

time. Seek good and not evil, that you may live; and so the LORD, the God of hosts, will be with you, just as you have said. Hate evil and love good, and establish justice in the gate; it may be that the LORD, the God of hosts, will be gracious to the remnant of Joseph.

Lector The Word of the Lord.
People **Thanks be to God.**

PSALM 90

12 Teach us to number our days *
that we may apply our hearts to wisdom.

13 Return, O Lord; how long will you tarry? *
be gracious to your servants.

14 Satisfy us by your loving-kindness in the morning; *
so shall we rejoice and be glad all the days of our life.

15 Make us glad by the measure of the days that you afflicted us *
and the years in which we suffered adversity.

16 Show your servants your works *
and your splendor to their children.

17 May the graciousness of the Lord our God be upon us; *
prosper the work of our hands; prosper our handiwork.

THE EPISTLE *Hebrews 4:12-16*

T

he word of God is living and active, sharper than any two-edged sword, piercing until it divides soul from spirit, joints from marrow; it is able to judge the thoughts and intentions of the heart. And before him no creature is hidden, but all are naked and laid bare to the eyes of the one to whom we must render an account. Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin. Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need.

Lector The Word of the Lord.
People **Thanks be to God.**

THE HOLY GOSPEL

Mark 10:17-31

Gospeller The Holy Gospel of our Lord Jesus Christ according to Mark.
People **Glory be to thee, O Lord.**

A

s Jesus was setting out on a journey, a man ran up and knelt before him, and asked him, "Good Teacher, what must I do to inherit eternal life?" Jesus said to him, "Why do you call me good? No one is good but God alone. You know the commandments: 'You shall not murder; You shall not commit adultery; You shall not steal; You shall not bear false witness; You shall not defraud; Honor your father and mother.'" He said to him, "Teacher, I have kept all these since my youth." Jesus, looking at him, loved him and said, "You lack one thing; go, sell what you own, and give the money to the poor, and you will have treasure in heaven; then come, follow me." When he heard this, he was shocked and went away grieving, for he had many possessions. Then Jesus looked around and said to his disciples, "How hard it will be for those who have wealth to enter the kingdom of God!" And the disciples were perplexed at these words. But Jesus said to them again, "Children, how hard it is to enter the kingdom of God! It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God." They were greatly astounded and said to one another, "Then who can be saved?" Jesus looked at them and said, "For mortals it is impossible, but not for God; for God all things are possible." Peter began to say to him, "Look, we have left everything and followed you." Jesus said, "Truly I

tell you, there is no one who has left house or brothers or sisters or mother or father or children or fields, for my sake and for the sake of the good news, who will not receive a hundredfold now in this age--houses, brothers and sisters, mothers and children, and fields with persecutions--and in the age to come eternal life. But many who are first will be last, and the last will be first."

Gospeller The Gospel of the Lord.
People **Praise be to thee, O Christ.**

THE SERMON The Very Reverend Canon Daniel Ade,
Vicar – Incarnation Chapel

THE NICENE CREED BCP 326

THE PRAYERS OF THE PEOPLE

Intercessor Lord, in your mercy
People **hear our prayer.**

THE CONFESSION OF SIN AND ABSOLUTION BCP 393

THE PEACE

THE LITURGY OF THE EUCHARIST

THE GREAT THANKSGIVING: EUCHARISTIC PRAYER I BCP 333

The Presider says the Preface, and at the conclusion, all say

SANCTUS & BENEDICTUS BCP 334

EUCHARISTIC PRAYER BCP 334

THE LORD'S PRAYER BCP 336

THE BREAKING OF THE BREAD BCP 337

AGNUS DEI BCP 337

PRAYER OF HUMBLE ACCESS BCP 337

THE COMMUNION OF THE PEOPLE

All baptized persons are invited to receive Holy Communion in the Episcopal Church. Persons who do not wish to receive Communion may come forward and receive a blessing. If you would like to receive gluten-free Eucharist, please tell the priest when you come forward.

Prayers for Healing and Anointing of the Sick will take place at the Baptistry for those who wish after receiving Communion as well as at the conclusion of the Mass.

At the end of Communion, all stand and join the Presider in saying

POSTCOMMUNION PRAYER BCP 339

THE BLESSING

CLOSING HYMN 334 (*stanzas 1 & 3*)

Alles ist an Gottes Segen

THE DISMISSAL

Deacon Let us go forth in the name of Christ.
People **Thanks be to God.**



Announcements

All Hallows Eve: A Journey to the Cathedral Crypt – On October 20th, You are invited to walk the bridge between the living and the dead as we journey to the Cathedral Crypt. Visit tinyurl.com/coi-ahc24 to reserve your spot. Please contact ksalisbury@incarnationgc.org, with any questions.

Weekly Meditation and Contemplative Prayer – online via zoom, Mondays at 6:30pm – 7:00 pm. See our eNews for link.

