

A friendly surfer’s restaurant

Locals love the pasta made using seasonal ingredients from Wajima and the rest of the Noto Peninsula. If you prefer vegan, the friendly owner, who trained in an Italian restaurant for ten years, is happy to accept your request.

Shiitake Mushroom Tomato Sauce Pasta: ¥1,430

Noto Area 1 orizzonte [オリゾンテ]



4-67, Kawai-machi, Wajima ☎0768-22-1777 ☎12:00-15:00; 18:00-22:00 (except Wednesdays); Closed Sundays, the second and fourth Mondays



Famous restaurant in the middle of Wakura Onsen

In this Japanized Western food restaurant, a chef who trained in France makes a wide range of dishes using local ingredients and offers a Muslim-friendly menu. Advance booking is recommended for the Muslim menu.

Pan-Fried Chicken with Spicy Tomato Sauce: ¥990

Noto Area 4 Restaurant Blossom [レストランブロッサム]



22-2, Wakuramachi, Nanao ☎0767-62-2410 ☎11:00-21:00; Closed Mondays



You can eat 100% plant-based food here!

Inspired by his twin brother’s vegan restaurant in LA, the owner launched this restaurant in 2014 to serve local pesticide-free vegetables and plant-based ingredients. Lots of tourists from abroad have visited here!

Lunch Platter : ¥1,100

Kanazawa Area 7 Los Angeles in Kanazawa [ロサンゼルス]



2-25-101, Ote-machi, Kanazawa ☎076-225-7573 ☎11:00-15:00; Closed Thursdays



Curry born out of the owner’s passion

The Japanese owner developed his bean curry to allow people with different dietary requirements to enjoy meals at the same table. The curry was designed with vegetarians, vegans, and Muslims in mind.

Beans Curry: ¥880

Kanazawa Area 10 Kanazawa Nanahoshi Curry [金澤ななほしカレー]



2F Nakamura bldg, 1-2-18, Hirosaka, Kanazawa ☎076-232-5707 ☎11:00-14:00; Closed Mondays



A 25-year-old restaurant bustling with local fans

The plate lunch menu made using pesticide-free and pesticide-reduced vegetables and soya meat is served on Fridays, Saturdays, and Sundays. They also sell a range of organic vegetables, and specialty foods downstairs and fair-trade clothing upstairs.

Vegan Lunch Set Meal: ¥1,850

Kaga/Hakusan Area 13 NOPPOKUN [のっぽくん]



2-1-1, Honmachi, Nonouchi ☎076-246-0210 ☎10:00-18:00 (l.c. 17:00); Closed Mondays



A pizzeria at the foot of a plateau

You’ll be greeted by friendly staff who want both visitors and locals to enjoy their visit. Try a pizza baked in an oven imported from Italy. They also have salads and vegetable soups available. Just let the staff know if you have any special requests.

Pizza Margherita: ¥1,600

Kaga/Hakusan Area 16 MokuYu Rin [もく遊りん]



Ri 1-6, Yawata-machi, Hakusan ☎076-273-9501 ☎11:00- last call 14:30 (last call 15:00 on Sat. and Sun.); 17:00-last call 20:00; Closed Tuesdays



Much-loved local restaurant in Wajima

This busy restaurant run by a second-generation owner is popular for its nigiri sushi made using fresh seafood from the port of Wajima. Their vegetarian options are vegetable hoso-maki, thinner sushi rolls, and egg nigiri.

Vegetable Hoso-maki Sushi: ¥220 each

Noto Area 2 Miki Sushi [美喜寿司]



5-228, Kawai-machi, Wajima ☎0768-22-3078 ☎18:00- around 23:00; Closed Mondays



Cozy café with a barista from Seattle

A Seattle-style café loved by both international visitors and local residents. They serve sandwiches filled with over seven different vegetables and other ingredients. Vegan options are also available on request.

Vegetarian Chickpeas Greek Sandwich with Chips and Chili Soup : ¥1,410

Kanazawa Area 5 Curio Espresso and Vintage Design [キュリオ]



1-13, Yasuecho, Kanazawa ☎076-231-5543 ☎9:00-16:00; Closed Tuesdays



A popular eatery where people queue for breakfast

This 11-year-old bistro/boulangerie offers tasty, 100% plant-based cuisine, made using local produce and other fresh ingredients. The freshly baked bread, made with carefully selected wheat and yeast, is so popular that there is always a queue for breakfast.

Vegetable Platter: ¥2,580

Kanazawa Area 8 Bistro HIRAMIPAN [ひらみぱん]



1-6-11, Nagamachi, Kanazawa ☎076-221-7831 ☎8:00-17:00; Closed Mondays



For a spicy curry, this is the place!

Friendly Sri Lankan and Indian staff welcome you! The restaurant offers traditional Sri Lankan dishes, such as curry and Dosa, containing various spices. They also have vegan options available on request.

