



# The Cathedral of the Incarnation

Garden City, NY

29 January 2023 at 11:15 AM

Choral Mass

## THE FOURTH SUNDAY AFTER THE EPIPHANY

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*Page numbers in this leaflet refer to the red **Book of Common Prayer** (BCP). The Holy Eucharist Rite II begins on page 355 of the BCP. The hymns are sung from the blue **Hymnal 1982**, found under the seats.*

VOLUNTARY: "Siciliano" from *Six Trios*, op. 47

Max Reger  
(1873 – 1916)

PROCESSIONAL HYMN 117

*Morning Star*

OPENING ACCLAMATION

*Presider* Blessed be God: Father, Son, and Holy Spirit.

*People* **And blessed be God's kingdom, now and forever. Amen.**

THE COLLECT FOR PURITY

BCP 355

*Following the Collect, ALL join with the choir in singing*

GLORIA IN EXCELSIS, S 278

William Mathias

THE COLLECT OF THE DAY

*Presider* The Lord be with you.

*People* **And also with you.**

*Presider* Let us pray.

**A**lmighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LITURGY OF THE WORD

## THE FIRST LESSON

*Micah 6:1-8*

**H**ear what the LORD says: Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the LORD, and you enduring foundations of the earth; for the LORD has a controversy with his people, and he will contend with Israel "O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the LORD." "With what shall I come before the LORD, and bow myself before God on high? Shall I come before him with burnt offerings, with calves a year old? Will the LORD be pleased with thousands of rams, with ten thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?" He has told you, O mortal, what is good; and what does the LORD require of you but to do justice, and to love kindness, and to walk humbly with your God?

*Lector*        The Word of the Lord.

*People*        **Thanks be to God.**

## PSALM 15

*sung by the Choir/chant by John Jones*

1 Lord, who may dwell in your tabernacle? \*  
who may abide upon your holy hill?

2 Whoever leads a blameless life and does what is right, \*  
who speaks the truth from his heart.

3 There is no guile upon his tongue; he does no evil to his friend; \*  
he does not heap contempt upon his neighbor.

4 In his sight the wicked is rejected, \*  
but he honors those who fear the Lord.

5 He has sworn to do no wrong \*  
and does not take back his word.

6 He does not give his money in hope of gain, \*  
nor does he take a bribe against the innocent.

7 Whoever does these things \*  
shall never be overthrown.

## THE EPISTLE

*1 Corinthians 1:18-31*

**T**he message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

*Lector*        The Word of the Lord.

*People*        **Thanks be to God.**

## SEQUENCE HYMN 605

*Sharpthorne*

## THE HOLY GOSPEL

*Matthew 5:1-12*

*Deacon*        The Holy Gospel of our Lord Jesus Christ according to Matthew.

*People*        **Glory to you, Lord Christ.**

**W**hen Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will receive mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice

and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.”

*Deacon* The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

THE SERMON

The Reverend Adam Bucko

*Director of the Center for Spiritual Imagination*

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

*Intercessor* Let us pray to the Lord,

*People* **Lord, have mercy.**

THE CONFESSION OF SIN

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

THE PEACE

*Presider* The peace of the Lord be always with you.

*People* **And also with you.**

# THE LITURGY OF THE EUCHARIST

OFFERTORY ANTHEM: *Verleih uns Frieden*

Felix Mendelssohn  
(1809 – 1847)

*Verleih uns Frieden gnädiglich, Herr  
Gott, zu unsern Zeiten! Es ist doch ja  
kein Andrer nicht, Der für uns könnte  
straiten, denn du, unser Gott alleine.*

Lord, in thy mercy grant us peace  
throughout all generations; Thou art  
alone our true defense, Lord who  
doth guide the nations. Defend us, O  
God, we pray thee.

OFFERTORY HYMN (*sung by ALL, standing*)

*Lasst uns erfreuen*

Let all things their Creator bless,  
and worship him in humbleness,  
O praise him, Alleluia.  
Praise God the Father, praise the Son,  
and praise the Spirit, Three in One:  
O praise him, O praise him, Alleluia, alleluia, alleluia.

## THE GREAT THANKSGIVING

The musical notation consists of four staves, each with a treble clef and a key signature of one flat (B-flat). The lyrics are written below the notes. The first staff is for the Celebrant and the People. The second staff is for the Celebrant and the People. The third staff is for the Celebrant. The fourth staff is for the People.

*Celebrant*                      *People*  
The Lord be with you. And al - so with you.

*Celebrant*                      *People*  
Lift up your hearts. We lift them to the Lord.

*Celebrant*  
Let us give thanks to the Lord our God.

*People*  
It is right to give him thanks and praise.

