



A Service for the Young
and the Young at Heart

THE EIGHTEENTH SUNDAY AFTER PENTECOST

26 SEPTEMBER 2021 AT 9:15 AM
The Cathedral of the Incarnation
Garden City, New York

Welcome to *Cathedral for Kids* - *A Mass for the Young and Young at Heart*

Everyone is welcome in God's house and we are glad you're here! In the Episcopal Church, we pray using our whole bodies - our minds, our voices, our hands, and our feet. Here are few of the ways we pray together:

- ***When we sit, we listen with our ears and our hearts.*** Sitting helps us be comfortable so we are ready to receive God's Word and hear what God is speaking to our hearts in prayer.
- ***We also stand when we join our voices together in song.*** Few things make a community feel more welcoming than singing, and we invite you to participate fully in this Mass. Besides, singing together is fun!
- ***When we hear the names of the Father, Son, and Holy Spirit, we make the sign of the cross.*** We touch our foreheads, our chest, our left shoulder, and our right shoulder, making the sign of the cross on our bodies. Look for the + in your bulletin indicating when you can make the sign of the cross!
- ***We love our neighbor*** by wearing our mask, washing our hands, and keeping a safe distance.

In the Church Calendar, we are in the great, green, growing Sundays after Pentecost. Everywhere you look, you will see green! In this season, we are learning what it means to be Christians - people who have the Holy Spirit living with us always.

If you are new to the Cathedral and would like to know more about our programs and services, please look for the Welcome Table at the back of the Church, ask one of our members, or email us anytime at cathedral@incarnationgc.org.

GATHERING MUSIC

*After a brief welcome, we begin our worship time together
by joining our voices in several short refrains.*

CHRIST, MY HOPE (*please remain seated*)

Taizé

Christ, my hope, and Christ, my joy, Christ, my strength, and my
light, Christ, my con - fi - dence a - lone, in you I
trust and have no fear; in you I trust and have no fear.

The musical score is written on three staves in 3/4 time, key of B-flat major. The melody is simple and repetitive, with lyrics written below the notes. A triplet of eighth notes is marked with a '3' above it in the second line.

WE HAVE COME INTO THIS HOUSE (*please stand*)

Bruce Ballinger

We have come in - to this house to gath - er in His name and wor - ship Him.
Let us lift up ho - ly hands, to mag - ni - fy His name and wor - ship Him.

We have come in - to this house to gath - er in His name and wor - ship Him.
Let us lift up ho - ly hands, to mag - ni - fy His name and wor - ship Him.

We have come in - to this house to gath - er in His name and
Let us lift up ho - ly hands, to mag - ni - fy His name and
wor - ship Christ the Lord. Wor - ship Him, Christ the Lord.
wor - ship Christ the Lord.

The musical score is written on four staves in 4/4 time, key of B-flat major. The melody is simple and repetitive, with lyrics written below the notes. The score includes a repeat sign at the end.

WELCOME AND ACCLAMATION

Presider + Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and forever. Amen.**

COLLECT OF THE DAY

Presider The Lord be with you

People **And also with you.**

Presider Let us pray.

O God, you declare your almighty power chiefly in showing mercy and pity: Grant us the fullness of your grace, that we, running to obtain your promises, may become partakers of your heavenly treasure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People **Amen.**

After the Collect, all sit for the reading

PROCLAIM AND RESPOND TO THE WORD OF GOD

THE FIRST READING

Numbers 11:24-29

Moses went out and told the people the words of the LORD; and he gathered seventy elders of the people, and placed them all around the tent. Then the LORD came down in the cloud and spoke to him, and took some of the spirit that was on him and put it on the seventy elders; and when the spirit rested upon them, they prophesied. But they did not do so again. Two men remained in the camp, one named Eldad, and the other registered, but they had not gone out to the tent, and so they prophesied in the camp. And a young man ran and told Moses, "Eldad and Medad are prophesying in the camp." And Joshua son of Nun, the assistant of Moses, one of his chosen men, said, "My lord Moses, stop them!" But Moses said to him, "Are you jealous for my sake? Would that all the Lord's people were prophets, and that the LORD would put his spirit on them!"

