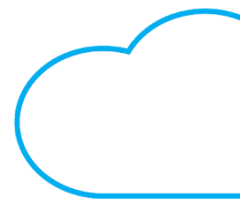




AT HOME

with Cathedral for Kids!



STORYTIME WITH KATE + FELLOWSHIP IN FAITH ACTIVITIES

Following Cathedral for Kids Online, we will go directly into *Fellowship in Faith with Kate*. We'll have interactive crafts, activities, and check-ins...make sure you have a joke to share this week with us! Our weekly at-home crafts can be done anytime, and both are good for kids of all ages.

Activity One: Mother May I?

This week, Jesus tells us that we show our love by keeping the commandments. Commandments are like rules or directions that help us best show our love to God and each other. In this gospel Jesus says "They who have my commandments and keep them are those who love me; and those who love me will be loved by my Father, and I will love them and reveal myself to them." Practice following directions with this game!

Materials Needed

- Space to play!

How to Play

- Choose someone to be the "Mother."
- "Mother" stands at one end of the room and faces away from everyone else who line up on the other end of the room.
- Players take turns asking, "Mother, may I ____?"
 - If the answer is yes, the player is allowed to make whatever movement they requested, moving a little closer to "Mother."



- If the answer is no, "Mother" makes an alternative suggestion, saying "no, you may not do that, but you may ____." "Mother" uses this answer if children are reaching her too quickly.
- The players continue taking turns, and the first one to reach the other end of the room wins and becomes the "Mother."
- Ideas of what to ask Mother
 - Take ____ steps forward (giant, baby, side)
 - Hop forward like a frog ____ times
 - Run forward for ____ seconds
 - Crabwalk forward for ____ seconds
 - Take open-and-shut steps ____ times (jump forward with feet apart, then bring the feet together)
 - Do a lamppost (lie face down, stretch arms forward, and then bring your feet to the point reached by the fingertips)
 - Play around! You can move in any way that feels fun and silly to you!

Activity Two: Love Your Neighbor, Thank Your Neighbor

Jesus talks about showing love by following his commandments. In another story Jesus says all the commandments can be summed up like this "You shall love the Lord your God with all your heart, and with all your soul, and with all your mind." This is the greatest and first commandment. And a second is like it: "You shall love your neighbor as yourself" (Matthew 22:37-39). How can you practice loving your neighbor today? Try this activity below and brainstorm other ways to show your love to God and your neighbor.

Materials Needed

- Art supplies
- Paper
- Pens or markers
- Crayons, colored pencils, anything to draw!
- Envelope
- Stamp

How to Make It

- Fold your paper in half to create a thank-you card.



- Think about the helpers, especially hospital workers, who are helping people who are sick. There are doctors and nurses, but there are also people who clean, make food, and answer phones. All of them are helping all of us by taking care of sick people. Choose someone who does a special job at the hospital and express your gratitude to them through pictures and words in your card.
- *Did you know?* The Cathedral of the Incarnation has been partnering with local hospitals to serve hot meals to these very important workers. You can write your card to the workers we have been helping or you can choose another health care worker you know!
- With a grown-up's help, address your envelope to the hospital of your choice, putting *ATTN: Staff Appreciation* under the name of the hospital.
- Add the stamp. And mail!
- Email a picture of your thank-you card to [Kate](#) so we can share with the whole cathedral community!

Hospitals Currently Served by The Cathedral of the Incarnation:

- St. John's Episcopal Hospital - 327 Beach 19th Street Far Rockaway, NY 11691
- North Shore University Hospital - Manhasset- 300 Community Dr, Manhasset, NY 11030
- Glen Cove Hospital - 101 St Andrews Ln, Glen Cove, NY 11542
- St. Francis Hospital - 100 Port Washington Blvd, Roslyn, NY 11576

If you'd like to help with the *Operation Feed the Front* effort to serve meals to hospital workers, please donate to our GoFundMe [here](#).

