

HOLIDAY MAP.

VALAIS.

221 top attractions

ENGRAVED ON MY HEART.



Natural areas.

Parks and nature reserves.

- 1 Binn Valley Nature Park, B8
- 2 Aletsch glacier, A8
- 3 UNESCO World Heritage Swiss Alps Jungfrau-Aletsch, A8
- 4 Aletsch Forest Nature Reserve, B8
- 5 Baltschiederlatsch, C7
- 6 Europe's highest vineyard, Visperterminen, C7
- 7 Grundberg-Almagellerlatsch reserve, D7
- 8 Glacier trail and Lämmerenhütte, Leukerbad, B5
- 9 Pfyn-Finges Nature Park, C5
- 10 Vallon de Réchy nature reserve, D5
- 11 Derbordence nature reserve, C3
- 12 Haut val de Bagnes nature reserve, E4
- 13 Follatères nature reserve, Fully, D2
- 14 Trient Valley Nature Park, Salvan, D2
- 15 Lac de Taney nature reserve, Vouyry, C1

Geological sites.

- 16 Gold mine, Gondo, D8
- 17 Mittellalain ice pavilion, Saas-Fee, E7
- 18 Ice Palace, Zermatt, F6
- 19 Dala Gorge, Leukerbad, B5
- 20 Underground lake, St-Léonard, C4
- 21 Pyramids of Euseigne, D4
- 22 Durnand Gorge, Bovernier, E2
- 23 Trient Gorge, Vernayaz, D2
- 24 Fairy Cave, St-Maurice, C2

Alpine gardens.

- 25 Alpine Garden, Riederalp, B8
- 26 Medicinal plant garden, Auserberg, C6
- 27 Ricola herb Garden, Zermatt, E6
- 28 Erschmatt Botanical Garden, C6
- 29 Japanese garden, Nendaz, D4
- 30 La Linnaea, Bourg-St-Pierre, F3
- 31 Alpine botanical garden Flore-Alpe, Champex-Lac, E3

Footbridges.

- 1 Goms Bridge, Ermen, B8
- 2 Jolischlucht, Niedergesteln, C6
- 3 Milibach, Unterbach, C6
- 4 Bhutanese bridge, Leuk, C5
- 5 Niouc, Chippis, C5
- 6 Passerelle à Farinet, Saillon, D3
- 7 Viège Gorge, Troistorrens, C2
- 8 Troistorrens - Chenarier, Troistorrens, C1
- 9 Jorette, Torgon, C1

Hiking routes.

Hike to a mountain hut.

- 1 Bettmerhorn - Hängebrücke Aspi-Titter, Bettmeralp, B8
- 2 Bortelhütte, Rosswald, C8
- 3 Lake Mattmark loop, Saas-Almagell, E7
- 4 Höhenweg Allmagelleralp, Saas-Grund, D7
- 5 Falleralp-Rundweg, Falleralp, B7
- 6 Höhenweg Schalb - Jungu, Embd, D6
- 7 Glacier trail and Lämmerenhütte, Leukerbad, B5
- 8 Cabane des Bacs de Bosson, Nax, D5
- 9 Sentier des Bouquetins, Hérémence, E4
- 10 Thyon - Grande Dixence, Thyon, D4
- 11 Balavaux larches, Nendaz, D3
- 12 Tour du Grand Chavalard, Ovronnaz, D3
- 13 Cabane Brunet - Cabane FXB Panosière, Fionnay, E4
- 14 Roc Coupé - Bonavau - Champéry loop, D1
- 15 Lac de Taney trail, C1

Educational and botanical trails.

- 16 Salzgab chestnut grove, Morel-Filet, B8
- 17 Saffron trail, Mund, C7
- 18 Glacier trail, Saas-Fee, D7
- 19 Dossen glacier garden, Zermatt, E6
- 20 Chemin des planètes (Planet trail), St-Luc, C5
- 21 Cep à la Cime trail, Chamoson, D3
- 22 Sentier botanique mille fleurs (botanical trail), Ovronnaz, D3
- 23 Châtagneraie (chestnut forest), Fully, D3
- 24 Mont-Chemin mine trail, Verbier, D3
- 25 Chemin des blocs erratiques (erratic boulder), Monthey, C2
- 26 À saute-frontière (border-jumper trail), St-Gingolph, B1

Bisses (ancient irrigation channels).

