

more years in which there will be neither plowing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, "Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children's children, as well as your flocks, your herds, and all that you have. I will provide for you there--since there are five more years of famine to come--so that you and your household, and all that you have, will not come to poverty.'" And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

Lector The Word of the Lord.
People **Thanks be to God.**

PSALM 37

- 1 Do not fret yourself because of evildoers; *
do not be jealous of those who do wrong.
- 2 For they shall soon wither like the grass, *
and like the green grass fade away.
- 3 Put your trust in the LORD and do good; *
 dwell in the land and feed on its riches.
- 4 Take delight in the LORD, *
and he shall give you your heart's desire.
- 5 Commit your way to the LORD and put your trust in him, *
and he will bring it to pass.
- 6 He will make your righteousness as clear as the light *
and your just dealing as the noonday.
- 7 Be still before the LORD *
and wait patiently for him.
- 8 Do not fret yourself over the one who prospers, *
the one who succeeds in evil schemes.
- 9 Refrain from anger, leave rage alone; *
do not fret yourself; it leads only to evil.
- 10 For evildoers shall be cut off, *
but those who wait upon the LORD shall possess the land.

THE EPISTLE *1 Corinthians 15:35-38, 42-50*

Someone will ask, "How are the dead raised? With what kind of body do they come?" Fool! What you sow does not come to life unless it dies. And as for what you sow, you do not sow the body that is to be, but a bare seed, perhaps of wheat or of some other grain. But God gives it a body as he has chosen, and to each kind of seed its own body. So it is with the resurrection of the dead. What is sown is perishable, what is raised is imperishable. It is sown in dishonor, it is raised in glory. It is sown in weakness, it is raised in power. It is sown a physical body, it is raised a spiritual body. If there is a physical body, there is also a spiritual

body. Thus it is written, "The first man, Adam, became a living being"; the last Adam became a life-giving spirit. But it is not the spiritual that is first, but the physical, and then the spiritual. The first man was from the earth, a man of dust; the second man is from heaven. As was the man of dust, so are those who are of the dust; and as is the man of heaven, so are those who are of heaven. Just as we have borne the image of the man of dust, we will also bear the image of the man of heaven. What I am saying, brothers and sisters, is this: flesh and blood cannot inherit the kingdom of God, nor does the perishable inherit the imperishable.

Lector The Word of the Lord.
People **Thanks be to God.**

THE HOLY GOSPEL *Luke 6:27-38*

Gospeller The Holy Gospel of our Lord Jesus Christ according to Luke.

People **Glory be to thee, O Lord.**

Jesus said, "I say to you that listen, Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt. Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. Do to others as you would have them do to you. "If you love those who love you, what credit is that to you? For even sinners love those who love them. If you do good to those who do good to you, what credit is that to you? For even sinners do the same. If you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High; for he is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful. "Do not judge, and you will not be judged; do not condemn, and you will not be condemned. Forgive, and you will be forgiven; give, and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back."

Gospeller The Gospel of the Lord.
People **Praise be to thee, O Christ.**

THE SERMON Very Rev. Canon Mark Kowalewski PhD.
Vicar, Incarnation Chapel

THE NICENE CREED BCP 326

THE PRAYERS OF THE PEOPLE

Intercessor. Lord, in your mercy,
People **hear our prayer.**

CONFESSION OF SIN AND ABSOLUTION BCP 331

THE PEACE

THE HOLY COMMUNION

THE GREAT THANKSGIVING: EUCHARISTIC PRAYER I BCP 333

The Presider says the Preface, and at the conclusion, all say

SANCTUS & BENEDICTUS BCP 334

EUCHARISTIC PRAYER BCP 334

THE LORD'S PRAYER BCP 336

THE BREAKING OF THE BREAD BCP 337

AGNUS DEI BCP 337

PRAYER OF HUMBLE ACCESS BCP 337

THE COMMUNION OF THE PEOPLE

All baptized persons are invited to receive Holy Communion in the cathedral. If you would like to receive gluten-free Eucharist, please tell the priest when you come forward.

Prayers for Healing and Anointing of the Sick will take place at the Baptistry for those who wish after receiving Communion as well as at the conclusion of the Mass.

At the end of Communion, all stand and join the Presider in saying

POSTCOMMUNION PRAYER BCP 339

THE BLESSING

CLOSING HYMN 559 *Dulce Carmen*

THE DISMISSAL

Deacon Let us go forth in the name of Christ
People **Thanks be to God.**



Announcements

Dean's Forum - Sunday, February 23, 10:15-11am

Signs and Symbols: How Do We Understand the Mass?

In Lent, the Cathedral returns to three weekday masses held Tuesdays, Wednesdays and Thursdays at Noon. In preparation, Fr. Cam Walker invites you to a lively discussion of the Holy Eucharist as celebrated in our Episcopal tradition.

Fellowship in Faith- February 23, 10:15-11am

Stone Soup Sunday

Once a month, children complete a service project reflecting the values of our faith. As temperatures drop we prepare a winter soup for our neighbors. Parent volunteers are always welcome.

Youth Confirmation Class Sundays, - 10:15-11am

March 9, 16, 23, 30 & April 6

Young people in grades 8-12 prepare for Confirmation in the Episcopal Church through a 5-part class beginning Sunday, March 9th. Classes meet every Sunday, from 10:15-11am, and conclude with an overnight retreat with youth from around the diocese on Friday-Saturday, April 11-12. Confirmations will be held at the Easter Vigil, Saturday, April 19th, at 7:30pm. Contact Mo. Kate for more information, or to register, see our eNews for the registration link.

