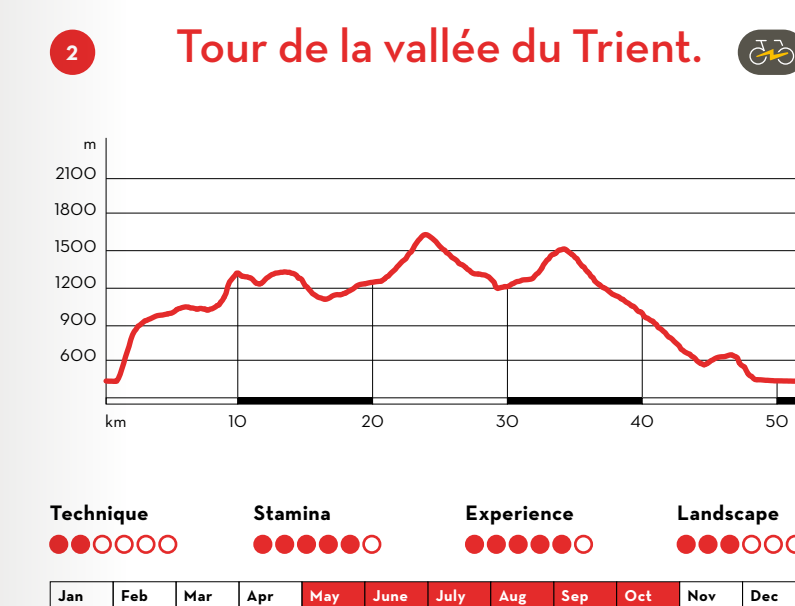


Discover Trient Valley, in the heart of the Espace Mont-Blanc, the link between the Rhône and Chamonix valleys, and enjoy an exceptional panorama on the Mont Blanc along with natural gorges, the unique site of Emosson with its dams and geological site with their dinosaur tracks, and the glaciers around Trient.

Difficulty: medium, S0
Distance: 38.3 km
Duration: 5:30 h
Ascent: 1667 m
Descent: 1462 m

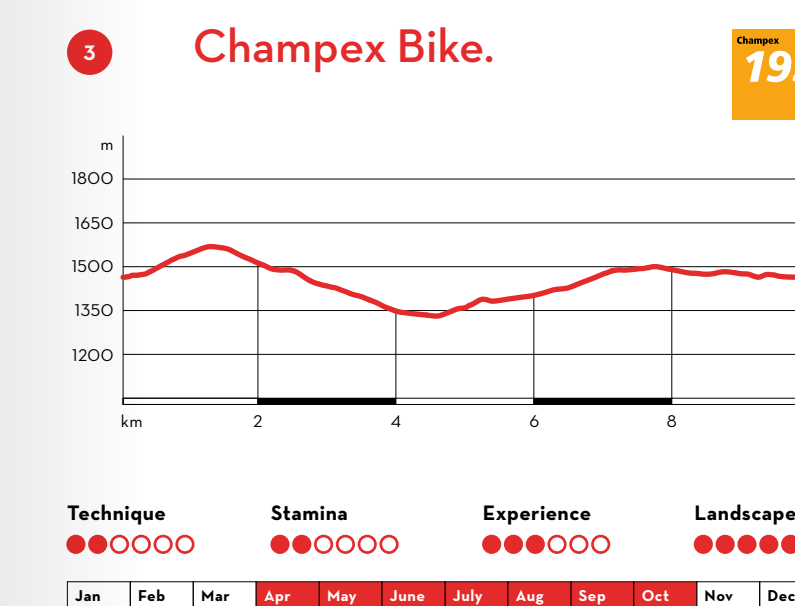
Start: Vallorcine (1,262 m)
Arrival: Champex-Lac (1,467 m)



A breathtaking panorama on the Mont Blanc, natural gorges, the exceptional site of Emosson with its dams and dinosaur footprints, the glaciers of Trient and Grands, along with villages full of history and welcoming inhabitants. Discover the major assets of this typical region by following the mountain bike itineraries through Trient Valley. There's a bagful of surprises out there that are sure to capture your heart.

Difficulty: difficult, S0
Distance: 52.4 km
Duration: 7:00 h
Ascent: 2,156 m
Descent: 2,156 m

