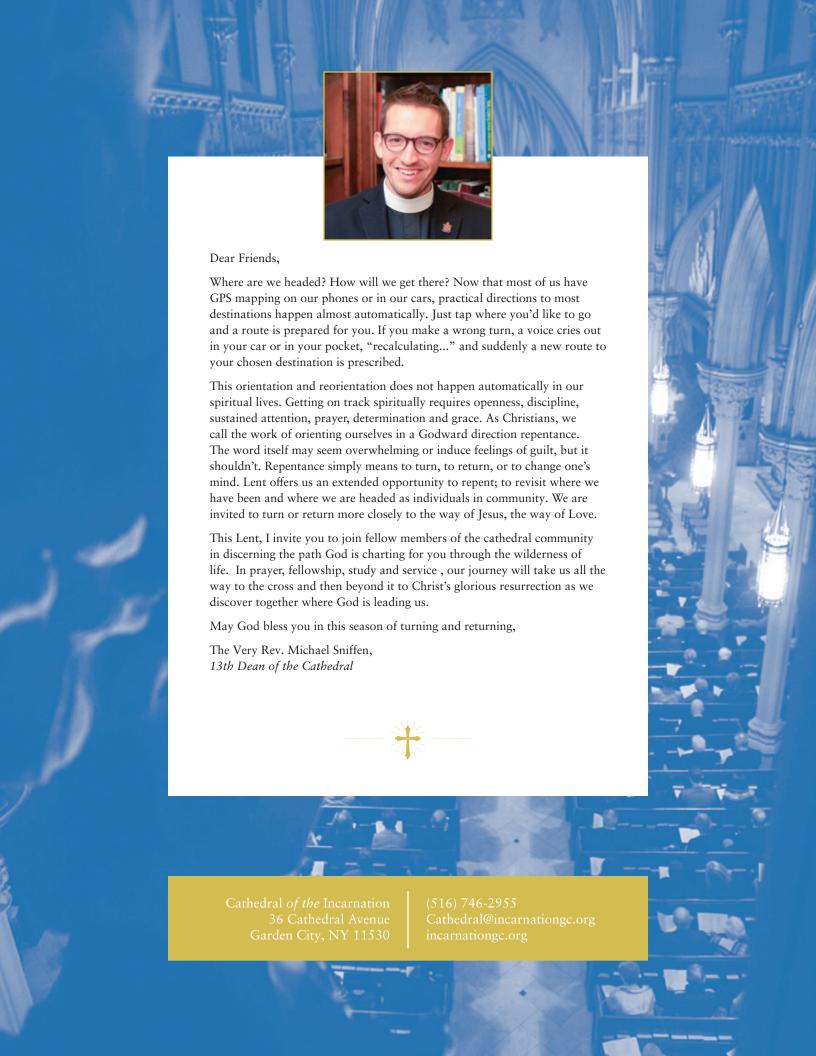


# CATHEDRAL of the INCARNATION

**WORSHIP AND PROGRAMS: LENT TO EASTER 2019** 





# Worship Schedule

## **SUNDAY SERVICE SCHEDULE**

## 8:00<sub>AM</sub> Traditional Mass

The 8:00 service is a spoken Mass, using traditional language.

#### 9:15<sub>AM</sub> Cathedral for Kids

A service for the young—and the young at heart! The Mass is engaging for smaller children and adults alike and offers teaching on themes that connect our prayer life to spiritual and social learning.

#### 11:15<sub>AM</sub> Choral Mass

The 11:15 Choral Mass is a full cathedral service featuring choral music. The preaching relates the scriptures to our daily lives, and the music is carefully chosen to relate to the themes of the season.

## **4:00**AM Choral Evensong

(usually the first Sunday of the month; check incarnationgc.org/music for dates) Choral Evensong is a service in which the 'song' of choral voices is heard at the 'even' point between the active day and restful night, allowing listeners time for restful contemplation.