- 1 Trusera, Ermen, B8
- 2 Bisse Chrummbaschiet, Simplon, D8
- 3 Nessler - Obersta - Stigwasser, Blatten bei Naters, B7
- 4 Chicheri - Eggeri, Grächen, D7
- 5 Manera - Stägüru - Länggeru, Auserberg, C7
- 6 Alte Suon - Alte Eschler Suon - Haberson, Bürgchen, C6
- 7 Ergische and Tenneri, Ergisch, C6
- 8 Grand bisse de St-Luc and bisse Roux, St-Luc, C5
- 9 Benou - Varnersuon - Mengis, Venthône, C5
- 10 Vercorin, C5
- 11 Grand bisse d'Ayent, Anzère, C4
- 12 Clavau, Sion, C4
- 13 Lentine and Mont d'Orge, Saviese, C4
- 14 Bisse Vieux and du Milieu, Nendaz, D4
- 15 Salins, Nendaz, D4
- 16 Grand bisse de Vex, Veysonnaz, D4
- 17 Levron, Verbier, D3
- 18 Ravines, Verbier, E3
- 19 Champex-Lac, Champex, E2
- 20 Trient, E2

Golf courses.

- 1 Obergoms, A9
- 2 Bettmeralp, B8
- 3 Matterhorn, Randa, D6
- 4 Leuk-Susten, C6
- 5 Sierre, C5
- 6 Crans-Montana, C5
- 7 Sion, C4
- 8 Verbier, D3

Thermalism.

- 1 Salina Maria, Breiten-Mörel, B8
- 2 Brigerbad, C7
- 3 Leukerbad Thermo, Walliser Alpenthermie & Spa, Thermo 51*, Leukerbad, B5
- 4 Les Grands Bains d'Hérémence, D4
- 5 Bains d'Ovronnaz, D3
- 6 Bains de Saillon, D3
- 7 Bains de Lavey, D2

Train excursions.

- 1 Furka steam train, Oberwald, A10
- 2 Gornergrat Bahn, Zermatt, E6
- 3 Glacier Express, Zermatt, E6
- 4 Vertic'Alp, Emosson, E2

Mountain Bike Flowtrails.

- 1 Vast & Furious and Forest Bump, Bellwald, B8
- 2 Wurzenbord, Bettmeralp, B8
- 3 Trift, Saas-Grund, D7
- 4 Grächen, D7
- 5 Loichi Trail, Lauchernalp, B6
- 6 Sunnegga and Moos Trails, Zermatt, E6
- 7 Leukerbad, B5
- 8 Family Trail, Vercorin, C5
- 9 Montana-Village - Loc, Crans-Montana, C5
- 10 La Tzoumaz, D3
- 11 Tsenelle - La Chaux, Verbier, E3

Bike routes.

- 1 Route du Rhône, A10
- 2 Valais Cycling Tour: Oberwald - Brig, A9
- 3 Valais Cycling Tour: Brig - St-Luc, C8
- 4 Vineyard Trail, D2, C5
- 5 Valais Cycling Tour: Leukerbad - Oberwald, B5
- 6 Valais Cycling Tour: St-Luc - Veysonnaz, C5
- 7 Valais Cycling Tour: Crans-Montana - Leukerbad, C5
- 8 Valais Cycling Tour: Sion - Crans-Montana, C4
- 9 Valais Cycling Tour: Veysonnaz - Verbier, D4
- 10 Valais Cycling Tour: Verbier - Champéry, D3
- 11 Valais Cycling Tour: Champéry - Le Bouveret, D1
- 12 Valais Vélo Tou: Le Bouveret - Sion, B1

Visits to dams.

