



# FELLOWSHIP IN FAITH WITH KATE + ACTIVITIES FOR ALL AGES

June 21, 2020

Following Cathedral for Kids Online, we go directly into Fellowship in Faith with Kate. We'll have interactive crafts, activities, and check-ins...make sure you have a joke to share this week with us!

This week, Activity One is tied to our lectionary reading and is good for kids 7 and up. Activity Two is part of our special Seedlings Sundays activities, which we will be sharing the whole month of June. This activity can be used with kids of all ages but is particularly engaging for school age children.

**Special Note About Truth and Lies:** this week we are talking about truth and lies, and often times, the first time a child lies to a parent can be deeply distressing. Character formation is an important part of our faith, but it is helpful to remember that the first lies a child tells is less about their character and more about where they are developmentally. Check out this short article to learn more about lying and its positive developmental implications.

## **Activity One: Two Truths and a Lie**

In this week's story Jesus talks about truth. With God's love, we never need to be afraid of telling the truth because it will always be uncovered. We are called to shout truth from the mountaintops and tell the world of God's great love. Practice finding out the truth about your friends or family by playing this game!





#### Materials Needed

No materials...just a few people who want to play the game with you!

### How to Play

- Each person has the chance to tell two true things about themselves and one lie. This is just for fun!
- We often play this game to get to know people in new groups, so you have to be really creative to play with people in your family. Who knows? You might discover new things about each other!
- Everyone else guesses which statement was untrue!
- Take turns going around the circle.

## **Seedlings Sunday: Uncovering the Stars**

This Saturday, June 20, 2020, is the Summer Solstice - the longest day and shortest night of the year! This may make stargazing a little difficult for friends with an early bedtime, but here's a great activity to give you a similar feeling in the middle of the day!

### Materials Needed

- Recycled cardboard roll like paper towel or toilet paper roll
- Black construction paper or thin, flexible cardboard (like a cereal box)
- Safety pin or straight pin
- Writing utensil
- Rubber band (if using construction paper)
- Hot glue gun (if using cardboard)
- Images of constellations
- Scissors

### How to Make It

- 1. Trace the end of your cardboard roll onto your flexible cardboard or black construction paper.
- 2. Pick a constellation you'd like to draw. Or make up your own!
- 3. Inside the traced circle. Plot the points of the stars in your constellation. Little dots will do, you don't have to draw a full star.
- 4. With a grown up's help, use the pin to poke a hole in each place you marked a star.
- 5. Attach the paper or cardboard to the end of your cardboard roll.





- 6. If using construction paper, you can simply align the circle to the end of your roll and use a rubber band to secure the paper to the roll. You may want to cut some of the excess paper off.
- 7. If using thin cardboard, cut around your trace circle, just slightly wider than the line. With a grown up's help, attach the circle to the end of your roll with hot glue.
- 8. Decorate the outside of your roll with stars and shapes that remind you of the night's sky!
- 9. Close one eye, hold your roll up to the other and look up at the daytime sky to see your "stars" whenever you'd like!