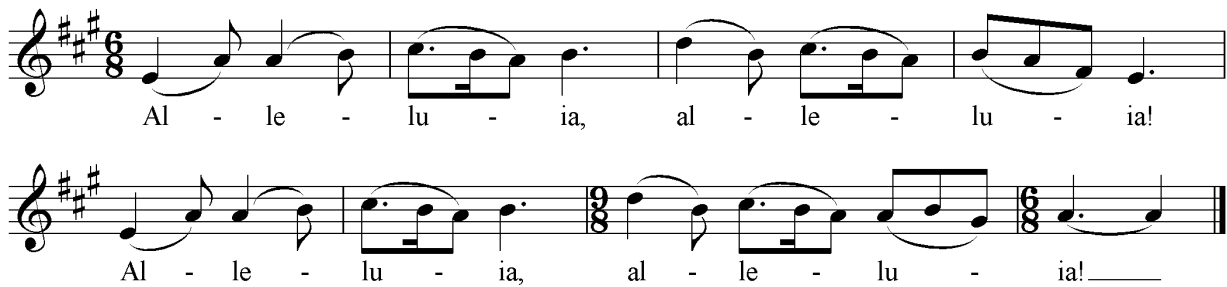
The Word of the Lord.

People **Thanks be to God.**

All young people are invited to the front to hear the Word of God and to sit on the story rugs for the Sermon.

GOSPEL ACCLAMATION (*all stand and sing the refrain*)

Celtic Alleluia



Al - le - lu - ia, al - le - lu - ia!
Al - le - lu - ia, al - le - lu - ia! _____

THE HOLY GOSPEL

Mark 38-41

Deacon The Holy Gospel of Our Lord Jesus Christ According to Mark.

People **Glory to you, Lord Christ.**

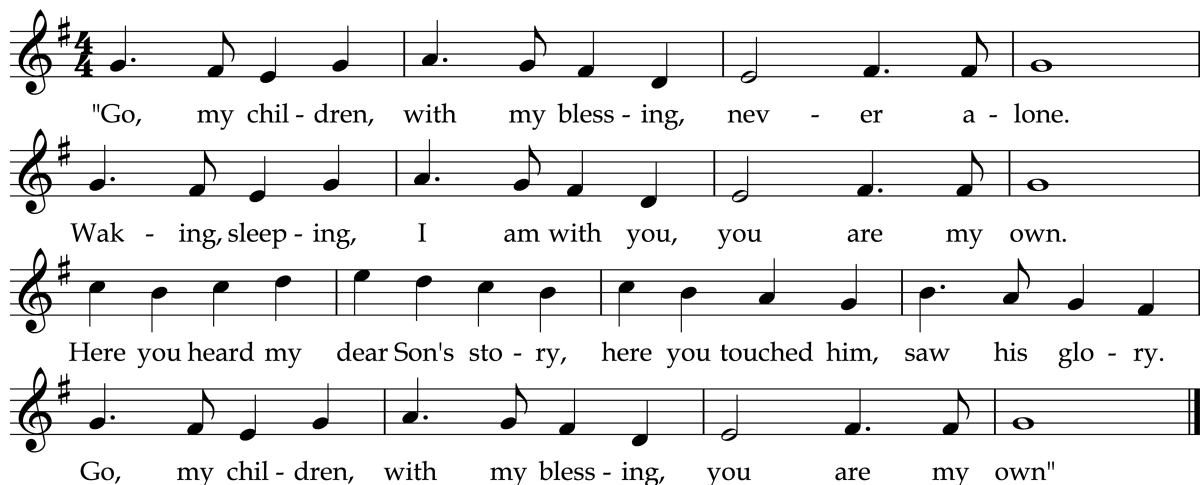
John said to Jesus, "Teacher, we saw someone casting out demons in your name, and we tried to stop him, because he was not following us." But Jesus said, "Do not stop him; for no one who does a deed of power in my name will be able soon afterward to speak evil of me. Whoever is not against us is for us. For truly I tell you, whoever gives you a cup of water to drink because you bear the name of Christ will by no means lose the reward."

Deacon The Gospel of the Lord.

People **Praise to you, Lord Christ.**

THE SERMON (*please be seated*)

After the Sermon, we stand to sing as the children return to their places.



"Go, my chil - dren, with my bless - ing, nev - er a - lone.
Wak - ing, sleep - ing, I am with you, you are my own.
Here you heard my dear Son's sto - ry, here you touched him, saw his glo - ry.
Go, my chil - dren, with my bless - ing, you are my own"

WE PRAY FOR THE WORLD AND THE CHURCH Fred Rogers, 1992

Deacon We offer our prayers for the Church and for the world.

At the end of each prayer, offer your own prayers silently to God.

Dear God, please inspire our hearts to come ever closer to You. We pray for those people who know us and accept us as we are. Those people who encourage us to see what's really fine in life.

We pray for all the people of Your world, our sisters and brothers whose names we may not know but whose lives are ultimately precious in Your sight. With all our hearts, we pray for all Your children everywhere - yes, everywhere.

And finally we offer our strengths and our weaknesses, our joys and our sorrows to Your never-ending care. Help us to remember all through our lives that we never need to do difficult things alone, that Your presence is simply for the asking and our ultimate future is assured by Your unselfish love.