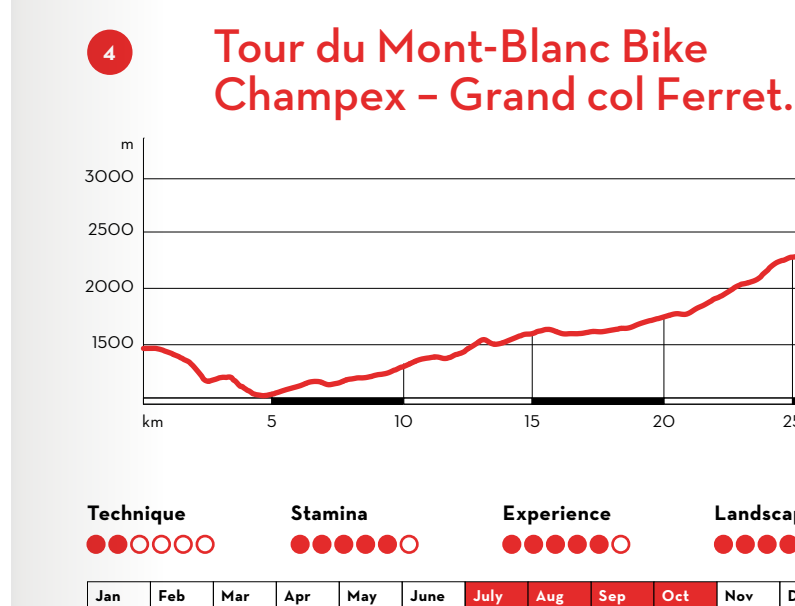
Start: Vernayaz (453 m)
Arrival: Vernayaz (453 m)



Starting from the centre of the village of Champex-Lac, follow a relatively easy route during which you'll be treated to a breathtaking view of the lake, rivers, forests and lush nature are the main features of this loop - a must in the region.

Difficulty: easy, S0
Distance: 10.3 km
Duration: 1:00 h
Ascent: 297 m
Descent: 297 m

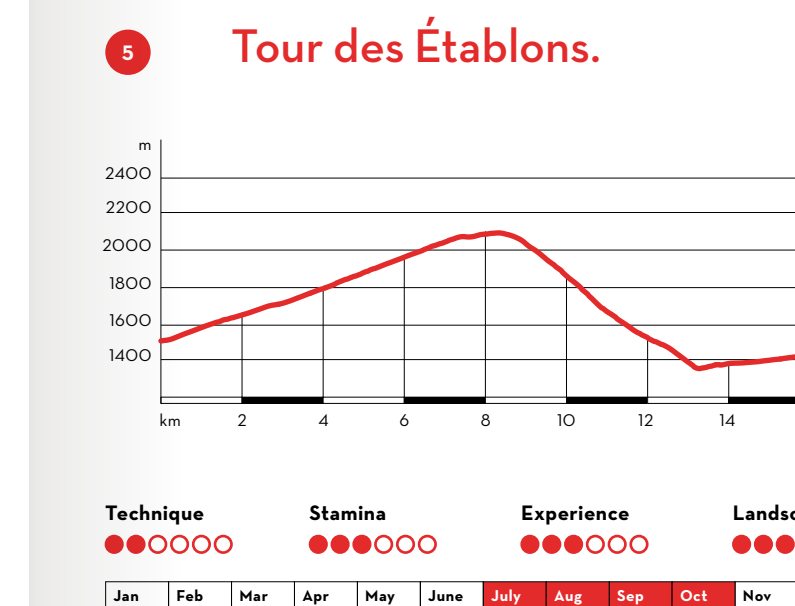
Start: Champex-Lac (1,467 m)
Arrival: Champex-Lac (1,467 m)



Head out for a section of the legendary Tour du Mont-Blanc by mountain bike. From the idyllic village of Champex-Lac, the route takes you to the Italian border through the Val Ferret and if you want to enjoy a well-deserved break, don't miss a stop at the Alpage de la Peule.

Difficulty: difficult, S1
Distance: 27.3 km
Duration: 6:45 h
Ascent: 1,693 m
Descent: 625 m

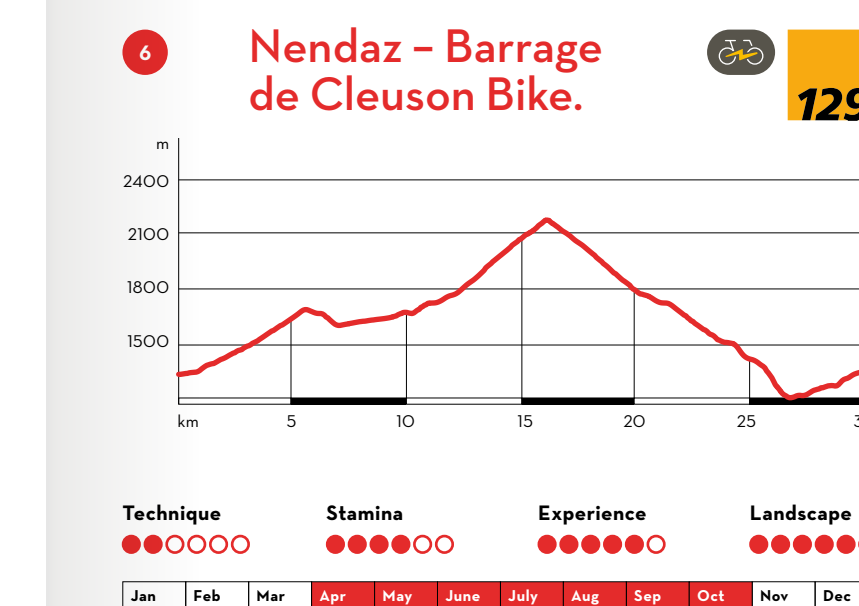
Start: Champex-Lac (1,467 m)
Arrival: Grand Col Ferret (2,535 m)



From the start of the La Toumaz-Savoie cable car, this looped itinerary offers an eight-kilometre climb through alpine pastures and larch forests to the high-altitude Chez Simon restaurant, before reaching La Toumaz via an old forest road above Saxon.