*The Presider sings the Preface, and at the conclusion ALL sing*

SANCTUS & BENEDICTUS, S 125

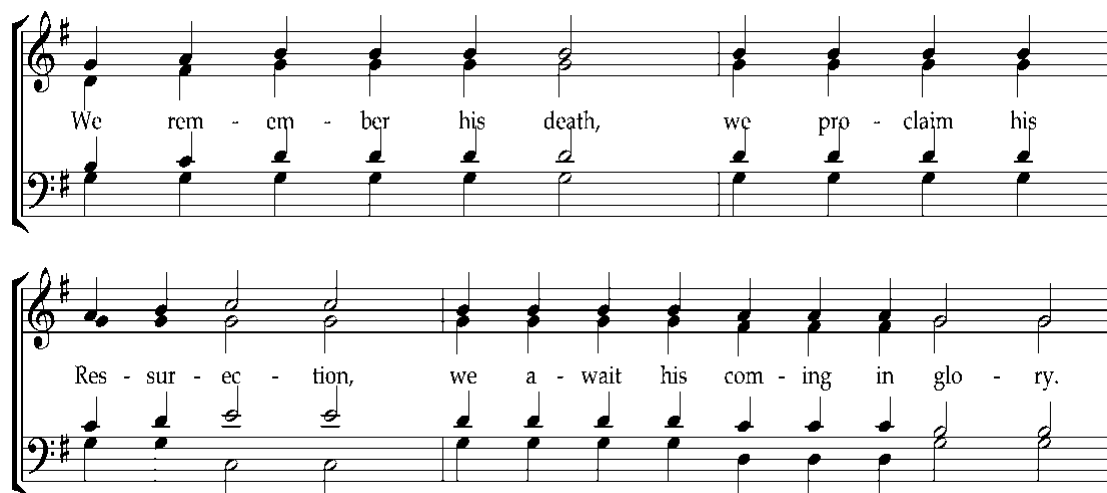
Richard Proulx

EUCCHARISTIC PRAYER B

BCP 367

## MEMORIAL ACCLAMATION

Kyiv Chant



## THE LORD'S PRAYER

BCP 364

## THE BREAKING OF THE BREAD

*Presider* Alleluia. Christ our Passover is sacrificed for us.

*People* **Therefore let us keep the feast. Alleluia.**

AGNUS DEI, *Berkeley Missa Brevis*

Gerald Near  
(b. 1942)

## THE COMMUNION OF THE PEOPLE

*All baptized persons are invited to receive Holy Communion in the cathedral. Members of other Christian traditions who receive Communion in their own churches are invited to share in the Body and Blood of Christ. Persons who do not wish to receive Communion may come forward and receive a blessing. If you would like to receive gluten-free Eucharist, please tell the priest when you come forward.*

COMMUNION MOTET: *Remember us, O Lord*

Mykola Leontovych  
(1877 – 1921)

Remember us, O Lord, in your Kingdom, when You enter into Your Kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are they who mourn, for they will be comforted. Blessed are the merciful, for they will be shown mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven. Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of Me. Rejoice and be glad, for your reward will be great in heaven.

POSTCOMMUNION PRAYER (said by ALL)

*Presider* Let us pray:

*People* **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

THE EPIPHANY BLESSING

May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

RECESSIONAL HYMN 488

*Slane*

THE DISMISSAL

*Deacon* Go in peace to love and serve the Lord.

*People* **Thanks be to God.**

VOLUNTARY: *Sonata No. 2 in c: Fugue*

Felix Mendelssohn

**We ask you to leave this bulletin** on one of the tables at the entrances to the cathedral if you do not intend to take it home with you.



**Announcements**

**Fellowship in Faith** – Every Sunday at 10:15 in the Mercer School.

**Dean's Forum** – Every Sunday at 10:15 at the Mercer Library.

**Meditation and Contemplative Prayer** – Tuesdays at 7pm online via zoom, in person on the second Tuesday of the month.

**Weekday Mass** – has returned to the Cathedral. Tuesday through Thursday at 12:15pm. Wednesday Eucharist includes healing prayers. Mass Bulletins available on your device – please scan QR code located at all entrances.

**Sacred Ground** – The Episcopal Church’s Series on Race, Grounded in Faith – Please see our website for more information and links to register.

**Grief Support Group** – meets on Sundays January 29, February 5, 12 and 26, and March 5 at 2pm at the Mercer School. All are welcome.

**Cathedral for Pets Meeting** – Please join the Dean, Cathedral clergy and the Cathedral for Pets ministry leaders for a community meeting regarding our fenced yard, known as the Cathedral for Pets Ministry Space on Feb. 2 at 7:30pm at the Mercer School. If you plan to attend, please RSVP via the link in our eNews.

**Cathedral Youth Confirmation Class** – Sundays Feb. 26 – March 26 10:15 – 11am. Young people in 8 th – 12 th grade who wish to be confirmed at the Easter Vigil on Saturday, April 8 are invited to a five-part class. Please see our website for further information and to register on Realm for this class.

**Neighbors Being Neighbors: Volunteer Opportunities** – Sandwich makers needed for the third Thursday of each month. Can work as a team or prepare individually. Please contact Chris Scott or Carol O’Rourke via Realm.

**For those who have died**, especially The Rev. Canon Dr. Cyril Burk, former priest of the Diocese of Long Island, David Cundiff, father of Rev. Joseph Cundiff, and for those grieving the death of a loved one, that they may find comfort and peace.

For further information, please sign up for our eNews every Friday morning at [incarnationgc.org/connect/e-news](http://incarnationgc.org/connect/e-news) or email us at [Cathedral@IncarnationGC.org](mailto:Cathedral@IncarnationGC.org)

#### **WEEKDAY LITURGIES AT CATHEDRAL OF THE INCARNATION**

TUESDAY – THURSDAY: Eucharist at 12:15 in the Cathedral  
ONLINE MORNING PRAYER: Monday through Friday at 8:45am  
ONLINE COMPLINE: Monday through Friday at 8:45pm



*From the Brooklyn Bridge to Montauk Point  
A house of prayer for Long Island*