## **CHRIST CHURCH**

Located at 33 Jefferson Street in Garden City, Christ Church is served by the clergy of the cathedral

## **10**AM Eucharist Rite II

## **5**PM **Taize Service**

(Second Sunday of the Month)

## **WEEKDAY SERVICE SCHEDULE**

## 8:45<sub>AM</sub> Morning Prayer

Every weekday morning we gather for 15 minutes in the cathedral's Lady Chapel to recite the Daily Office from the Book of Common Prayer.

## 12:15PM Daily Mass

Weekday afternoons we celebrate Mass in a 30 minute service that includes a brief homily. We often have clergy from across the Diocese of Long Island preach and preside.





We are invited to turn or return more closely to the way of Jesus, the way of Love.

## **WORSHIP**

www.incarnationgc.org/worship

# Special Liturgies: Lent & Holy Week



## **Ash Wednesday**

Wednesday, March 6 Mass and Imposition of Ashes: 7am, 12:15pm, 4pm, and 7:30pm

Ash Wednesday for Kids: 4pm

## **Choral Evensong for Lent**

Sunday, April 7 at 4pm

For this Evensong for the Fifth Sunday of Lent, the Cathedral Choir will be joined by the choir of St. John's of Lattingtown Episcopal Church. Music will include the *Gloucester Service* by Herbert Howells.

## Passion (Palm) Sunday

Sunday, April 14

Mass at 8am, 9:15am and 11:15am

## **Daily Mass**

Monday, April 15 at 12:15pm

#### **Chrism Mass**

Tuesday, April 16 at 11am

Clergy across the Diocese of Long Island will renew their ordination vows. All are welcome to attend.

## **Mass of Anointing**

Wednesday, April 17 at 12:15pm

## The Office of Tenebrae

Wednesday, April 17 at 7:30pm

The Cathedral Choirs perform the service of Tenebrae, a favorite of the cathedral community. In this solemn and beautiful liturgy, psalms are chanted and sung along with the lamentations of Jeremiah. Candles and other lights in the cathedral are gradually extinguished until a single candle, a symbol of our Lord, remains. The congregation exits in darkness and silence. Music for this service will be sung by the upper voices of the choir, including works by Pergolesi, Sumsion, Martin and Archer.

## **Maundy Thursday**

Thursday, April 18 at 7:30pm

The evening Mass commemorates the Institution of the Holy Eucharist, and includes the Washing of Feet, recreating the action of the Lord the night before his crucifixion. Choral music will include works of Duruflé, Bruckner and Near.

#### **Good Friday**

Friday, April 19

12:15pm Solemn Liturgy of Good Friday

4pm Good Friday for Kids

7:30pm Stations of the Cross

## **Easter Vigil**

Saturday, April 20 at 7:30pm

## **Easter Sunday**

Sunday, April 21 Mass at 8am and 11:15am Easter for Kids Mass at 9:15 am Easter Egg Hunt at 10:00am



Photo credit: Kristin Vieira



# Music in the Cathedral



# Canon Larry Tremsky Director of Music Itremsky@incarnationgc.org

This season has been a great one for chorister recruitment; to this point, we've had seven young new singers join our choir program! Most of our new boys and girls are younger than usual, which means that we'll have them with us a long time. In addition to working together to sing at the Cathedral for Kids Mass every other Sunday, the choristers work on music reading skills necessary to learn the large volume of music we use on a regular basis. And, we have lots of fun together! As their music skills develop, they will join the full choir for evensong and other special events. Since September, we have welcomed Emilie Joseph, Corinne Joseph, Conrad Brutus, ThuThuy O'Halogan, Nico Bunturi, Luca Bunturi and Wyatt Thorgramson to our choir program.

We also thank our devoted older choristers, who sing two Masses twice each month. Their musicality and dedication allow everyone to enjoy the variety of music heard weekly.