Difficulty: medium, S0
Distance: 17.3 km
Duration: 2:05 h
Ascent: 740 m
Descent: 740 m

Start: La Toumaz (1,514 m)
Arrival: La Toumaz (1,514 m)



Follow this route through the Nendaz valley and climb up to the Cleuson Dam, built between 1946 and 1951. This 87 metre-high giant is 420 metres long at the top and its reputation comes mainly from its blue-green waters, which this tour will give you the pleasure of discovering!

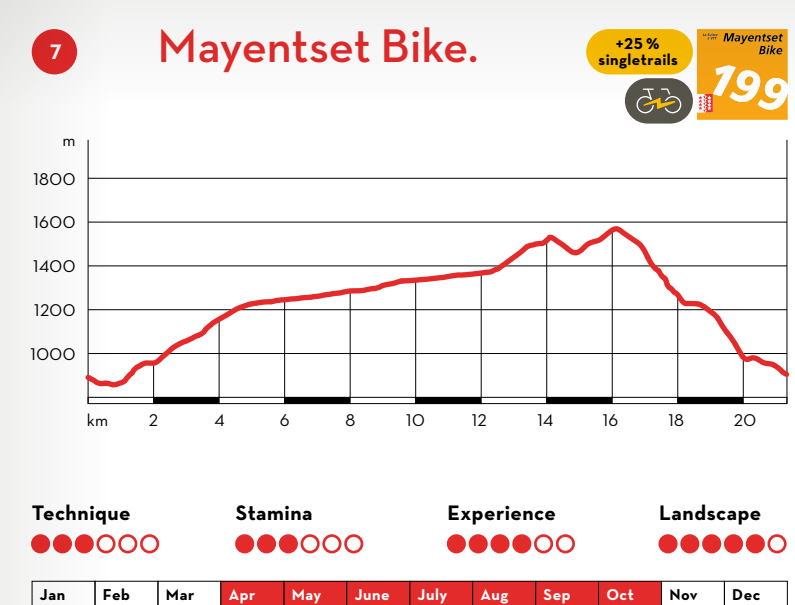
Difficulty: medium, S0
Distance: 31 km
Duration: 5:00 h
Ascent: 1,081 m
Descent: 1,081 m

Start: Haute-Nendaz (1,339 m)
Arrival: Haute-Nendaz (1,339 m)

Singletrack trail scale of difficulty.

The most frequent grade of difficulty of a trail's sections determines the general grade of the whole track.

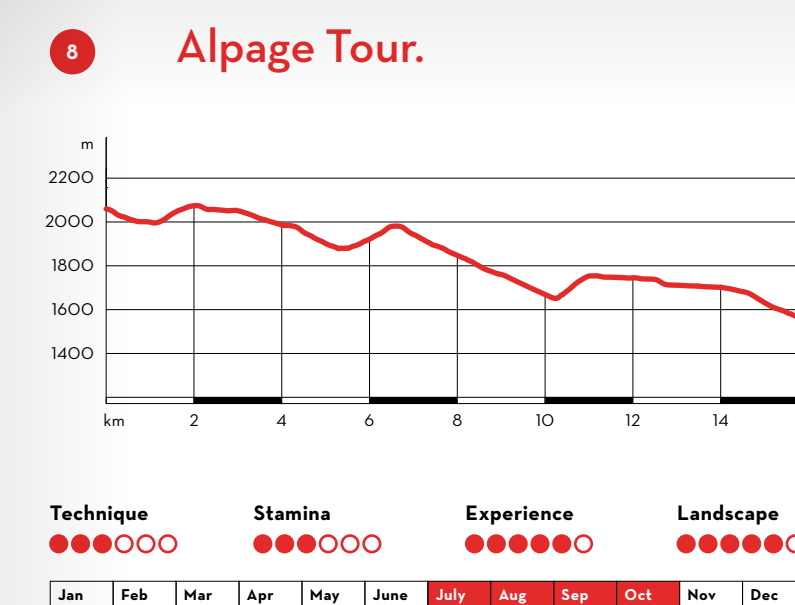
- S0** Forest or meadow paths, on a natural surface with good grip or on compact gravel. No steps, rocks or passages with many roots. Gentle gradients, wide curves. No special technique required.
- S1** Smaller obstacles such as flat roots, stones or small gullies; the surface may not always be firm. Gradients of up to 40%. No hairpin turns. Basic MTB technique required, such as controlled braking and ability to shift centre of gravity.
- S2** Many obstacles such as roots, stones and larger gullies. Certain passages may have gradients of up to 70%. Basic technique required, including controlled braking and body displacement to overcome obstacles.
- S3** Trail blocked by large rocks, roots and high steps. Slippery surfaces with loose scree; sequences of tight hairpin turns. Gradients of more than 70% in places. Very good MTB technique required, including precise braking and excellent balance.
- S4** Very steep trails blocked by large rocks. Steep sections, narrow hairpin turns and high steps. Advanced technique required, such as the ability to shift the front or back wheel only, along with perfect braking skills and balance. Only for extreme riders! Carrying or pushing the bike almost impossible.
- S5** Heavily blocked terrain with counter climbs, scree slopes and erosion. Multiple large obstacles such as fallen trees and high steps, often without a break. Very little acceleration or braking time, if any. Only for extreme riders! Carrying or pushing the bike almost impossible.