Sri Lankan Banana Leaf Lunch Platter: ¥1,300

Kanazawa Area 11 Sri Lanka Kitchen [スリランカキッチン]



2F 3-6, Kakinoki-batake, Kanazawa ☎076-223-6255 ☎11:30-14:30; 18:00-21:30 (except Tuesdays and Thursdays); Open every day



A relaxing café in the middle of the forest

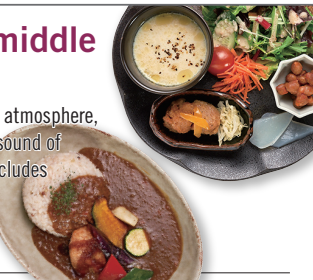
They serve vegetarian dishes in a comfortable atmosphere, soothed by the greenery of the forest and the sound of the river. Their completely vegetarian menu includes curries, pasta, and sweets made using local seasonal vegetables and special ingredients.

Spicy Curry Set Meal: ¥1,595

Kaga/Hakusan Area 14 La Petite Porte [瀬たらの森ーラ・プチポルトー]



Ka 122, Seryo-machi, Komatsu ☎0761-46-1565 ☎10:00-17:00 (Lunch l.c.15:00, Café l.c. 16:30); Closed Wednesdays



A restaurant serving local dishes

The people who live in one of Japan’s heavy snowfall areas have developed unique food cultures and ways of life. Try the traditional Kata-dofu or hard tofu along with local vegetable dishes.

Jige Gozen Set Meal with Kata-dofu: ¥1,650

Kaga/Hakusan Area 17 Saisai [白峰特産品販売施設 菜さい]



Ro 64-3, Shiramine, Hakusan ☎076-259-2588 ☎Weekdays 11:00-16:30 Weekends 10:00-17:00; Closed Tuesdays and Fridays



A sailboat owner’s café in Nanao Bay

This cozy café serves Thai food and fair-trade coffee prepared by the owner, who spent several years on sailboats in areas from the South Pacific to South East Asia. Enjoy relaxing here as you watch the sailboats go by. Vegan options are available on request.

Pad Thai (stir-fried noodles) with Atsuage Tofu: ¥860

Noto Area 3 YOUHO inn & cafes [泊+カフェ+遊帆]



21-2, Sode Nakajima, Nanao ☎076-262-2170 ☎9:00-17:00; Closed Tuesdays,*check their Instagram for irregular closing days



Try making a DIY sushi!

Get a unique experience of making your own sushi rolls. The vegan set consists of dishes selected from over 40 different ingredients, with no fish, eggs, or dairy products. It also includes a self-service tea ceremony with a variety of Japanese tea.

Vegan Set Meal ¥2,180

Kanazawa Area 6 COIL [コイル]



2F Kanazawa Hakomachi, 1-1, Fukuromachi, Kanazawa ☎076-256-5076 ☎11:00-22:00; Open every day



Authentic food prepared by a North Indian chef

Welcoming Jewish and Muslim travelers from abroad, this restaurant offers a wide range of vegetarian and vegan dishes as well as the chicken biryani loved by local Muslims. If you have any special requests, please let the friendly staff know.

Chicken Biryani: ¥1,550

Kanazawa Area 9 AASHIRWAD [アシルワード]



1-4-59, Nagamachi, Kanazawa ☎076-262-2170 ☎11:30-15:00; 18:00-22:00; Closed Mondays (Tuesdays when national holidays fall on Mondays)



A 100% plant-based restaurant

Having worked as a chef in a Japanese restaurant, the owner opened this restaurant over 22 years ago. Offering delicious meals made using special pesticide-free vegetables, it is particularly popular with European tourists.

Healthy Set Meal: ¥1,100

Kanazawa Area 12 Vegan Macrobiotic Vegetarians Restaurant TAKANO [たかの]



3-11-22, Mitsukuchi-shin-machi, Kanazawa ☎076-263-7730 ☎11:00-22:00 (l.c.20:00); Closed Sundays and irregularly



Home-grown vegetable dishes

Having trained at an Italian restaurant near Osaka, the owner moved to this area and discovered the deliciousness of the local vegetables. His Bagna Càuda includes over 10 kinds of home-grown herbs and vegetables.

Bagna Càuda: ¥1,000

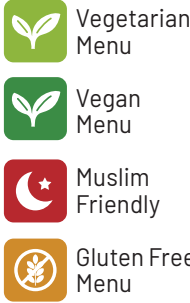
Kaga/Hakusan Area 15 Casa Fortuna [カーサフォルトゥーナ]



18-7, Sakumi-machi, Kaga ☎0761-74-5088 ☎11:30-15:30; 18:00-22:00; Closed Wednesdays, the third sunday



Legend



FOOD DIVERSITY in ISHIKAWA Digital Map

Check out your favorite restaurants for vegetarians, vegans, and Muslims on your smartphone!

FOOD DIVERSITY IN ISHIKAWA

Ishikawa offers a wide variety of fresh vegetables throughout the year.

This is great news for health-conscious travelers. The above is a guide to diverse, vegetarian and vegan-friendly restaurants in the prefecture. Whether it’s vegetarian, vegan, halal or gluten-free dining you’re looking for, check out our comprehensive guide to delicious, wholesome food options in Ishikawa.