- 1 Gibidum, Blatten, Balalp, Naters, B8
- 2 Mattmark, Saas-Almagell, E7
- 3 Moiry, Grimentz, D5
- 4 Tseuzier, Ayent, B4
- 5 Cleusson, Nendaz, D4
- 6 Gornergrat, Hérémence, E4
- 7 Mauvoisin, Verbier, E4
- 8 Les Toules, Bourg-St-Pierre, F3
- 9 Émosson, Finhaut, E2
- 10 Salanfè, Savlan, Les Marécottes, D2

Parks.

- #### Adventure parks.
- 1 Adventure Park, Fiesch, B8
 - 2 Baschweri Adventure Park, Bettmeralp, B8
 - 3 Adventure Park, Blatten-Belalp, B7
 - 4 Adventure Forest, Saas-Fee, D7
 - 5 Forest Fun Park, Zermatt, E6
 - 6 Adventure Forest, Vercorin, C5
 - 7 Fun Forest, Crans-Montana, C5
 - 8 AlpLine, Hérémence, E4
 - 9 RealFly Indoor Skydiving, Sion, C4
 - 10 Adventure Park & Alais Bay, Domaines des Iles, Sion, D4
 - 11 Mont 4 Zipline, Nendaz, Verbier, E4
 - 12 Suspension trail, Verbier, E3
 - 13 Tyrolines La Broya, Champex-Lac, E3
 - 14 Suspension trail, La Fouly, F2
 - 15 Tyrolienne EMOSSIONelle, Finhaut, E2
 - 16 Organic Adventurer Parc, Champéry, D1

Amusement parks.

- 17 Happyland, Sierre, C5
- 18 Western City, Martigny, D2
- 19 Labyrinth the Adventure, Evionnaz, D2
- 20 Aquapark, Le Bouveret, B1
- 21 Swiss Vapeur Parc, Le Bouveret, B1

Animal parks.

- 22 Arche des Crétilions, Chalais, C5
- 23 Gîte agritouristique d'Ossona, St-Martin, D4
- 24 Alpine Zoological Park, Les Marécottes, D2
- 25 Le Relais, Les Crossets, D1

Culture.

Museums.

- 1 Pro Natura Villa Cassel, Riederalp, B8
- 2 World Nature Forum, Naters, C7
- 3 La Caverna, Naters, C7
- 4 Lötschentaler Museum, Kippel, B6
- 5 Matterhorn Museum, Zermatt, E6
- 6 Wine Museum, Sierre - Salgesch, C5
- 7 Opale foundation, Lens, C5
- 8 Bisses Museum, Ayent, C4
- 9 Fellini Foundation, Sion, C4
- 10 Cantonal Museums, Art Museum, Nature Museum, Sion, C4
- 11 Fondation Pierre Gianada, Martigny, D2
- 12 Barryland, Martigny, D2

Patrimony.

- 13 Parish Church Birth of Mary, Reckingen, A9
- 14 Chaplaincy residence and St. George's Parish Church, Ermen, B8
- 15 Stockalperschloss, Brig, C7
- 16 Castle Church and Rainer Maria Rilke's final resting place, Raron, C7
- 17 Historic mills, St-Luc, Anniviers, C5
- 18 Château Mercier/Rainer Maria Rilke Foundation, Sierre, C5
- 19 St-Nicolas Church, Hérémence, D4
- 20 Valère and Tourbillon Castles, Sion, C4
- 21 Couvent Les Capucins, Sion, C4
- 22 Roman ruins, Martigny, D2
- 23 Grand-St-Bernard Hospice, kennel and treasure chamber, F3
- 24 St-Maurice Abbey and its treasure, C2
- 25 St-Maurice Castle, C2
- 26 Romanesque Church, St-Pierre-de-Clages, D2

Winter sports.

Winter hikes.

- 1 Moosfluh - Riederalp, Riederalp, B8
- 2 Britannihütte, Saas-Fee, E7
- 3 Blauerhd-Fluhalp, Zermatt, E6
- 4 Tignousa - Hôtel Weisshorn, St-Luc, C5
- 5 Loutze, Ovornaz, C3

Snowshoeing.

