

Problem

Mental health conditions affect 60 million people in the U.S., with 30 million receiving care. **Mood tracking** provides valuable data for clinicians and enhances self-awareness, improving mental well-being. However, users often abandon tracking due to reliance on manual input, lack of engagement mechanisms, and friction in the process, preventing the maintenance of a long-term mood record.



60M

People have mental health issues

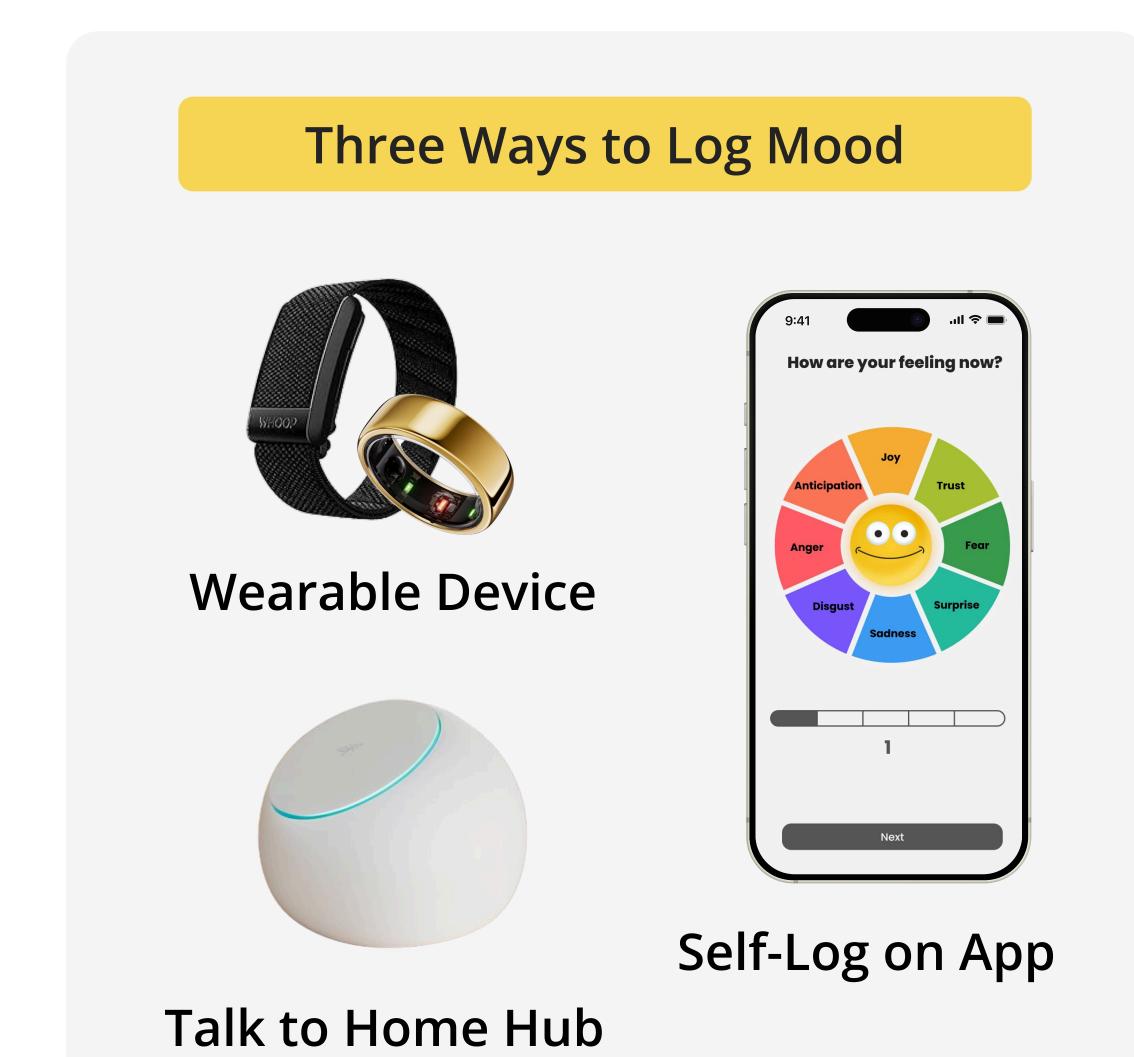


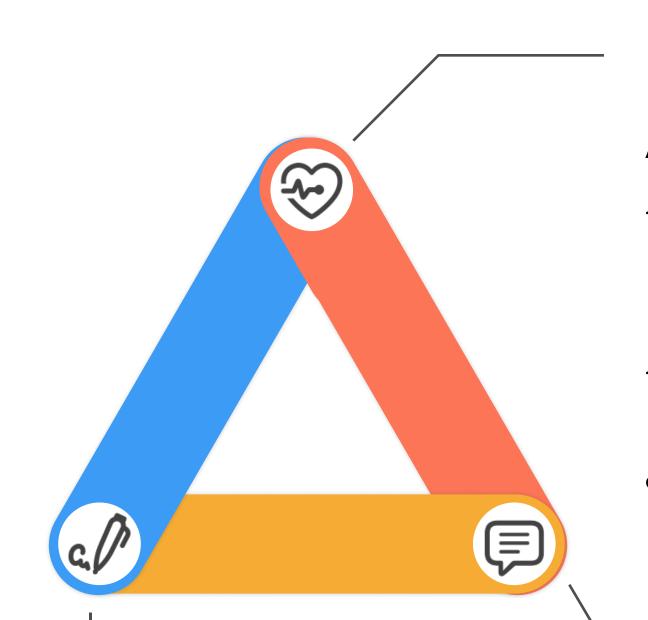
to find the right medication combination



of the people don't track moods regularly

Solution





Physiological Data

An Al-driven algorithm estimates the user's mood by analyzing biometric data. It automatically tracks mood patterns and prevents gaps in mood records.

Self-Report Data

Users actively log moods in the app, which helps calibrate our system to reach higher accuracy.

Speech Data

An Al-powered Home Hub analyzes the user's conversational data, capturing emotional nuances and contextual meaning.

Process



Research & Definition

Interviewed users and mental health clinicians to identify mood tracking challenges and clinical needs; created personas and journey maps to highlight pain points.



Concept Development

Brainstormed to develop mood tracking and estimation methods. Generated three concepts including physiological data, conversational AI, and predictive analytics. Created low-fidelity prototypes to evaluate feasibility.



Prototyping & Testing

Developed high-fidelity prototypes for Neuropy's mobile app and Home Hub; conducted usability tests and refined based on user feedback.



