



2018  
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Autumn

# Ishikawa Tourism Newsletter

Special Feature

## Ishikawa's Unique Inns Farmhouse, Shrine and Temple Inns

### Farmhouse Inns Deep immersion in traditional Japanese lifestyle in Noto peninsula 1

#### 40 farmhouse inns

There are 40 different farmhouse inns you can stay at in Shunran-no-Sato, but you can make reservations for all of them at the same place. Large groups can also be accommodated.

#### One party of guests per inn

All of the inns only accept one party of guests at a time, giving them exclusive access to the inn. It also allows the hosts to provide the best hospitality they can, making it feel more like staying at a relative's house than a hotel. For larger groups, you can eat meals with your entire group, and then retire to your individual host families afterwards to relax in your own inn.

### Shunran-no-Sato

In the Noto Peninsula in the North of Ishikawa Prefecture, the bucolic Satoyama farmlands spread out between the mountains. The people here live off the bounty of the fields and mountains, and this traditional connection with nature is still reflected in their everyday lives. In the peaceful villages in the center of this rural landscape, there are 40 traditional farming houses which are now used as inns to host international guests. Here you can enjoy the hospitality of the locals and experience the truly unique charms of the Noto Peninsula.

#### Delicious homemade meals served on Wajima-nuri lacquerware

Enjoy lovingly-crafted homemade meals made from local ingredients and served on fine dishes of Wajima-nuri lacquerware, a local traditional craft.

#### Traditional Japanese houses with sunken hearths

Stay in traditional Japanese houses complete with sunken hearths, tatami mats, thick ceiling beams, and sliding doors.

#### Seasonal activities

In autumn you can try your hand at digging for sweet potatoes and then roasting them to make a delicious piping hot treat, or go hunting for mushrooms. There are different activities available in each season.



- ◆ Prices  
(1 night, 2 meals per guest)  
¥14,580 (single guest)  
¥12,420 (two guests)  
¥10,260 (3 guests)

- ◆ Location  
Sakeo-ku, Miyachi, Noto-cho  
Access: About 1 hour 50 minutes via Wajima-Suzu-Suzu Ushitsu limited express bus, departing from Kanazawa Station, to Anamizu Kunogi bus stop (pickup service from bus stop available)

◆ Inquiries  
<https://shunrannosatooffic2.wixsite.com/syunranyado>

# Shrine and Temple Inns : Step into the world of Buddhism or Shinto for a unique lodging experience

## What are shrine/temple inns?

Shrine and temple inns are lodging facilities associated with a local shrine or temple, originally used to house pilgrims or visiting priests and monks, but in modern times they accept tourists as well. They have a lot of interesting features that make staying in them a unique experience.

Experience an authentic Zen tradition with over 700 years of history at a Sōtō-sect Buddhist temple:

## Sōjiji-soin Temple Inn 2

At the historic Sōjiji-soin Temple, part of the ancient Sōtō-sect of Zen Buddhism, the spirit of Zen lives on to this day. On the temple grounds you'll find an inn where guests can experience a day in the life of the 20 or so monks in training who live and train here. Come experience an authentic Zen lifestyle on these temple grounds.



### Features

## Authentic Zen Ascetic Practice

There are multiple courses available: the Sanzen course, a course in which guests experience authentic Zen training, waking up around 4AM along with the monks in training to participate in Zazen (sitting meditation); as well as the Haishuku course, a more casual course in which guests can still participate in Zazen if they would like. All guests participate in the morning reading of scriptures in front of the Buddha, starting at 5AM.



## Zazen and traditional vegetarian cooking

Experience authentic Zazen meditation in the same meditation hall the monks use for their everyday practice. All meals are made in accordance with Shōjin cuisine, the traditional vegetarian style of cooking made to accommodate Buddhist dietary restrictions. Enjoy delicious meals rich in vegetables, beans, and grains.



## Meet an English-speaking monk from Germany

One of the monks in training is originally from Germany and speaks both English and German, so even guests who don't speak Japanese can participate and fully understand the Zen experience.

### ◆ Prices (1 night, 2 meals per person)

¥6,500 (including ¥400 temple entrance fee and ¥600 Zazen meditation fee)

\*You may also enter the temple and try Zazen without staying as a guest

### ◆ Location

Monzen-machi, Wajima

Access: About 2 hours by car from Kanazawa Station

### ◆ Note

Group lodging available (up to 30 guests), please inquire beforehand

### ◆ Inquiries

Tel: 0768-42-0005

E-mail: [soin.geppert@gmail.com](mailto:soin.geppert@gmail.com)

(account run by German monk Geppert Shōgen)

There are a number of historic buildings on the temple grounds which you can enjoy seeing as you walk around\*. \*Some of the buildings are currently undergoing repairs which are scheduled to be completed in Spring of 2021

### Features

## Himatsuri

Guests can participate in Himatsuri, an ancient Japanese prayer ceremony performed to pray for protection from illness and disaster. Ikumo is the only place in Japan where one can participate in this ceremony, so it's a very rare and special experience.



