entertainment, fun and fellowship. Hosted by the Very Rev. Dr. Michael Sniffen, Dean of the Cathedral, this event will showcase the diverse talents of members of our church community. A reception with light snacks will follow!

Cathedral Council Elections – The Cathedral Council is elected by the congregation and as leaders they play an important role in the life of the congregation. Each year, three members are elected to one four-year term. Together with the Dean, Clergy and professional staff, they help shape the focus of our common life. Voting will take place at the annual meeting on Sunday, May 19 when we will all come together for one Sunday service at 10am. Check our eNews to read about our 2024 Council Nominees!

The Cathedral Incarnation Ministry – On Sunday May 5, our Cathedral Youth will collect and sort much needed items for the families of The INN. Our INNcarnation Ministry volunteers will also be sorting and sharing stories from their time volunteering at The INN Boutique. Please bring the following donations to Mercer School: Children's clothing - toddler through teenagers (gently used or new), Children's shoes - toddler through teenagers (gently used or new), Children's New Flip Flops for summer, Towels (gently used), or Toiletries (new or unused; travel size and full sized). Thank you in advance!

CSA Farm Share 2024 Season – The Hawthorne Valley Farm is happy to return to the Cathedral of the Incarnation this summer, the first Thursday of June. The Farm has a 350-member CSA and supplies organic and Biodynamic® produce to the New York City communities of Garden City, Inwood, and Riverdale. Over 40 varieties of vegetables are grown on 16+ acres, and fruit shares from local farmers are also available. Join our CSA farm share in Garden City by checking our eNews.

Grief Support Group – Every other Sunday from 2-3:30pm at See House. The Grief Support Group offers a different quality of support and connection that comes from being with people who have also experienced a loss. The group meets every other Sunday at See House (36 Cathedral Ave, Garden City NY -- large brick building). Upcoming dates are: May 12 & 26, and June 9 & 23.

We pray for those who have died, and for those grieving the death of a loved one, that they may find comfort and peace.

Cathedral Connect is our ministry of welcome and connection at the cathedral. Newcomers and long-time members alike are encouraged to contact Fr. Dan Ade at dade@IncarnationGC.org if they are interested in learning more about life at the cathedral.

For further information, please sign up for our eNews every Friday morning at incarnationgc.org/connect/e-news or email us at Cathedral@IncarnationGC.org

WEEKDAY LITURGIES AT CATHEDRAL OF THE INCARNATION
TUESDAY - THURSDAY Eucharist at 12:00 in the Cathedral



*From the Brooklyn Bridge to Montauk Point
A house of prayer for Long Island*