

sight of all the people, for he was standing above all the people; and when he opened it, all the people stood up. Then Ezra blessed the LORD, the great God, and all the people answered, "Amen, Amen," lifting up their hands. Then they bowed their heads and worshiped the LORD with their faces to the ground. So they read from the book, from the law of God, with interpretation. They gave the sense, so that the people understood the reading. And Nehemiah, who was the governor, and Ezra the priest and scribe, and the Levites who taught the people said to all the people, "This day is holy to the LORD your God; do not mourn or weep." For all the people wept when they heard the words of the law. Then he said to them, "Go your way, eat the fat and drink sweet wine and send portions of them to those for whom nothing is prepared, for this day is holy to our LORD; and do not be grieved, for the joy of the LORD is your strength."

*Lector*            The Word of the Lord.  
*People*            **Thanks be to God.**

PSALM 19

7 The law of the Lord is perfect and revives the soul; \*  
**the testimony of the Lord is sure and gives wisdom to the  
innocent.**

8 The statutes of the Lord are just and rejoice the heart; \*  
**the commandment of the Lord is clear and gives light to the eyes.**

9 The fear of the Lord is clean and endures for ever; \*  
**the judgments of the Lord are true and righteous altogether.**

10 More to be desired are they than gold, more than much fine gold, \*  
**sweeter far than honey, than honey in the comb.**

11 By them also is your servant enlightened, \*  
**and in keeping them there is great reward.**

12 Who can tell how often he offends? \*  
**cleanse me from my secret faults.**

13 Above all, keep your servant from presumptuous sins;  
let them not get dominion over me; \*  
**then shall I be whole and sound, and innocent of a great offense.**

14 Let the words of my mouth and the meditation of my heart be  
acceptable in your sight, \*

**O Lord, my strength and my redeemer.**

THE EPISTLE 1 Corinthians 12:12-31a

**J**ust as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body--Jews or Greeks, slaves or free--and we were all made to drink of one Spirit. Indeed, the body does not consist of one member but of many. If the foot would say, "Because I am not a hand, I do not belong to the body," that would not make it any less a part of the body. And if the ear would say, "Because I am not an eye, I do not belong to the body," that would not make it any less a part of the body. If the whole body were an eye, where would the hearing be?

If the whole body were hearing, where would the sense of smell be? But as it is, God arranged the members in the body, each one of them, as he chose. If all were a single member, where would the body be? As it is, there are many members, yet one body. The eye cannot say to the hand, "I have no need of you," nor again the head to the feet, "I have no need of you." On the contrary, the members of the body that seem to be weaker are indispensable, and those members of the body that we think less honorable we clothe with greater honor, and our less respectable members are treated with greater respect; whereas our more respectable members do not need this. But God has so arranged the body, giving the greater honor to the inferior member, that there may be no dissension within the body, but the members may have the same care for one another. If one member suffers, all suffer together with it; if one member is honored, all rejoice together with it. Now you are the body of Christ and individually members of it. And God has appointed in the church first apostles, second prophets, third teachers; then deeds of power, then gifts of healing, forms of assistance, forms of leadership, various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak in tongues? Do all interpret? But strive for the greater gifts.

*Lector*            The Word of the Lord.  
*People*            **Thanks be to God.**

THE HOLY GOSPEL Luke 4:14-30

*Gospeller*      The Holy Gospel of our Lord Jesus Christ according to Luke.

*People*            **Glory be to thee, O Lord.**

Then Jesus, filled with the power of the Spirit, returned to Galilee, and a report about him spread through all the surrounding country. He began to teach in their synagogues and was praised by everyone. When he came to Nazareth, where he had been brought up, he went to the synagogue on the sabbath day, as was his custom. He stood up to read, and the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written: 'The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord's favour.' And he rolled up the scroll, gave it back to the attendant, and sat down. The eyes of all in the synagogue were fixed on him. Then he began to say to them, 'Today this scripture has been fulfilled in your hearing.' All spoke well of him and were amazed at the gracious words that came from his mouth. They said, 'Is not this Joseph's son?' He said to them, 'Doubtless you will quote to me this proverb, "Doctor, cure yourself!" And you will say, "Do here also in your home town the things that we have heard you did at Capernaum." ' And he said, 'Truly I tell you, no prophet is accepted in the prophet's home town. But the truth is, there were many widows in Israel in the time of Elijah, when the heaven was shut up for three years and six months, and there was a severe famine over all the land; yet Elijah was sent to none of them except to a widow at Zarephath in Sidon. There were also many lepers in Israel in the time of the prophet Elisha, and none of them was cleansed

except Naaman the Syrian.' When they heard this, all in the synagogue were filled with rage. They got up, drove him out of the town, and led him to the brow of the hill on which their town was built, so that they might hurl him off the cliff. But he passed through the midst of them and went on his way.