Photo credit: Kristin Vieira

## Leonard Bernstein at 100

## Choral Concert: eVoco Voice Collective Mixed Ensemble: Bernstein at 100

Sunday, March 17 at 4:00 pm

The eVoco Voice Collective is an award winning collection of singers of the highest musical, technical, and expressive abilities whose shared mission is to invite listeners into the extraordinary experience of singing, together.

This program is titled *Bernstein at 100*, and includes the Chichester Psalms, Missa Brevis, and other choral works.

Tickets: \$25 general seating, \$15 seniors, students & children admitted free. Advance tickets at a discounted rate are available at eVoco's website, http://www.evoco.vc/concerts/



## Long Island Early Music Festival: Now What is Love?

Sunday March 31, 4pm

The Third Annual Long Island Early Music Festival kicks off with a celebration of Elizabethan love songs performed by soprano Katrina Montagna, tenor Matthew Koraus, and the festival's director Christoper Morrongiello on Renaissance lute. Tickets are \$20 in advance on Realm at tinyurl.com/ EarlyMusicMarch31.



Photo by Jared Hogan | instagram.com/jared\_hogan

## Piano Concert: Steinway Artist Chad Lawson

Sunday, April 28 at 4:00 pm

Steinway artist & composer Chad Lawson has been featured on CBS Sunday Morning, NPR's All Things Considered, and Performance Today. With numerous #1 Billboard & iTunes releases, his latest recording, re:piano, pushes the envelope with elements of looping piano and effects. His album Chopin Variations, as well as his work with the hit television series and podcast Lore, have brought new interpretations to the poetry of the piano.

His music has been used in numerous films and commercials such as The Walking Dead, Chevrolet, IBM, Microsoft, Delta Airlines and many others. You can learn more about Chad's music at www.chadlawson.com

Tickets are \$25 at the door or \$20 purchased online in advance. Discounts are available for seniors, and students and children are admitted free. Tickets are on sale now at tinyurl.com/CathedralLawson



## We Welcome You

## INVITE WELCOME CONNECT WITH MARY PARMER

Invite Welcome Connect is a ministry that allows churches to become places of genuine connection for inviting the faith journeys and stories of everyone. The ministry was created by Mary Parmer and developed first in the Diocese of Texas. It has now been implemented in 43 dioceses in The Episcopal Church, three Episcopal seminaries, and three universities.

A small group of cathedral members has been meeting to discuss and imagine ways that this ministry can become a part of the life of the cathedral. We invite you to join us in our continued mission to make the cathedral a place of welcome and connection.

## Workshop with Mary Parmer

Saturday, April 6, 10am-4pm

Spend a full day immersed in the principles of Invite Welcome Connect and discover how you can be a part of that ministry in cathedral life. We will be joined by people from all over the diocese. To register, contact Kris at kris@incarnationgc.org or register online at mercerschool.org.

## Mary Parmer at the Cathedral and Dean's Forum

Sunday, April 7

Mary will preach at the 8am and 11:15am services, and lead the Dean's Forum at Fellowship in Faith.

## **Mothering Sunday**

Sunday, March 31

Two seatings: 9am and 10am

Our annual pancake breakfast is a celebration of our mother church and our mothers! Join us at Mercer School of Theology for pancakes, bacon, sausage, pastries, and more. Tickets are \$10 for adults, \$5 for children and seniors, with all proceeds going to The INN. You can reserve your spot on Realm, our online community (see bottom of this page for how to join!)

## **Fellowship in Faith**

Every Sunday from 10am to 11am Mercer School of Theology

Each Sunday, people from all three Sunday services gather together for fellowship and learning at the Mercer School, just south of the cathedral building. Here you can have a chat over bagels and Irving Farm coffee, head over to an adult education forum, and drop off or join your kids at Sunday School. (For more info on our educational offerings at Fellowship in Faith, see pages 5-7)

# The Rev. Michael F. Delaney, Canon Pastor mdelaney@incarnationgc.org

What are you giving up for Lent? I'm hearing lots of talk about giving up sweets. I suppose sugar, most especially, is a good thing to give up for your health. But why do we need to give up anything? Oh, I hope that you've had your sackcloth cleaned, I understand it's what we'll be wearing on Ash Wednesday. Not to worry, we'll be providing the ashes.