In our deepest gratitude we offer this prayer. **Amen.**

CONFESSION AND ABSOLUTION

Stand or kneel as you are able

Deacon We pray also to you for forgiveness of our sins.

People **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole hearts. We have not loved our neighbors as ourselves. We are truly sorry and humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of you name. Amen.**

Presider Almighty God, have mercy on you, + forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

PREPARE THE TABLE

Please be seated as we sing the Offertory Hymn. When the ushers come to your seat please place your offering in the basket. Today's offering supports the outreach ministries of the Cathedral of the Incarnation.

THE OFFERTORY HYMN



1. A year of God's fa - vor Christ prom-ised and more: good news to the
2. This word is ful - filled in be - liev - ers to - day, in wom - en and
3. Ful - filled in our liv - ing be God's word to - day, ful - filled in our



pris - 'ner, the weak and the poor, re - cov - 'ry of sense to the
men who would fol - low Christ's way. Re - spond, then, with glad - ness, in
lov - ing, our work and our play, ful - filled now in jus - tice, in



deaf and the blind, full heal - ing for spi - rit, for bod - y and mind.
all that you do: a life - time of fa - vor is of - fered to you!
mer - cy and peace, in joy - ful thanks - giv - ing and praise with - out cease.

THE GREAT THANKSGIVING

Presider The Lord be with you.

People **And also with you.**

Presider Lift up your hearts.

People **We lift them up to the Lord.**

Presider Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Presider It is a right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord. And so we join the saints and angels in proclaiming your glory, as we sing:

Ho - ly, ho - ly, ho - ly Lord, God of po-wer and might, —
 hea-ven and earth are full of your glo-ry. Ho - san - na in the high - est.
 Bless - ed is he who comes in the name of the Lord. — Ho -
 san - na in the high - est, ho - san - na in the high - est.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the New Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

People

Christ has died. Christ is risen. Christ will come again.

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. Send your Holy Spirit upon these gifts. Let them be for us the Body and Blood of your Son. + And grant that we who eat this bread and drink this cup may be filled with your life and goodness.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. **Amen.**

THE LORD'S PRAYER

Presider And now, as our Savior Christ has taught us, we are bold to say:

People **Our Father, who art in heaven,
 hallowed be thy name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
 Give us this day our daily bread.**

Forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.

BREAK THE BREAD

The Presider breaks the bread. Then all say together

People **Alleluia!**

Presider Christ our Passover is sacrificed for us.

People **Therefore let us keep the feast. Alleluia.**

Presider The gifts of God for the people of God. Take them in remembrance that Christ died for you and feed on him in your hearts by thanksgiving.

SHARE THE GIFTS OF GOD

In the Episcopal Church, Baptized Christians from any denomination may receive the Sacrament of Holy Communion. During this time of COVID-19 we ask that you come forward wearing your face mask, following the direction of the Ushers and keeping at a safe distance, approach the Minister of Communion, receive Eucharist in the palm of your hand, step to the left or the right, remove or lower your face mask, consume the host, place your face mask back on and return to your seat.

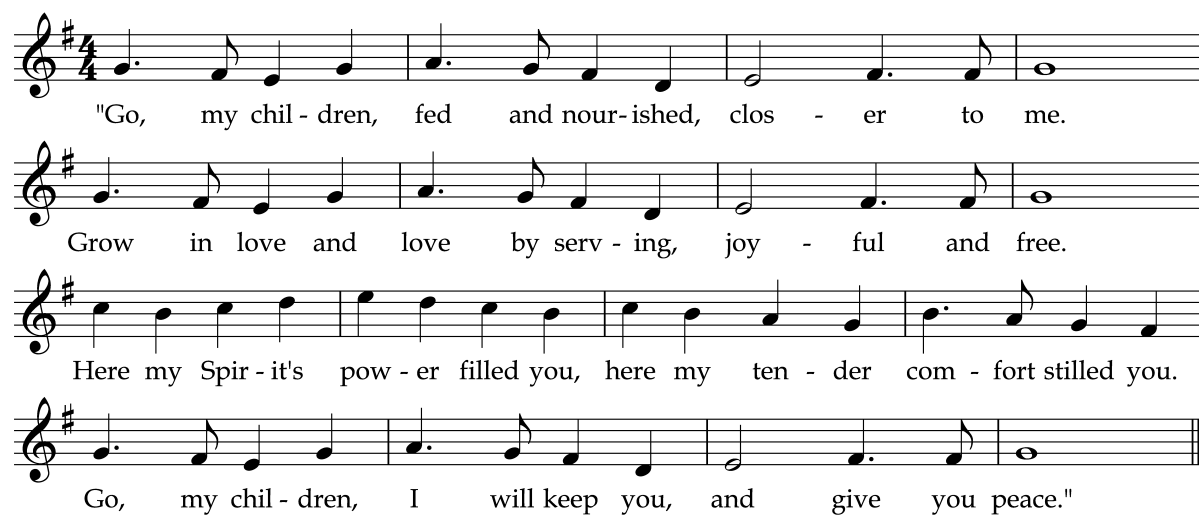
ANNOUNCEMENTS *(please remain seated)*

POST COMMUNION PRAYER *(please stand)*

Presider Let us pray.