Starting from the village of Dailion, this varied itinerary mainly follows forest paths and the Tandra stream for several kilometres. The descent has been specially designed to separate the pedestrian and mountain bike flows and consists of a single trail designed with sharp turns, which can be used by Handibikes.

Difficulty: medium, S2
Distance: 21.7 km
Duration: 3:30 h
Ascent: 799 m
Descent: 799 m

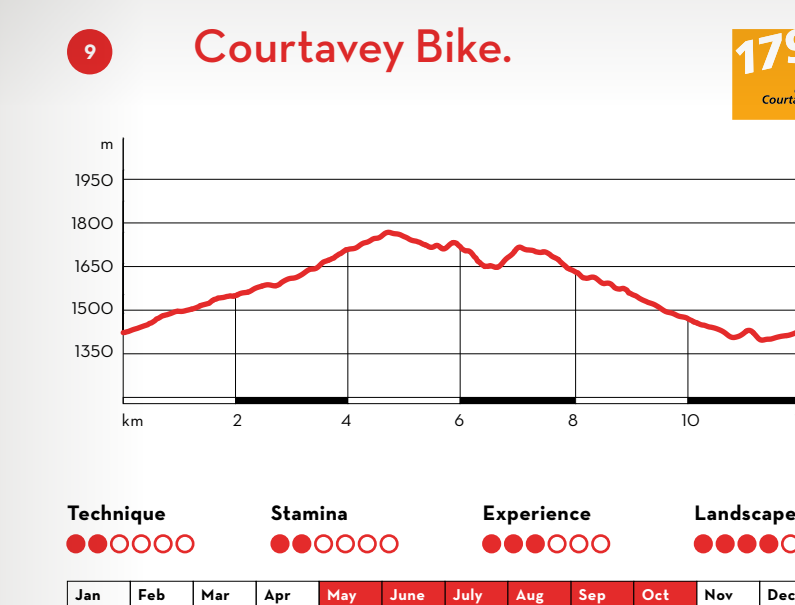
Start: Dailion (901 m)
Arrival: Dailion (901 m)



Hop on the Anzère cable car to the middle station where your adventure begins. On this loop route, you'll pass through the resort's alpine pastures, through small villages with their mayens and numerous forest sections while enjoying some fresh air along Sion's bisse.

Difficulty: medium, S1
Distance: 13.4 km
Duration: 2:40 h
Ascent: 298 m
Descent: 810 m

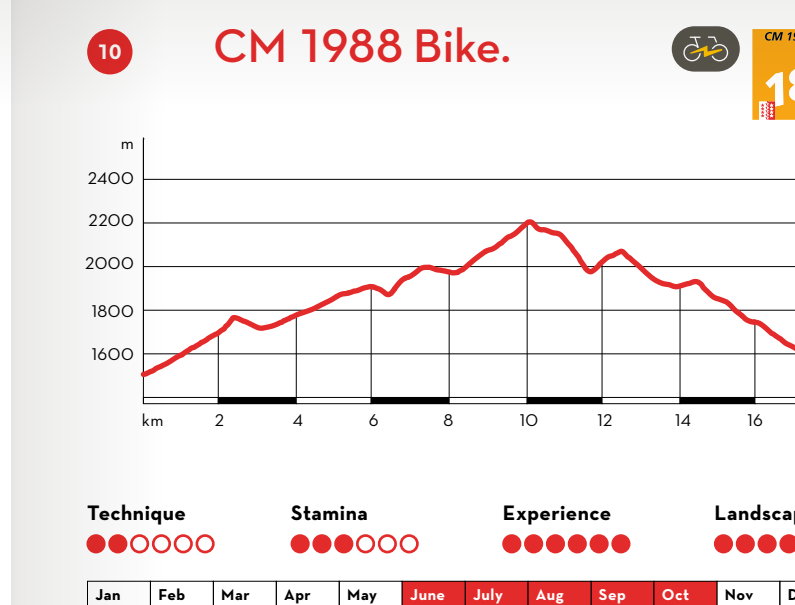
Start: Anzère (2,061 m)
Arrival: Anzère (2,061 m)



This outing in the Crans-Montana region presents a serious challenge before tackling more difficult routes. A compromise between all types of terrain: asphalt, dirt and trails, it leads from the resort of Crans-Montana to the wilderness of the Courtavey mountain pasture.