- 6 Rosswald - Fleschboden, Rosswald, C8
- 7 Women's Quotation snowshoe trail, Unterbach, C6
- 8 Panoramaweg Rottenboden, Zermatt, E6
- 9 Plan Beau, Liddes/Vichères, E3
- 10 Champoussin - Frâchette, Champoussin, C1

Hiking groups - back-country skiing.

- 11 Belalp, B7
- 12 Anniviers, C5
- 13 Arolla, E5
- 14 Anzère, C4
- 15 Nendaz, D4
- 16 Les Marécottes, D2
- 17 Morgins, C1

Cross-country ski trails.

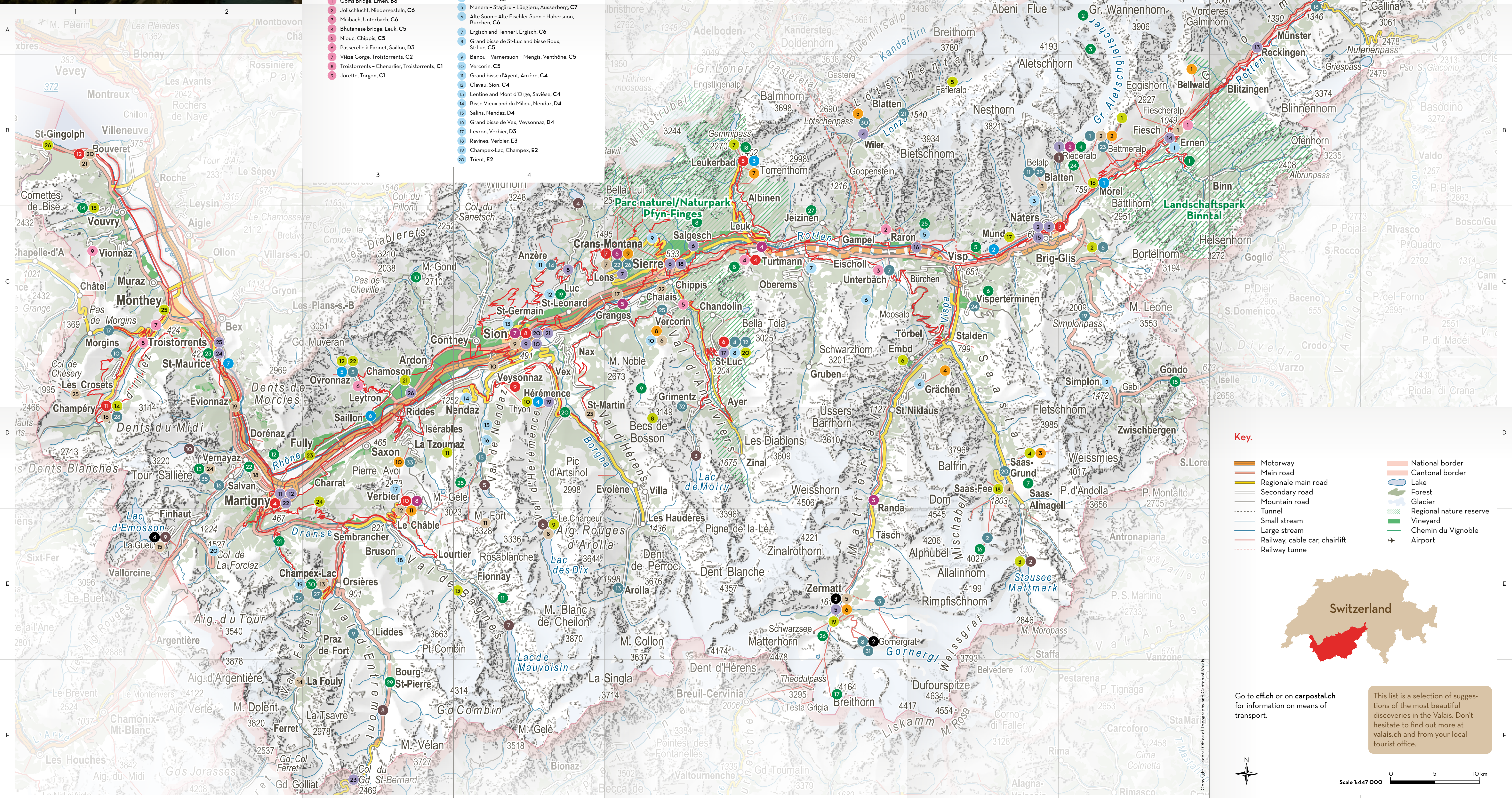
- 18 FIS racetrack, Ulrichen, A9
- 19 Simplon, Simplon Pass, C8
- 20 Saas, Saas-Grund, D7
- 21 Blatten - Falleralp, B6
- 22 Moubra, Crans-Montana, C5