Dean's Forum and Fellowship in Faith – Program today at 10:15 – 11am at the Mercer School of Theology.

We pray for those who have died, and for those grieving the death of a loved one, that they may find comfort and peace.

We also pray for the people affected by Hurricanes Helene and Milton. If you would like to donate to Episcopal Relief & Development's efforts, scan this QR code:



THE CATHEDRAL LEADERSHIP

THE CHAPTER

The Right Reverend Lawrence C. Provenzano, DD., *Bishop of Long Island*
The Very Reverend Canon Michael Sniffen, PhD, *Dean of the Cathedral*
The Rev. Canon Eddie Alleyne, The Rev. Canon Adam Bucko,
Ms. Mia Jealous-Denk, Mr. Michael Eng,
Canon Charles Janoff, Esq., *Chancellor*, Dr. Lorna Lewis,
Rev. Canon John Merz, Ms. LaVerne Mitchell,
Mr. Keith Okrosy, The Rev. Gideon Pollach, The Rev. Canon Kate Salisbury,
Mr. Dennis Walcott.

THE CATHEDRAL COUNCIL

Mr. Keith Okrosy, *Warden*, Ms. Rebecca Maines, *Warden*
Ms. Fabian Burrell, Ms. Trish Craine, Ms. Tamara Harris,
Ms. Norma Jones, Ms. Brenda Kennedy, Mr. Matthew Mohan,
Ms. Laura Nelson, Ms. Carol O'Rourke,
Ms. Martha Ripp, Ms. Carolyn Ver Pault

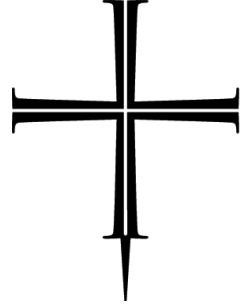
THE CLERGY AND STAFF

The Reverend Canon Eddie Alleyne, *Sub Dean and Canon for Cathedral Life*
The Reverend Canon Adam Bucko, *Director of the Center for Spiritual Imagination*
The Reverend Canon Kate Salisbury, *Canon for Christian Education*
The Very Reverend Canon Mark Kowalewski, *Vicar – Incarnation Chapel*
The Very Reverend Canon Daniel Ade, *Vicar – Incarnation Chapel*
The Reverend Landon Moore, *Associate Priest of the Cathedral*
The Reverend Brian C. Barry, *Associate Priest of the Cathedral*
The Reverend Denise Althea Galloway, *Deacon - Director of Outreach*
The Reverend Canon Bruce Griffith, ThD, *Canon in Residence*
Canon Larry Tremsky, *Director of Music*
Mr. David Preston, *Associate Organist/Choirmaster*
Mr. Kyle Sabo, *The Dean's Verger*
Ms. Arleen Breen, *Cathedral Administrator*
Mrs. Lisa Knudsen, *Administrative Assistant*
Ms. Caroline Cosgrove, *Assistant to the Dean*

WEEKDAY LITURGY AT CATHEDRAL OF THE INCARNATION
WEDNESDAY Eucharist with Healing at 12:00 in the Cathedral



From the Brooklyn Bridge to Montauk Point
A house of prayer for Long Island



The Cathedral of the Incarnation

Garden City, New York
13 October 2024 at 8:00 AM
Traditional Mass

THE TWENTY FIRST SUNDAY AFTER PENTECOST

*Welcome to the Cathedral of the Incarnation, the historic Cathedral Church for the Episcopal Diocese of Long Island. Page numbers in this leaflet refer to the red **Book of Common Prayer** (BCP). The Holy Eucharist Rite I begins on page 323 of the BCP.*

OPENING ACCLAMATION

Presider Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be God's kingdom, now and forever. Amen.**

THE COLLECT FOR PURITY BCP page 323

GLORIA IN EXCELSIS BCP page 324

THE COLLECT OF THE DAY

Presider The Lord be with you.
People **And with thy spirit.**
Presider Let us pray.

L

ord, we pray thee that thy grace may always precede and follow us, and make us continually to be given to all good works; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

LITURGY OF THE WORD

THE FIRST LESSON

Amos 5:6-7,10-15

S

EEK the LORD and live, or he will break out against the house of Joseph like fire, and it will devour Bethel, with no one to quench it. Ah, you that turn justice to wormwood, and bring righteousness to the ground! They hate the one who reproves in the gate, and they abhor the one who speaks the truth. Therefore because you trample on the poor and take from them levies of grain, you have built houses of hewn stone, but you shall not live in them; you have planted pleasant vineyards, but you shall not drink their wine. For I know how many are your transgressions, and how great are your sins-- you who afflict the righteous, who take a bribe, and push aside the needy in the gate. Therefore the prudent will keep silent in such a time; for it is an evil