Difficulty: easy, S0
Distance: 12.5 km
Duration: 1:50 h
Ascent: 479 m
Descent: 479 m

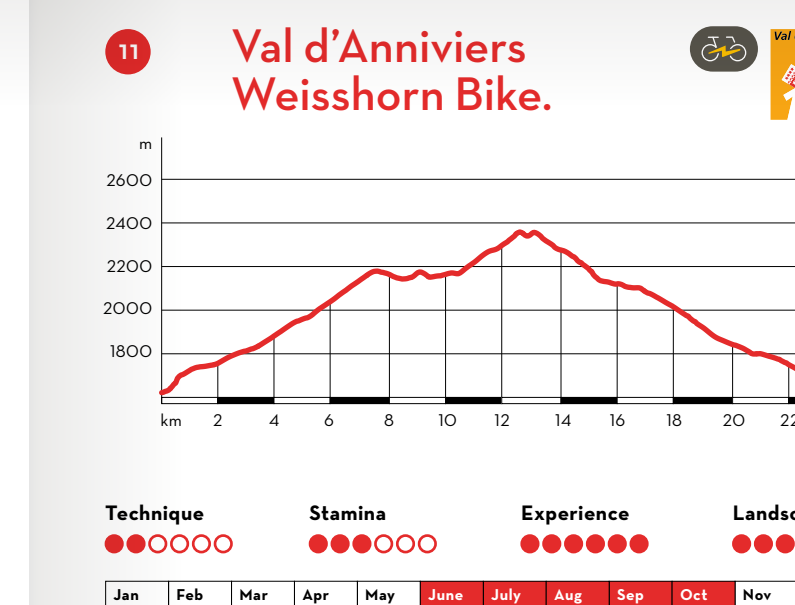
Start: Lac de la Moubra (1,425 m)
Arrival: Lac de la Moubra (1,425 m)



This very demanding route will allow you to test your physical fitness, while enjoying the exceptional areas the Aminona region has to offer. Sticking mainly on dirt roads and with some interesting technical passages, the panoramic view of the most beautiful 4,000-metre-high mountains in the Valais Alps and the surrounding nature will make you forget the physical effort that this route requires.

Difficulty: medium, S2
Distance: 18.4 km
Duration: 3:40 h
Ascent: 1,140 m
Descent: 1,140 m

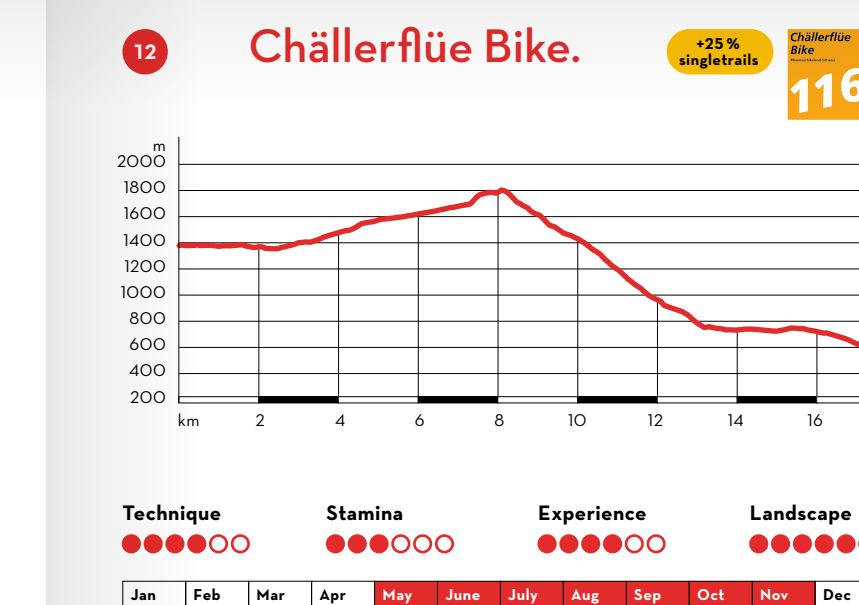
Start: Aminona (1,513 m)
Arrival: Aminona (1,513 m)



This 25-kilometre mountain bike trail is an opportunity to visit the legendary Hotel Weisshorn and to leave your mark on the Chemin des Planètes. The view of the region's 4,000-metre mountains and the Rhone Valley is worth the detour in its own right.

Difficulty: medium, S1
Distance: 24.7 km
Duration: 4:00 h
Ascent: 815 m
Descent: 815 m

Start: St-Luc (1,629 m)
Arrival: St-Luc (1,629 m)



This all-mountain tour in the heart of the rocky Leukerbad arena will make mountain bikers' hearts beat faster with breathtaking views of the Rhone Valley and action on the trails, such as the crossing of the 'Chäller', where you will have to push your mountain bike on a path secured by steel cables, and a 1,100 metre descent on high-level single trails.