People **Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart
Through Christ our Lord. Amen.**

HYMN OF PRAISE



"Go, my chil - dren, fed and nour - ished, clos - er to me.
Grow in love and love by serv - ing, joy - ful and free.
Here my Spir - it's pow - er filled you, here my ten - der com - fort stilled you.
Go, my chil - dren, I will keep you, and give you peace."

BLESSING & EXCHANGE OF PEACE

Presider The blessing of God Almighty, + Father, Son, and Holy Spirit be with you now and forever more.

People **Amen.**

The peace of the Lord be always with you.

People **And also with you.**

Greet those around you in the name of the Lord. All are invited to Fellowship in Faith, an intergenerational formation and fellowship hour held in the Mercer School of Theology immediately following service.

Sacramental Bread & Wine for the month of September are given by Willa Ward, Gail Corrado, and Margaret Taggart in honor of Phyllis Bain.

Flower Donations are available for most weekends to celebrate birthdays, anniversaries and special occasions, as well as memorials. If you would like to donate the altar flowers for a particular weekend, contact Caroline Cosgrove at ccosgrove@incarnationgc.org

The small organ (called a *Continuo Organ*) we regularly use at this Mass was received in summer 2020. A gift from a parishioner, it was built specially for us by the firm of Taylor & Boody in Virginia. It is a real pipe organ – all the pipes are contained in the elaborate case you see. You are most welcome to come up and have a look at it and its wonderful carvings, which were made specially for the Cathedral. And if you look carefully, you'll note several animals, all with connections to our building!

The Choristers began rehearsals this week, and will soon return to sing at this Mass. Nine new singers, ranging from first through fifth grade, join the current boys and girls. After a very challenging year due to Covid, we are delighted that this important ministry will soon be as strong as ever.

THE CATHEDRAL LEADERSHIP

THE CHAPTER

The Right Reverend Lawrence C. Provenzano, D.D., *Bishop of Long Island*

The Very Reverend Dr. Michael Sniffen, PhD, *Dean of the Cathedral*

The Right Reverend Geralyn Wolf, Mr. Quincy Dover, The Rev. Lindsay Lunnum,
The Rev. Roger Joslin, Ms. Victoria Crosby, The Rev. Eddie Alleyne, Ms. Sheila Bet,
The Rev. Gideon Pollach, The Rev. Kate Salisbury, Mr. George Tietjen

THE EXECUTIVE COMMITTEE

Ms. Tamara Harris, *Warden*

Ms. Chris Scott, *Warden*

Canon Pat Guy, Esq., *Treasurer*

Canon Charles Janoff, Esq., *Chancellor*

Mr. Kyle Sabo, Mr. George Tietjen

THE CATHEDRAL COUNCIL

Ms. Christy Alden, Ms. Diana Campbell, Ms. Rebecca Maines,

Mr. Matthew Mohan, Ms. Carol O'Rourke, Ms. Martha Ripp, Mr. John Schmaltz,

Mr. C. Bruce Till, Ms. Carolyn Ver Pault, Ms. Wendy White, Mr. Merrick K. Williams

THE CLERGY AND STAFF

The Reverend Canon Michael F. Delaney, *Vicar*

The Reverend Canon Eddie Alleyne, *Sub Dean and Canon for Cathedral Life*

The Reverend Adam Bucko, *Director of the Center for Spiritual Imagination*

The Reverend Denise Althea Galloway, *Deacon - Director of Outreach*

The Reverend Canon Dr. Bruce Griffith, ThD, *Canon in Residence*

Canon Larry Tremsky, *Director of Music*

Mr. Raphael Vogl, *Associate Organist/Choirmaster*

Ms. Kate Akerman, *Family Ministry Coordinator*

Mrs. Lisa Knudsen, *Administrative Assistant*

Mrs. Caroline Cosgrove, *Assistant to the Dean and
Administrator of the Center for Spiritual Imagination*

WEEKDAY LITURGIES AT CATHEDRAL OF THE INCARNATION, ONLINE

MORNING PRAYER: Monday through Friday at 8:45am

COMPLINE: Monday through Friday at 8:45pm



*From the Brooklyn Bridge to Montauk Point
A house of prayer for Long Island*