Prayer Shawl Ministry – Rescheduled for Feb. 23 10-11:15am at

Mercer. Join us as we knit and crochet shawls, lap robes and baby blankets for people who have asked for prayers. Beginners welcome.

Save the Date for a Mardi Gras celebration - Saturday, March 1, 4-

7pm. Celebrate Mardi Gras and prepare for Lent at an event for all ages Saturday, March 1, at Incarnation Chapel. Activities will include the burning of palms, discussion of Lenten disciplines and themes, followed by a service of Holy Eucharist and Mardi Gras supper.

Exploring New Monasticism – Wednesdays, March 12, 19 & 26 6:30-7:30 pm

Monasticism has always been a response to the deep human longing for God. Learn more at spiritualimagination.org/events.

Visio Divina for Lent – Mondays, March 17, 24 & 31 7:00 – 8:00 pm -

Join our Franciscan Year Novices as we meditate on works of art, using the eyes of our heart to discover God's Revelation in beauty. Learn more at spiritualimagination.org/events.

Mothering Sunday Pancake Breakfast – Save the Date, Sunday March 30.

If you can help with preparations or on the day of the event, please contact Diana Campbell at connect@incarnationgc.org.

Join us on Wednesdays at Noon in the Cathedral for our weekly healing mass. Beginning with Ash Wednesday, March 5, we will have noon Mass Tuesday through Thursday every week.

For further information, please sign up for our eNews every Friday morning at incarnationgc.org/connect/e-news or email us at Cathedral@IncarnationGC.org

THE CATHEDRAL LEADERSHIP

THE CHAPTER

The Right Reverend Lawrence C. Provenzano, DD., *Bishop of Long Island*
The Very Reverend Canon Michael Sniffen, PhD, *Dean of the Cathedral*

The Rev. Canon Eddie Alleyne, The Rev. Canon Adam Bucko,
Ms. Mia Jealous-Denk, Mr. Michael Eng,
Canon Charles Janoff, Esq., *Chancellor*, Dr. Lorna Lewis,
Rev. Canon John Merz, Ms. LaVerne Mitchell,
Mr. Keith Okrosy, The Rev. Gideon Pollach,
The Rev. Canon Kate Salisbury, Mr. Dennis Walcott.

THE CATHEDRAL COUNCIL

Mr. Keith Okrosy, *Warden*, Ms. Rebecca Maines, *Warden*
Ms. Fabian Burrell, Ms. Trish Craine, Ms. Tamara Harris,
Ms. Norma Jones, Ms. Brenda Kennedy, Mr. Matthew Mohan,
Ms. Laura Nelson, Ms. Carol O'Rourke,
Ms. Martha Ripp, Ms. Carolyn Ver Pault

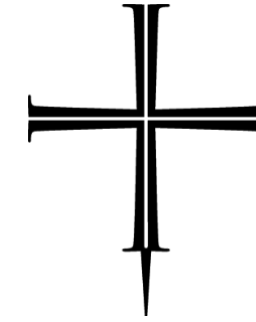
THE CLERGY AND STAFF

The Rev. Canon Eddie Alleyne, *Sub Dean and Canon for Cathedral Life*
The Rev. Canon Adam Bucko, *Director of the Center for Spiritual Imagination*
The Rev. Canon Kate Salisbury, *Canon for Christian Education*
The Rev. Cameron Walker, *Curate*

The Very Rev. Canon Mark Kowalewski PhD., *Vicar – Incarnation Chapel*
The Very Rev. Canon Daniel Ade, *Vicar – Incarnation Chapel*
The Rev. Landon Moore, *Associate Priest of the Cathedral*
The Rev. Brian C. Barry, *Associate Priest of the Cathedral*
The Rev. Denise Althea Galloway, *Deacon - Director of Outreach*
The Rev. Canon Bruce Griffith, ThD., *Canon in Residence*
Canon Larry Tremsky, *Director of Music*
Mr. David Preston, *Associate Organist/Choirmaster*
Mr. Kyle Sabo, *Senior Administrative Aide & Dean's Verger*
Ms. Arleen Breen, *Cathedral Administrator*



*From the Brooklyn Bridge to Montauk Point
A house of prayer for Long Island*



The Cathedral of the Incarnation

Garden City, New York

23 February 2025 at 8:00 AM
Traditional Mass

THE SEVENTH SUNDAY AFTER THE EPIPHANY

*Welcome to the Cathedral of the Incarnation, the historic Cathedral Church for the Episcopal Diocese of Long Island. Page numbers in this leaflet refer to the red **Book of Common Prayer (BCP)**. The Holy Eucharist Rite I begins on page 323 of the BCP.*

OPENING ACCLAMATION

Presider Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be God's kingdom, now and forever.**
Amen.

THE COLLECT FOR PURITY BCP 323

GLORIA IN EXCELSIS BCP 324

THE COLLECT OF THE DAY

Presider The Lord be with you.
People **And with thy spirit.**
Presider Let us pray.

O Lord, who hast taught us that all our doings without charity are nothing worth: Send thy Holy Ghost and pour into our hearts that most excellent gift of charity, the very bond of peace and of all virtues, without which whosoever liveth is counted dead before thee. Grant this for thine only Son Jesus Christ's sake, who liveth and reigneth with you and the same Holy Ghost, one God, now and for ever. **Amen.**

THE WORD OF GOD

THE OLD TESTAMENT LESSON *Genesis 45:3-11,15*

Joseph said to his brothers, "I am Joseph. Is my father still alive?" But his brothers could not answer him, so dismayed were they at his presence. Then Joseph said to his brothers, "Come closer to me." And they came closer. He said, "I am your brother, Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. For the famine has been in the land these two years; and there are five