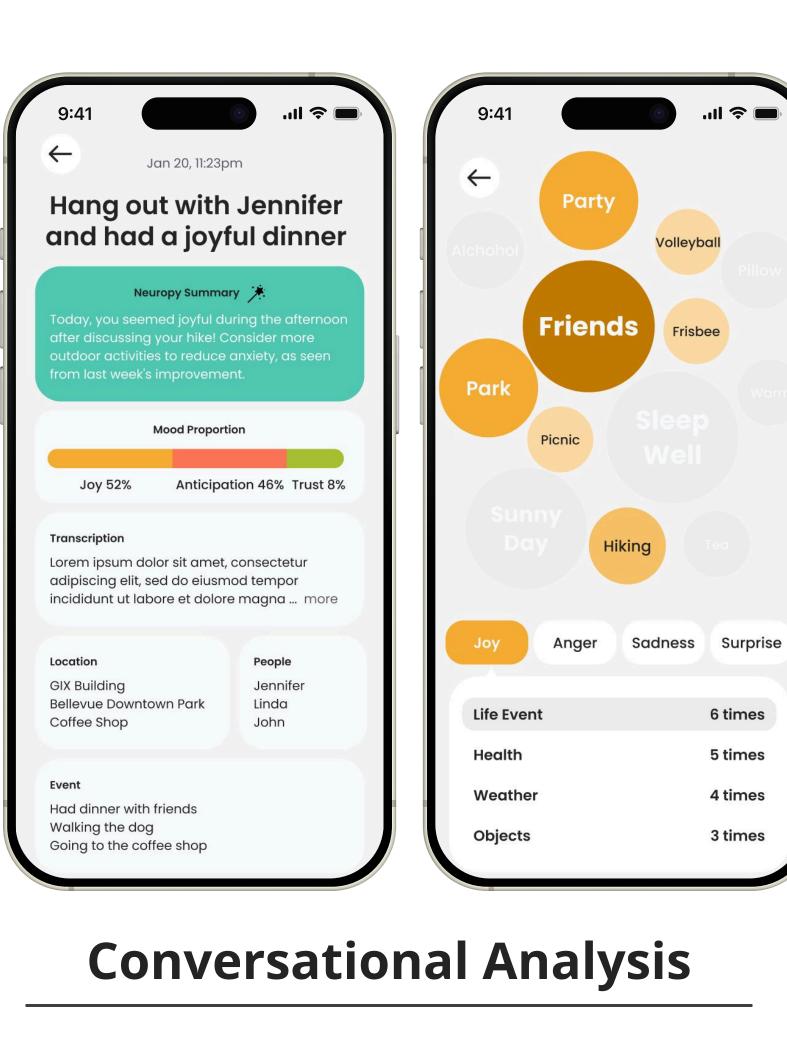
Technical Implementation

Created a machine learning model for mood detection using physiological data; integrated 5G connectivity into Home Hub for secure, reliable data transfer.

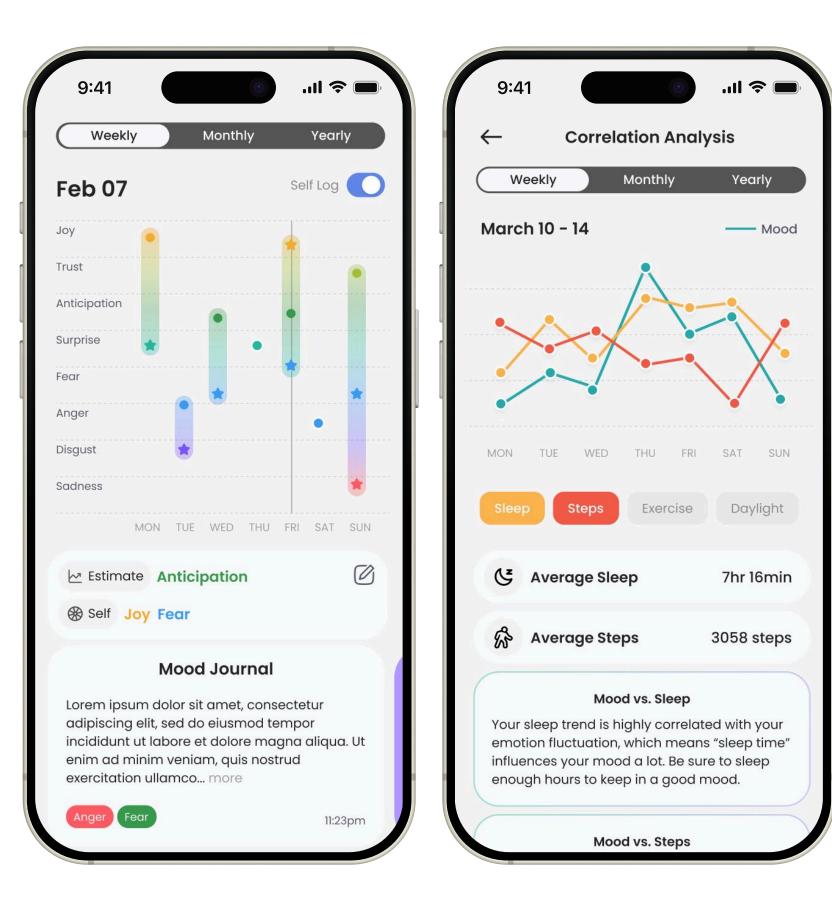




Mood Insights Hi, Jennifer **Mood Trend** Slight Above than usual mood **Understand Your Mood Triggers Identify Factors Mood Journal Tone Analysis**



Transcribe conversations and analyzes tone to identify subtle cues in speech, helping recognize mood shifts and potential triggers.



Trend & Correlation

Monitor mood fluctuations over time and discover correlation between factors that impact mood, like sleep, exercise, and daylight.

Technical Diagram

Hardware and Features for Home Hub



Hub