*Gospeller*      The Gospel of the Lord.  
*People*        **Praise be to thee, O Christ.**

THE SERMON

The Rev. Canon Eddie Alleyne,  
*Sub Dean*

THE NICENE CREED BCP 326

## THE PRAYERS OF THE PEOPLE

*Intercessor.* We pray to the Lord:  
*People* **Lord, hear our prayer.**

CONFESSION OF SIN AND ABSOLUTION BCP 331

## THE PEACE

## THE LITURGY OF THE EUCHARIST

THE GREAT THANKSGIVING: EUCHARISTIC PRAYER I BCP 333

*The Presider says the Preface, and at the conclusion, all say*

SANCTUS & BENEDICTUS BCP 334

EUCCHARISTIC PRAYER BCP 334

THE LORD'S PRAYER BCP 336

THE BREAKING OF THE BREAD BCP 337

AGNUS DEI      BCP 337

PRAYER OF HUMBLE ACCESS BCP 337

## THE COMMUNION OF THE PEOPLE

*In the Episcopal Church, Baptized Christians from any denomination may receive the Sacrament of Holy Communion. During this time of COVID-19 we ask that you come forward wearing your face mask, following the direction of the Ushers and keeping at a safe distance, approach the Minister of Communion, receive Eucharist in the palm of your hand, step to the left or the right, remove or lower your face mask, consume the host, place your face mask back on and return to your seat.*

*Prayers for Healing and Anointing of the Sick will take place at the Baptistry for those who wish after receiving Communion as well as at the conclusion of the Mass.*

*At the end of Communion, all stand and join the Presider in saying*

POSTCOMMUNION PRAYER BCP 339

## THE BLESSING

CLOSING HYMN 542

THE DISMISSAL

*Deacon* Let us go forth in the name of Christ  
*People* **Thanks be to God.**



**Flower Donations** are available for most weekends to celebrate birthdays, anniversaries and special occasions, as well as memorials. If you would like to donate the altar flowers for a particular weekend, contact Caroline Cosgrove at [ccosgrove@incarnationgc.org](mailto:ccosgrove@incarnationgc.org)

*St. Joan*

## THE CATHEDRAL LEADERSHIP

### THE CHAPTER

The Right Reverend Lawrence C. Provenzano, D.D., *Bishop of Long Island*  
The Very Reverend Dr. Michael Sniffen, PhD, *Dean of the Cathedral*  
Mr. Quincy Dover, The Rev. Lindsay Lunnum, The Rev. Roger Joslin,  
The Rev. Canon Eddie Alleyne, Dr. Lorna Lewis, Ms. LaVerne Mitchell,  
The Rev. Gideon Pollach, The Rev. Kate Salisbury, Mr. George Tietjen

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The Reverend Adam Bucko, *Director of the Center for Spiritual Imagination*  
The Reverend Denise Althea Galloway, *Deacon - Director of Outreach*  
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Ms. Arleen Breen, *Cathedral Administrator*  
Mrs. Lisa Knudsen, *Administrative Assistant*  
Mrs. Caroline Cosgrove, *Assistant to the Dean and Administrator of the Center for Spiritual Imagination*

### WEEKDAY LITURGIES AT CATHEDRAL OF THE INCARNATION, ONLINE

MORNING PRAYER: Monday through Friday at 8:45am

COMPLINE: Monday through Friday at 8:45pm



*From the Brooklyn Bridge to Montauk Point*  
*A house of prayer for Long Island*



## The Cathedral of the Incarnation

Garden City, New York

23 January 2022 at 8:00 AM  
Traditional Mass

## THE THIRD SUNDAY AFTER THE EPIPHANY

*Welcome to the Cathedral of the Incarnation, the historic Cathedral Church for the Episcopal Diocese of Long Island. Page numbers in this leaflet refer to the red **Book of Common Prayer** (BCP). The Holy Eucharist Rite I begins on page 323 of the BCP.*

### OPENING ACCLAMATION

*Presider* Blessed be God: Father, Son, and Holy Spirit.  
*People* **And blessed be God's kingdom, now and forever. Amen.**

THE COLLECT FOR PURITY BCP 323

GLORIA IN EXCELSIS BCP 324

### THE COLLECT OF THE DAY

*Presider* The Lord be with you.  
*People* **And with thy spirit.**  
*Presider* Let us pray.

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and all the whole world may perceive the glory of his marvelous works; who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

### THE LITURGY OF THE WORD

THE OLD TESTAMENT LESSON *Nehemiah 8:1-3, 5-6, 8-10*

All the people of Israel gathered together into the square before the Water Gate. They told the scribe Ezra to bring the book of the law of Moses, which the LORD had given to Israel. Accordingly, the priest Ezra brought the law before the assembly, both men and women and all who could hear with understanding. This was on the first day of the seventh month. He read from it facing the square before the Water Gate from early morning until midday, in the presence of the men and the women and those who could understand; and the ears of all the people were attentive to the book of the law. And Ezra opened the book in the