I have to confess that quite like my New Year's resolutions, my Lenten 'give ups' end up causing me more guilt than they really should. Which makes me wonder why 'give up' at all? I have heard the alternative of giving up is to take on. But honestly whether you give up or take on, it's all about entering into the discipline of Lent. A discipline that invites us "by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word" (Book of Common Prayer p. 265), we might move beyond ourselves and deepen our relationship with God and with the people around us.

May this season of Lent be an opportunity for all of us to grow in our life of faith and as we celebrate the great feast of Easter may we live into the new life that has been promised to us.

## Realm: Our online community

Our church has moved to a new kind of church record keeping solution called Realm®. It primarily serves the administrative needs of our staff, but it also offers some exciting opportunities to support the way you are involved at the cathedral. Not only will this improve work life for our ministry staff, it will make it easier for our cathedral family to connect with each other, keep up with what's going on, and grow as a connected community.

## Register today at onrealm.org/incarnationgc!

Reach out to Kris at the cathedral office for technical support and questions.

## What can I do on Realm®?

- See upcoming cathedral events and get discounted, no-fee tickets
- Find and join a group, and communicate with other members of my group (sharing photos, prayer requests, ideas, etc.)
- Create a group event and RSVP for group events
- Become a Steward of the Cathedral, sign up for online giving, or make a one time donation to the cathedral or to Music in the Cathedral
- Update my contact information and decide what info I want to share with other cathedral members



# Spiritual Formation for Adults

## Lenten Series: Death and Resurrection in the Letters of Paul

Wednesdays, March 13 through April 10, 7pm to 8:30pm

On Wednesday evenings in Lent, Canon Griffith and Dean Sniffen are teaching a series together which explores the teachings of Paul to three early church communities. The class will focus on the themes of death and resurrection in Paul's letters to the Phillipians, the Corinthians and the Ephesians. The final session will discuss Paul's influence on theologies of the Passion and the liturgies of Holy Week. Illuminations from The Saint John's Bible will be woven into the group's encounter with scripture throughout the sessions.

The series is open all all. Please invite friends and neighbors. Participants are invited to share in a light potluck dinner each week. Sign up on Realm or at tinyurl. com/LentenSeries2019

## FELLOWSHIP IN FAITH FOR ADULTS: DEAN'S FORUM

Sundays, 10am to 11am

Each Sunday morning there is an opportunity for adults to come together during Fellowship in Faith for spiritual conversation around diverse topics. After enjoying coffee and bagels at 10am, the group meets in the library from 10:15-11am.

Come and join an open and supportive conversation in which you will find yourself uplifted and encouraged on your spiritual journey. It is not necessary to make it to every session. Enough context is provided each week for you to join the conversation whenever you are able to attend.

## Upcoming Fellowship in Faith Dean's Forum:

## Joan Chittister's The Gift of Years

March 10 through March 31

"The world glorifies youth and degrades old age. The Gift of Years flies in the face of this conventional wisdom. It is a wonderful celebration of the blessings of growing older, clear-eyed and unsentimental about the reality of the ageing process but showing us that our later years are gift, not burden. It is time for us, Joan Chittister says, to let go of both our fantasies of eternal youth and our fears of getting older." -Google Books

Join the Rev. Morgan Mercer Ladd and the Very Rev. Michael Sniffen in a Dean's Forum about prolific author and Benedictine sister Joan Chittister's beautiful book about growing older gracefully.

## **Invite Welcome Connect with Mary Parmer**

April 7

Mary Parmer will lead conversation on evangelism: and why Episcopalians are notoriously afraid of it! For more on Invite Welcome Connect, see page 4.