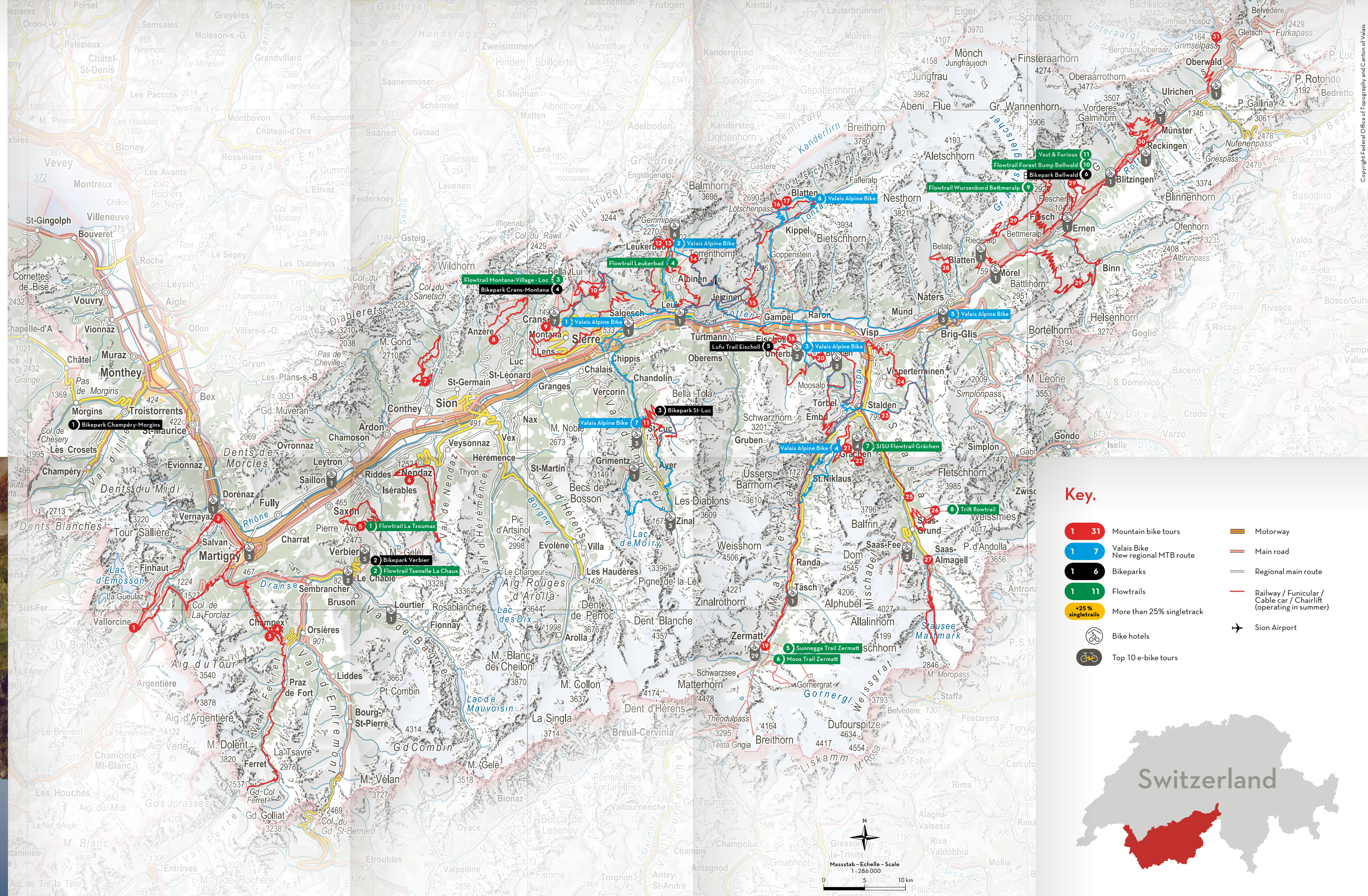
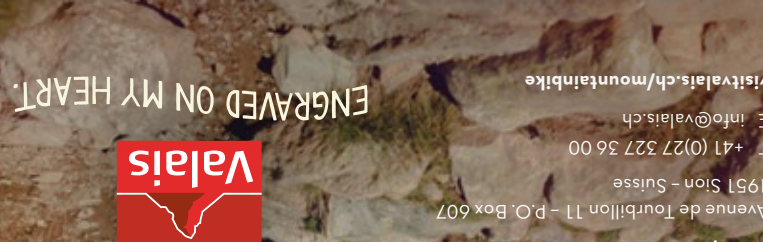
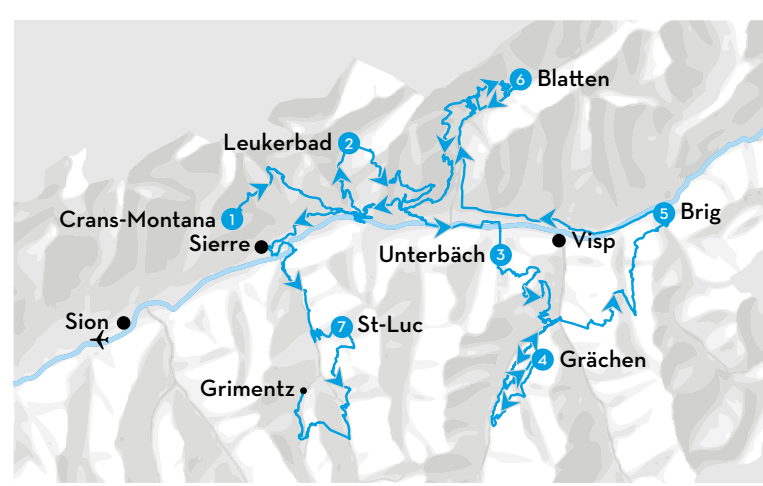
Difficulty: medium, S1
Distance: 17.5 km
Duration: 2:00 h
Ascent: 455 m
Descent: 1,207 m