Ice rinks.

- 23 Bachlla, Bettmeralp, B8
- 24 Bodumatte, Visperterminen, C7
- 25 Le Larioz, Vercorin, C5
- 26 Centre Ycoor, Crans-Montana, C5
- 27 Lac, Champex-Lac, E3
- 28 Palladium, Champéry, D1

Toboggan runs.

- 29 Belalp - Blatten, B7
- 30 Anniviers - Wiler, B6
- 31 Gornergrat, E6
- 32 Gimentz, D5
- 33 La Tzoumaz, D3
- 34 Champex-Lac, E3
- 35 Les Marécottes, D2



Key.

	Motorway		National border
	Main road		Cantonal border
	Secondary main road		Lake
	Regional road		Forest
	Mountain road		Glacier
	Tunnel		Regional nature reserve
	Small stream		Vineyard
	Large stream		Chemin du Vignoble
	Railway, cable car, chairlift		Airport
	Railway tunne		

Go to cff.ch or on carpostal.ch for information on means of transport.

This list is a selection of suggestions of the most beautiful discoveries in the Valais. Don't hesitate to find out more at valais.ch and from your local tourist office.

Scale 1:447 000



Valais at a click.

E-shop.

Looking for activities, accommodation, a ski lift ticket or an overnight stay? Whether for a day, a weekend or several days, you're sure to find it in our e-Shop. Solo, with friends, as a couple for a romantic break, with the family, for a skiing, cycling or wellness break, the hardest part will certainly be to choose.

visitvalais.ch/shop

Boutique Valais.

With the Boutique Valais selection branded in the canton's colours, you'll always have a bit of Valais by your side. Clothes, backpacks, glasses, raclette kits or items for your home, books or photo prints discover our unique articles and gift boxes to treat both you and your loved ones.

boutique-valais.ch

Hikes.

Walking is one of the most popular activities in Valais. With almost 9000 km of marked trails, hikers can enjoy themselves to their heart's content, whether in the mountains, through larch forests, nature parks, over footbridges, along historic stretches or wine trails. Valais offers a wide choice of activities for both sporty walkers and strollers alike. There are also a number of paths accessible to people with reduced mobility, and picturesque themed trails where flora and fauna can be observed at close quarters. In order to offer all trail users a place to get away from it all and share unforgettable moments, whether on foot or mountain bike, respecting nature and agriculture is paramount, as is promoting cohabitation between hikers and mountain bikers.

visitvalais.ch/hiking

The bisses, inexhaustible sources of life.

For over 700 years, the bisses, Valais' historic irrigation canals, have carved out the arid surrounding landscapes, sometimes with daring layouts, to carry fresh glacier water to meadows, vineyards and orchards. Many of the hiking trails along these canals invite you to enjoy a variety of walks along historic paths. An unforgettable stroll along the water's edge!

visitvalais.ch/bisses

A biker's paradise.

Cycling enthusiasts, amateur and experienced cyclists alike will find Valais to be a veritable Eldorado for two-wheeling. With paths winding through vineyards, perfectly signposted cycle tracks and grandiose mountain passes, over 2,000 km of different itineraries and adventurous routes offer a not-to-be-missed opportunity to enjoy the pleasures of cycling in Valais.