Photo credit: The Very Rev. Michael Sniffen

#### **Catechumenate (Episcopal 101)**

Sundays at 10am during Fellowship in Faith March 3 through April 7

A catechumen is a person receiving instruction in preparation for becoming a member of the Church. In this class, you will learn the basics of Christian doctrine, practice, and living a Christian life. Father Delaney will lead the group in instruction, prayer, and conversation. This class is appropriate both for adults and youth preparing to be received of confirmed in The Episcopal Church at the Easter Vigil, as well as those who would simply like a refresher course.

## Family Ministries

#### **CATHEDRAL FOR KIDS**

Every Sunday, 9:15am

A service for the young—and the young at heart! This Mass includes interactive music, traditional hymns, scripture, storytelling, and communion.

## Special Cathedral for Kids Worship Opportunities:

## **Ash Wednesday for Kids**

Wednesday, March 6 at 4pm
A developmentally appropriate contemplative worship service with the imposition of ashes — a reminder for people young and old that we come from God and we will one day return to God.

## **Good Friday for Kids**

Friday, April 19 at 4pm An interactive exploration of Jesus' journey to the cross and the resurrection through vibrant imagery, movement, and prayer.

## **Easter for Kids**

Sunday, April 21 at 9:15am

#### **CATHEDRAL YOUTH**

## Second Sundays - March 10, May 12

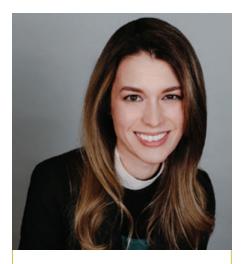
Second Sundays is our Cathedral Youth formation gathering where we are engaging a yearlong study of discipleship through Scripture study, prayer, and service.

## Nightwatch at the Cathedral - April 12-13

A special night of prayer and service co-sponsored by the cathedral and the Office of Youth and Young Adult Ministries in the Episcopal Diocese of Long Island. Youth groups from around the diocese will join us for a dynamic evening of contemporary worship, games, community service, and an all-night solemn vigil in the cathedral as we await the resurrection of Christ on Easter morning.



Photo credit: Kate Akerman



The Rev. Morgan Mercer Ladd Minor Canon for Family Ministry mladd@incarnationgc.org

As we move around the circle of the church year, we will be entering one of the most holy and sacred times in our faith lives. In the Lenten season, our cathedral will be draped in purple and we are reminded again that we need to make room for God. Sometimes we think about Lent as being about taking things away – often things we enjoy! But a more helpful way of thinking about Lent is spaciousness. This year we will learn together how to make space as families and as a community, allowing our practices to pare away what is not needed and reveal what is essential: God's love. Holding fast to God's love, we can weather the sorrows of Holy Week, and when the joy of Easter comes, we can celebrate together that God's love will never leave us, never fail us, and certainly never let us down.





#### **FELLOWSHIP IN FAITH FOR FAMILIES**

Every Sunday, 10am to 11am at Mercer School

Each week, we offer a variety of developmentally appropriate creative activities for children ages 2–12 as well as opportunities for scripture study and holy conversation for adults. Parents can choose to join their children or attend an adult class on their own.

## Special Fellowship in Faith offerings for Families:

## Parents' Forum: Celebrating Communion with Charlie Janoff

April 7 (Parents Only), April 28, May 5, May 12 (Parents and Children) In the Episcopal tradition, most children are baptized as infants and do not remember the first time they took Communion. This is a sign of God's unfailing grace to us throughout our lives, but it's also helpful to know what we're doing, too! Join us for this fourpart Communion instruction seminar, in which both parents and children come to understand the components of the Eucharist. We will engage in dialogue about the important role that Communion plays in shaping our faith and worship. This session is appropriate for school-age children who wish to participate in "Communion Celebration Sunday" on May 19, 2019.

## Passion (Palm) Sunday

April 14

Join us for a lively intergenerational invitation to the spirituality of Holy Week through storytelling and a special Easter egg craft for people of all ages. Together we will explore the Ukrainian Legend of the Easter Eggs and decorate our own traditional Easter eggs to take home as a reminder that God promises to turn sorrow into joy.