Start: Loèche-les-Bains (1,379 m)
Arrival: La Souste (623 m)

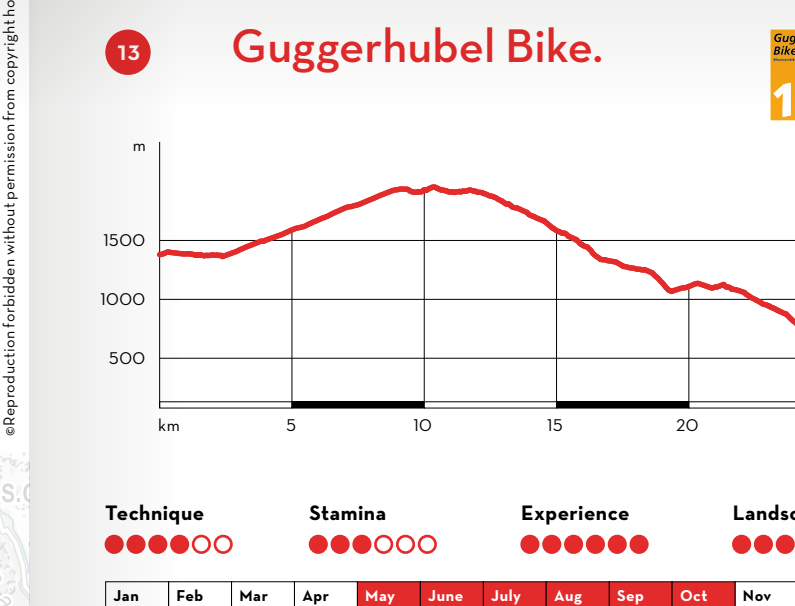
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Experience the ultimate adventure behind the handlebars of your mountain bike! Our mountain bike offer has been specially developed for adventurous riders: you'll see the best of Valais by MTB or e-bike, whether you're on a multi-stage tour or riding with a certified guide. From mountain bike paths to flow singletrack trails, the best routes have been specially selected to ensure you have an unforgettable stay. visitvalais.ch/valaisbike

- Alpine Bike Offers**
- 3, 4 or 7 night itineraries
 - Daily luggage transport
 - Entry to Leukerbad thermal baths
 - Cable car/chairelift transfers as per the programme.



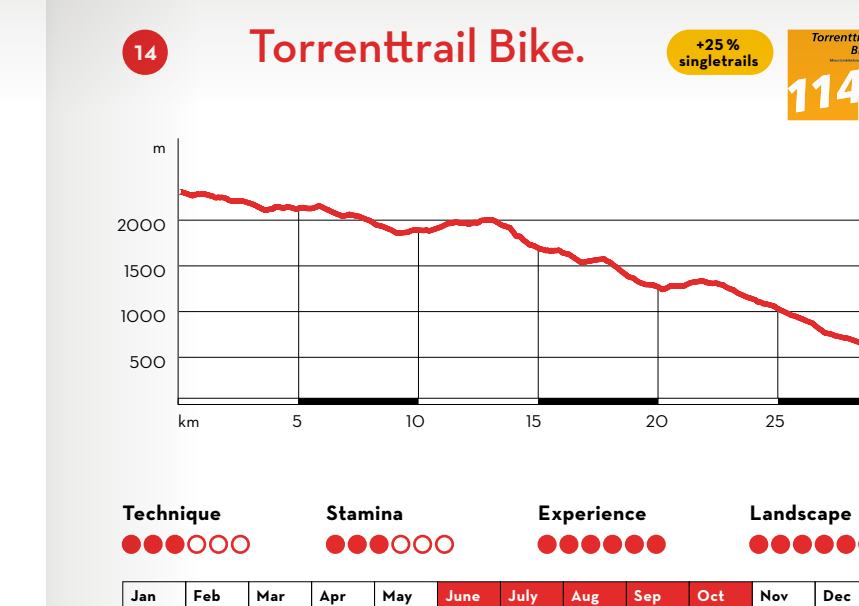
- Key.**
- 1 31 Mountain bike tours
 - 1 7 Valais Bike New regional MTB route
 - 1 6 Bikeparks
 - 1 11 Flowtrails
 - +25% singletrack More than 25% singletrack
 - Bike hotels
 - Top 10 e-bike tours
 - Motorway
 - Main road
 - Regional main route
 - Bakery / Funicular / Cable car / Chairlift (operating in summer)
 - Sion Airport



Set off on a medium-difficulty adventure from the centre of the village of Leukerbad and climb towards Torrentalp to enjoy the view of numerous 4,000-metre peaks in the Alps. A single track leads you through Heward, a section of forest destroyed by fire in 2003.