Why not make the most of a beautiful bike ride along a signposted climb and set off from the valley heading for summits, dams or passes? Want more? The Valais Vélo Tour is 740 km long, with 18,500 m difference in height and 25 climbs, all spread over ten legs, providing a complete tour of the canton by bike. From Lake Geneva to Oberwald, its ten itineraries cover plains, mountains, valleys, towns, vineyards and the banks of the Rhône.

visitvalais.ch/cycling

Valais, a playground for mountain bikers!

A true paradise for all adventurers, Valais is a huge playground for mountain bikers. Perfectly marked trails, dreamy single-trails, bike parks, pumptracks and flowtrails tempt beginners and two-wheeled specialists alike to exercise their talents. And to get to the top of the mountain more quickly, public transport and more than a hundred ski lifts enable mountain bikers to get the most out of a day's mountain biking with the least possible effort. Valais will soon be the mountain-biking capital of the world, hosting the World Mountain-Biking Championships in 2025, bringing all mountain-biking events together in one region for the first time in history. At the same time, a multi-stage regional route, the Valais Alpine Bike, has been developed to take you along the best Alpine single-trails from Crans-Montana to Brig, via the Leukerbad (Leukerbad-les-Bains) region, Moosalp, Grächen and on to the Lötschental and Anniviers valleys.

In order to offer all trail users a place to get away from it all and share unforgettable moments, whether on foot or mountain bike, respecting nature and agriculture is paramount, as is promoting cohabitation between hikers and mountain bikers.

visitvalais.ch/bike

Valais, the most beautiful of all seasons.

Nestled in the heart of the Alps, Valais is a multi-faceted valley. Between plains and mountains, vineyards and rocks, tradition and innovation, every corner of the canton is an open invitation to relax and enjoy the pleasures of life. A veritable playground for young and old, sports enthusiasts, gourmets and families alike, the region offers a variety of activities, both accessible and intense, to discover with friends, family or on your own. It's the perfect place to make memories that will remain engraved in your heart.

Summertime, intensely.

Enchanting forests, emerald-green waters, unspoilt nature: the sun's generous rays enhance Valais' fabulous landscapes with their soft light. You'll be captivated by all the nuances of this region, to be discovered in a multitude of ways. Whether you choose to hike, cycle or mountain bike, it's up to you to create your own summer memories in the heart of the most majestic peaks in the Alps.

Shimmering autumn.

Golden larch, mouth-watering flavours, enchanting landscapes: autumn in Valais conquers the hearts of adventurers, families and epicureans alike. Adorned in all her finery, nature puts on a breathtaking show, enhanced by the incredible light of autumn days under azure skies from which the majestic 4,000 Valais peaks stand out so wonderfully. It's also during this season, when the vineyards are clad in their finest colours, that the best Valais vintages are born, the fruit of an incredible diversity of grape varieties.

Winter, in a thousand different ways.

Welcome to the ultimate winter paradise with 2,800 km of groomed slopes, guaranteed snow and ski areas located up to nearly 4,000 m. Valais offers a vast choice of destinations for the topmost winter vacations!

Spring.

In Valais, the sun is almost always out and temperatures are pleasant as soon as spring arrives, so many outdoor activities can be started as soon as you've put your skis away. Whether you're hiking or mountain biking on low-altitude trails, or cycling along the Rhône Valley, you can start your season as soon as the first buds appear.



World of wellbeing and relaxation.

Nowhere will you feel as close to the towering peaks draped with glaciers as in Valais. Pure mountain air makes for scintillating vistas by day and star-filled skies by night. Boundless horizons, pristine nature and blissful tranquillity refresh body and soul. From deep under the mountains, mineral-rich waters emerge at hot springs that supply thermal baths and stylish spas throughout Valais, promising total relaxation. Experience the pure energy of the Alps in a uniquely uplifting setting; you'll feel on top of the world.

visitvalais.ch/wellbeing

A cradle of innovation and ideal for living, working and studying.

