

Safeguarding Policy 2025-2026

Your guide to help you decide what could be a problem for you and how to get help. Are any of these things happening to you, a friend, sibling or teammate? You have the right to live free from harm. It is important you tell an appropriate adult who can support you.

BULLYING

Is someone intentionally hurting you physically or saying things that upset you?

Discriminatory: Saying hurtful comments about your disability, race, religion, sexual orientation

Emotional: Being unfriendly, sending hurtful text messages, tormenting (e.g. hiding football boots/shin guards, threatening gestures)

Physical: Pushing, kicking, hitting, punching or any use of violence

Verbal: Name-calling, sarcasm, spreading rumours, teasing

EXPLOITATION

Is someone making you do something you do not want to do?

- This may be sexual for example, touching you in areas you are not comfortable with or forcing you to do sexual things you do not want to do
- This may also be asking you to hide packages or take drugs to another person
- This may involve giving you something in exchange for doing something that is illegal or that you do not want to do. (e.g. money, food, mobile phone, clothes, drugs and alcohol)

NEGLECT

This is where the adult who is looking after you may not look after you properly

- Do you have food, clothes, and a happy and warm home?
- Do you go to your doctors, dentists and eye appointments?
- Are you ever left alone at home or at training to look after yourself or other people?

WHO DO I TELL & WHAT HAPPENS NEXT?

If you are worried about yourself or others, you can talk to any adult you feel comfortable with at Manchester United. They will speak with the Safeguarding Team who may need to speak with other services to help you.

- They will not keep secrets and promises if they are worried about you; their job is to keep children safe.
- There will be times when they may need to speak to you, or your parent/carer or other services that support children and their families.

You can contact the Safeguarding Team at safeguarding@manutd.co.uk

Adam Green
adam.green@manutd.co.uk
07500 854 817

Elise Noblet
elise.noblet@manutd.co.uk
07900703951

Lolita Gerald
lolita.gerald@manutd.co.uk
07780956098

Charlotte Oprey
charlotte.oprey@mufoundation.org
07721 423 135

For further support you can contact:

NSPCC helpline 0800 1111 | www.childline.org.uk | www.thinkuknow.co.uk

EMOTIONAL

This is when someone treats you in a way that makes you feel you are not good enough

- Telling you that you are worthless or unloved
- Not listening to your views, making fun of what you say or how you communicate
- Making you feel you haven't worked hard enough at school or playing sport

SEXUAL

This may involve being touched in a way you don't like without giving permission or consent

- Someone flashing or exposing themselves to you online or offline or being forced into doing sexual activity. whether that is by touch or non-contact and you have not given permission or consent
- Looking at sexual pictures or videos, or doing something sexual or watching someone do something sexual

RADICALISATION

This is a process where people, who have views which may be considered radical or extreme, encourage you to support their views and in some cases ask you to support terrorist groups and activities; this is a form of harm.

- Where someone asks you to support extreme views or terrorism online
- Sending messages that encourage violence or hatred

PHYSICAL ABUSE

This is when people physically hurt you on purpose or you see someone else being hurt

- Hitting, punching, slapping with hands or other items, shaking, burning or scalding.