Difficulty: medium, S1
Distance: 26.5 km
Duration: 3:00 h
Ascent: 714 m
Descent: 1470 m

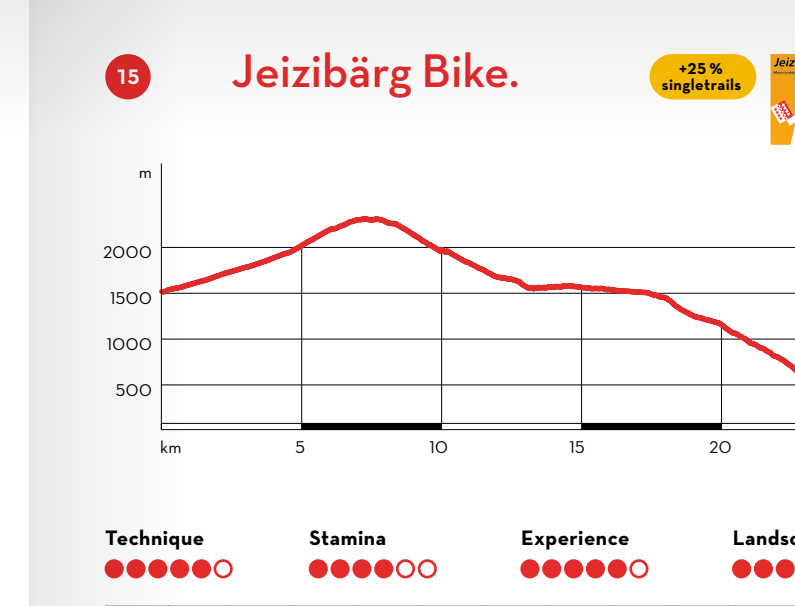
Start: Leukerbad (1,379 m)
Arrival: Susten (623 m)



Take the cable car from Leukerbad to the Rinderhütte and enjoy a varied itinerary of single trails with magnificent views of the Rhone Valley and the surrounding 4,000-metre mountains, charming villages, fragrant coniferous forests and fun trails with natural obstacles.

Difficulty: medium
Distance: 29.2 km
Duration: 3:05 h
Ascent: 332 m
Descent: 2,021 m

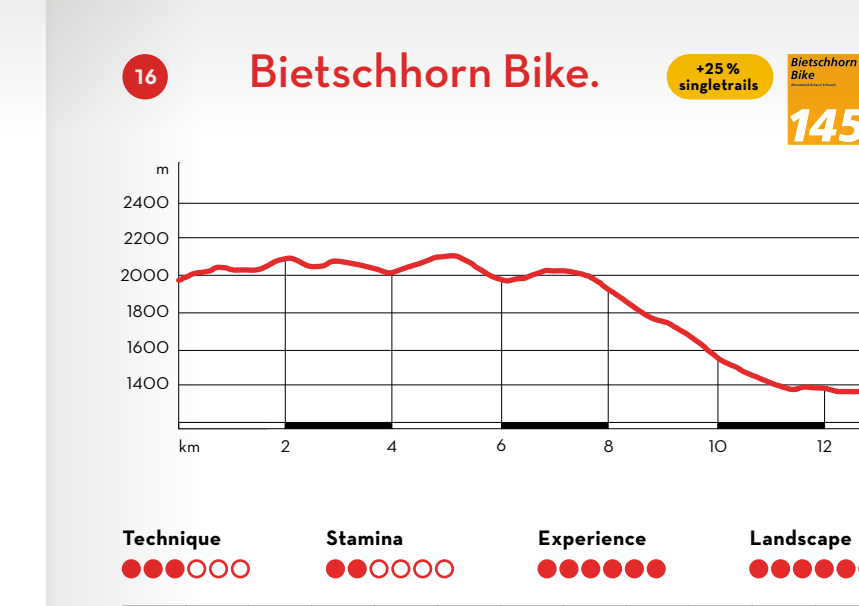
Start: Rinderhütte (2,312 m)
Arrival: La Souste (623 m)



With a challenging ascent and some technical downhill sections, this route is perfect for nature lovers and landscape enthusiasts. It offers a magical view of the Lötschental and the majestic 4,000-metre Alps and its combination of flow and rocky sections makes it unique.

Difficulty: difficult
Distance: 25 km
Duration: 3:40 h
Ascent: 843 m
Descent: 1,728 m

Start: Jeizinen (1,516 m)
Arrival: Gampel (633 m)



The Lötschental is a valley of many customs and unspoilt nature, offering mountain bikers spectacular views and routes. This varied route leads from Lauchernalp to Wiler and offers wonderful panoramic views, especially of the Bietschhorn.

Difficulty: medium, S2
Distance: 13.2 km
Duration: 1:45 h
Ascent: 349 m
Descent: 922 m

Start: Lauchernalp (1,969 m)
Arrival: Wiler (1,397 m)