Valais is an unparalleled place to live and work, an industrial production site and a major exporter. Its assets range from bilingualism to an unspoilt natural environment with a Mediterranean climate, a lower cost of living, advantageous working conditions and an attractive economy. As a land of innovation, Valais meets progress on a daily basis, be it with top training and study courses, cutting-edge technologies or future-oriented competence centres. Whether family-owned SMEs, young start-ups or international corporations, the canton offers industrial and technology companies an outstanding incubator. Because in Valais, the future is the present.

visitvalais.ch/living-working

Ski and snowboard.

If you love skiing, you'll love Valais! Not only do the majestic 4,000-metre mountains create an impressive panorama, but they also provide a unique setting in which to experience winter sports. The possibilities are endless. That's because Valais has the highest-altitude ski regions in Switzerland and can therefore offer a unique guarantee of snow on over 2,000 kilometres of slopes.

visitvalais.ch/ski

Winter hiking.

It's possible to enjoy the delights of winter in Valais at a more leisurely, relaxed pace. A hike through snowy forests or a snowshoe trek through an Alpine landscape help body and soul find their equilibrium. Not only do the majestic 4,000-metre mountains create an impressive panorama, but they also provide a unique setting in which to experience winter sports, with beautiful trails leading through forests, over wide snowfields and along the impressive towering peaks.

visitvalais.ch/other-winter-activities



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Cultural, mystical Valais.

Valais is proud of its cultural heritage and has many exciting stories to tell. Each region in the canton has its own customs, traditional costumes and culinary specialities that have been passed down for generations. Its historical sites, castles, fortresses, churches, museums and sun-burned Valais houses tell of a glorious past. Not to mention the bisses, the historical irrigation channels that are true emblems of Valais. As a melting pot of different cultures, Valais inspires artists from near and far as well as guests from all over the world. This Alpine valley with its lively traditions is extremely versatile. Don't miss a world bursting with creativity and be sure to experience the numerous cultural events.

visitvalais.ch/culture



Family fun.

Valais is an ideal destination for families. Countless activities, offers and facilities are specially designed for children and adults to enjoy together, for magical moments of relaxation. Families discover walks and bike rides of all levels, from treasure hunts to mountain hikes with a night at a mountain cabin. Youngsters adore this vast outdoor playground, which encourages them to burn off energy in the open air and explore the world around them. Adults appreciate the captivating landscapes, the tranquillity and the chance to commune with pristine nature. All this makes Valais the ideal location for sharing enchanting experiences together as a family.

visitvalais.ch/family



Wine tourism.

With vineyards covering 4,700 hectares, Valais is the largest wine-making region in Switzerland: magnificent landscapes with unusually sunny hillsides, 55 grape varieties that form the basis for a number of great wines, and traditions that lend them character and identity.

visitvalais.ch/winetourism

The Valais brand label.

The Valais brand is also a cross-sectoral label of quality that certifies Valais products. This allows consumers to easily recognise high-quality products from regional producers who care about their impact on the environment.

visitvalais.ch/brand



Unmistakable flavours of Valais.

Robust wines with mineral notes, cheeses with floral undertones, vitamin-rich fruit and vegetables, characterful salted meats and rare spices – Valais is home to a large number of local specialities that taste simply wonderful. From the flatlands of the Rhône valley to the mountain pastures, not forgetting the sun-kissed orchards, the canton is a garden of delights. Nicknamed the "prince of the orchard", apricots are one of the region's flagship products. Raclette du Valais PDO, Valais rye bread PDO, Valais dried meat PGI, Abricotine PDO and white asparagus are others of the canton's emblematic products.

At the "Saveurs du Valais" (Flavours of Valais) restaurants, you can try seasonal local food and enjoy Valais specialities made from traditional recipes. Valais is also a veritable paradise for gourmets, however, as a glance at the famous gastronomic guides swiftly reveals. With stars, points and other distinctions crowning the jewels of Valais gastronomy, these countless, incredibly welcoming venues contribute to the culinary wealth of the region.

visitvalais.ch/winetourism