## Parents' Forum: Growing Pains with the Reverend Morgan Ladd and Kate Akerman

April 28, May 5

Growing up is not easy for anyone — not for kids, and certainly not for parents! In this special two-part series, we'll be discussing how we can call upon the resources of our faith, not only to help our children navigate important transitions but also to help parents and caregivers adjust to the changes that happen in our lives as they grow. This series is open to parents and caregivers to children of all ages (even adult children!)

## **Annual Cathedral Easter Egg Hunt** *April* 21

Following our Easter for Kids celebration at 9:15am we will host the annual "Cathedral Easter Egg Hunt" for children of all ages. We will have special prizes and a visit from not just one but two magical friends! Which ones? You'll have to join us to find out!



Photo credits: Kate Akerman (top); Karen Tockman (middle); Susan MacDonald (bottom)

# Serving Our Neighbors

## **INN Service Days at The INN** during Lent

On the second Wednesday of each month, the cathedral sends 10 volunteers to the Mary Brennan INN to serve the hungry and homeless of Long Island. You might serve in the soup kitchen, the thrift store, or wherever else you are needed.

Register on Realm to sign up for service days! (Info on how to join Realm is on page 4 of this newsletter). Contact Deacon Denise Galloway with questions at dgalloway@incarnationgc.org



## **25th Annual Prom Boutique** Sponsored by the Long Island **Volunteer Center**

Sunday, March 3

Donate new or gently used gowns, shoes, accessories at the cathedral. These items will be given free of charge to young women who cannot afford the expenses to attend their prom. We will also need volunteers to help sort and tally the donations. Contact Shirley White if you are interested in volunteering: cathedral@ incarnationgc.org.

## **United Thank Offering**

Sunday, April 7

The United Thank Offering (UTO) is a ministry of The Episcopal Church for the mission of the whole church. UTO distributes 100% of the collection to support innovative mission and ministry throughout The Episcopal Church and Provinces of the Anglican Communion. Look out for a special offering envelope in the mail, or pick one up at a Sunday service in March. The collection will take place on Sunday, April 7.



Photo courtesy of The INN



## The Rev. Deacon **Denise Galloway**

Deacon of the Cathedral dgalloway@incarnationgc.org

Good news for LI-CAN Governor Cuomo has outlined specific legislative proposals in his State of the State-in several areas, including:

- Elimination of prior authorization requirements by insurance companies for MAT.
- Funding for MAT for opioid users in correctional facilities.
- Requirements that hospitals make MAT (specifically buprenorphine) available for opioid users in their emergency departments.

These measures will reduce overdose deaths in New York State and help turn the tide against this epidemic, which has claimed the lives of thousands of people on Long Island.

## **INNCarnation Ministry**

Thanks to the INNcarnation volunteers, family and friends for your faithful witness of the Gospel of Jesus Christ. Your expression of love in this ministry — as you shared your time, talents, energy, your very selves in the Body of Christ is very much appreciated.

If you are interested in LI-CAN or INNcarnation or would like to learn more, please reach out to me at dgalloway@ incarnationgc.org



## Stewards of the Cathedral\*

Karen Aguilera Kate Akerman

Darrin & Christy Alden Robert & Gena Aldrich

Anonymous Dr. Phyllis Bain Dorothy Barnett Richard Battilana Thomas & Louise Beer

Erica Benedetto Peter Boger Jacqueline Borstel

Douglas & Wendy Bouchard

Richard Brewer

Robert & Carol Bricken

Marylou Brown

Carl & Diana Campbell Albert & Judy Clark

Gail Corrado Donna Covello The Reverend Canon Suzanne M. Culhane

The Reverend Michael F. Delaney

Nelson DeMille

The Reverend Andrew Durbidge

Francis Elmi Adeline Emihe

Michael Eng & Meg Sullivan-Eng

Robert Fardella Mary Farrell

Arthur & Cheryl Foley

D. Ross Fraser

The Rev. Deacon Denise Galloway

Ted & June Gerbracht Marie Gillespie

Andrew & Jeanine Gillette John & Marge Goldsmith

The Venerable John A. Greco

The Reverend Canon Bruce D. Griffith Patrick & Barbara Guy Robert Hammond Tamara Harris

