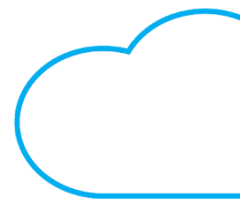




# AT HOME

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with Cathedral for Kids!



## FELLOWSHIP IN FAITH WITH KATE + ACTIVITIES FOR ALL AGES

May 24, 2020

This week we are celebrating the Ascension of Jesus, where Jesus goes to be with God before he sends the Holy Spirit to be with us at Pentecost. Our weekly at-home crafts can be done anytime. This week activity one is better for school age kids and activity can be done with kids of all ages.

### Activity One: Ascending Prayers

*This activity is inspired by [Flame Creative Kids](#) blog, and it helps us visualize how our prayers - like Jesus - go up from our hearts to God!*

#### **Materials Needed**

- Paper
- Writing utensils
- Circle to trace
- Scissors
- String



## How to Make It

1. Trace a circle on your paper.
2. Draw a spiral inside the circle beginning about half an inch from the edge of the circle. Try to maintain even width throughout the spiral.
3. Write your prayer within the spiral lines. Use bright colors and make it fun!
4. Cut out your circle first, then cut along the lines of your spiral.
5. Poke a small hole in the end of your spiral that was closest to the edge of the circle.
6. Thread your string through the hole and tie a knot to hold it.
7. Hang your prayer spiral somewhere in your home and see your prayers ascending to Heaven.

## Activity Two: Ascension Movie Night with *Mary Poppins*

### Materials Needed

- The Disney Movie *Mary Poppins* (1964)
  - You can stream this for through the Disney+ app, or rent it for less than \$3 on Youtube, Google Play, and iTunes!
- Ascension-Themed Snacks (this is silly, but can be fun for littles!)
  - Try a carbonated drink like seltzer and watch the bubbles go up like Jesus ascended into heaven!
  - Look around your pantry, and imagine what foods look like they come from up in the clouds? Popcorn looks a little like clouds, or maybe a marshmallow treat? What about something from a really high shelf?

### How to Play

1. Watch [this Youtube clip](#) in which Episcopal priest Matthew Moretz guides you through the connections between the story of *Mary Poppins* and the Ascension of Jesus.
2. Watch *Mary Poppins* as a family. You may choose to pause and talk about when you notice the things from above, or talk about it after the movie is over.
3. Host a family discussion with these wondering questions!
  - Father Matthew says “for the church to be born, Jesus had to go. But why couldn’t the party go on forever?” That’s a great question! Have you ever had to leave some place or someone for something wonderful to happen?
  - What does Father Matthew mean by “leaving can be a blessing?”
  - Mary Poppins teaches Mr. and Mrs. Banks how they can live into their full potential of giving and receiving love by learning from their children. Have the children in your family have ever taught the rest of the family a lesson? What was that lesson?
  - In the song *Feed the Birds*, Mary Poppins tells a story about a woman who uses just two pennies to feed and help others, rather than keep for herself.



This story is like many others that we read in the bible. How might you use your resources to help others this week?

- Mary Poppins teaches the Banks Family many lessons while she is with them, but she knows that if she stays too long she will hold them back from being the family they are called to be. I wonder how you think that might be similar to Jesus and the Church?
- After Mary Poppins leaves the Banks family they are able to keep her lessons and love as she loved them. Just like how Christians are able to keep Jesus' lessons even though he's not here on earth with us. I wonder how you show love like Jesus loves us?