Martin & Jeanette Hartmann

Maurice & Gloria Hay Keith & Kelley Hochheiser Matthew & Adrienne Hubbard

Harry Irwin

Charles & Kathy Janoff

Elizabeth Janoff

John & Joan Kaline

Stephen Kies & Jonathan

Maldonado James & Pat King Alfred Kohart Jr.

The Reverend Morgan Mercer Ladd

Stanford & Sandra Ladner

John & Betsy Lane Nicholas & Holly Lane Richard & Charlotte Lasko James & Yvonne Lee Veronica Levine

Vivienne Lewis Ilanye Longjohn

Emile & Shan Ming Lum Susan MacDonald

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William & Barbara Martin

Thomas & Dianne Moody

Devin McKay Eileen McKenzie Kathaleen Mercer

Kevin and Nicole Mueller Barbara Tromba Murphy James & Maileen Murray Olukayode & Doyinsola Ojutiku

Brian & Colleen O'Neill

Carol O'Rourke Gerry Potter

The Rt. Rev. Lawrence & Jeanne Provenzano J. David & Beth Pughe Mathew & Jaisy Rajan Stephen & Martha Ripp John & Beth Rogers

Lisa Rosa

Alfred & Patricia Russo Robert & Josephine Russo

Jaclyn Ryan

Kyle Sabo & Miriam Walls Matthew Sanfilippo

John & Cynthia Schmaltz

Joan Schneider Sally Schreier Alice Schuler

Kris & Elizabeth Schumacher

Andrew & Christine Scott

Kevin Sealy Harry Seiler

Benjamin & Connie Semmes Sunghee & Gunshik Shim

Prof. Frank A. Sicoli Robert & Sarah Siegel Lorraine Siegmann

Farrington & Anetta Smith

The Very Reverend Michael Sniffen

Richard & Liz Stelle George Stephanos and Roshni Samuel Stephanos

Karyn Stevenson Margaret Taggart Stephen & Jane Tamke Jennifer Theriot

Magnus & Susan Thorstenn

Audrey Tiernan

George & Pamela Tietjen

C. Bruce Till

Patrick & Jody Treanor

Larry Tremsky Alfred VerPault, Sr. Carolyn VerPault

Kris Vieira

Anthony & Renee Vitullo Barbara Wade and Kimberly & Bernard Barcia

Willa Ward

Gwendolyn Watson Michael & Wendy White

Shirley White

Desmond & Romila

Williams Ellen Williams Janice Williams Merrick Williams Joan Xavier

<sup>\*</sup>Names as of 2/14/19



# 2018-2019 Cathedral Events at a Glance

THE EPISCOPAL CHURCH WELCOMES YOU

## www.incarnationgc.org

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MARCH 3 4pm Choral Evensong MARCH 6 Ash Wednesday (times vary, see our website) MARCH 13, 20, 27, **APRIL 3, 10** 7pm Lenten Series MARCH 17 4pm eVoco Voice Collective Concert MARCH 31 10am Mothering Sunday Pancake Breakfast APRIL 14 Passion (Palm) Sunday (times vary, see our website) APRIL 17 7:30pm The Office of Tenebrae APRIL 18 7:30pm Maundy Thursday Mass APRIL 19 Good Friday (times vary, see our website) 7:30pm The Great Vigil of Easter APRIL 20 APRIL 21 Easter Sunday (times vary, see our website) APRIL 28 4pm Piano Concert: Chad Lawson MAY 5 4pm Choral Evensong MAY 19 4pm Organ Recital: Colin MacKnight **MAY 27** 12pm Memorial Day Fair JUNE 9 10am Pentecost Mass and Annual Meeting/

4pm Choral Evensong