## Hand-copying Sutras and Meditation

During their stay at Ikumo, guests can try their hand at hand-copying Buddhist sutras or meditating, as they view the grand display of nature just outside the wide panoramic windows and enjoy the serene and calming atmosphere.

## Breathtaking Scenery

Ikumo is located on a scenic mountain peak that offers panoramic views of the entire surrounding area, including Mt. Hakusan, the Sea of Japan, Kanazawa, and even as far as the Noto Peninsula. After waking up to the sounds of birdsong, you can watch the sun rise over Mt. Hakusan in the morning, and in the evening watch as the sun sets over the Sea of Japan.

## An mountaintop inn surrounded by nature: Natadera Temple's Ikumo Lodge 3

On the peak of Mt. Engyo, located between the scenic Natadera Temple and Mt. Hakusan, one of the 3 Holy Mountains of Japan, you will find Ikumo, a scenic inn surrounded by bountiful nature as far as the eye can see. Come rest your body and mind in this serene place of healing.



### ◆ Prices (1 night, 2 meals per person)

¥20,000 (including fees for participation in the Himatsuri ceremony, sutra copying materials, and admission to Natadera)

### ◆ Location

Natamachi, Komatsu

Access: 25min via limited express train from Kanazawa Station to Kaga Onsen Station, then 40min by car from Kaga Onsen Station\*

\*Pickup service available from Kaga Onsen Station and Natadera Temple (please inquire in advance)

### ◆ Note

Closed during winter (Mid-December to Mid-March)

### ◆ Inquiries

<http://www.ikumo-hakusan.jp/en/>

Natadera Temple's autumn leaves are also a must-see!

<http://www.natadera.com/EN/>

# Autumn Events and Activities

## Art

### Oku-Noto Triennale International Art Festival Permanent Installations 4

In the autumn of 2017, the Oku-Noto Triennale, an international art festival where traditional culture and modern art combined to create avant-garde works of art, was held in Suzu, at the furthest point of the Noto Peninsula, and some of those installations are still available for viewing.

- ◆ **Location**  
Suzu (~2 hours 50 minutes via limited express bus from Kanazawa Station)  
There are other viewable installations in addition to those shown here
- ◆ **Contact below for inquiries**  
Oku-Noto International Art Fair Executive Committee Office (Suzu City Hall Planning and Public Finance Section)  
Tel: 0768-82-7720 E-mail: info@oku-noto.jp



Title: Something Else is Possible  
Artist: Tobias Rehberger (Germany)



Title: The Boat Which Carries Time  
Artist: Chiharu Shiota (Japan/Germany)  
Only available for viewing by groups of 20 or more (reservation required)

### Giant Kiriko lantern floats on display at the Wajima Kiriko Art Museum 5

Noto's traditional festivals feature large lantern floats which are paraded around town by the parishioners of the local shrine. At the Wajima Kiriko Art Museum, visitors can view over 30 different Kiriko of varying sizes. As the sound of festival drums and flutes play in the background, re-creating the atmosphere of the lively festival nights, visitors can experience what it's like to step into the energetic world of the Kiriko festivals.

- ◆ **Hours of Operation** 8:00-17:00
- ◆ **Entrance Fee** Single: ¥620, Groups (of over 20): ¥440
- ◆ **Location** Wajima Marine Town  
Access: (~2hrs via limited express bus from Kanazawa Station to Wajima Marine Town)

<http://wajima-kiriko.com/en/>



## Dining

### Pick and eat your own fruit at Kaga Fruit Land! 6

- ◆ **Location** Fruit-picking Seasons
- ◆ **Hours of Operation** 9:00-17:00
- ◆ **Prices** Grape Picking: ¥1,500-1,600  
Apple Picking: ¥1,500
- ◆ **Location** Yutaka-machi, Kaga
- ◆ **Access** 25min via train from Kanazawa Station to Kaga Onsen Station, then 30min by Canbus to Kaga Fruit Land



<http://furulan.com/eng/>

### Soba-making Activity at Niwaka Workshop 7

You can make soba noodles using locally-produced buckwheat flour and then eat your own handmade noodles. At the end of September you can also enjoy the beautiful sight of the buckwheat flowers in full bloom.

- ◆ **Prices** 1 bowl (up to 4 people): ¥2,000, cost of activity: ¥500, cost of soba sample: ¥100
- ◆ **Time required** 1 hour
- ◆ **Location** Mitsuyano-machi, Hakusan  
Access: 60min via car from Kanazawa Station
- ◆ **Other** Can accommodate groups (reservation required)



<http://www.niwakakoubou.jp/contents/make/index.html>

## News

### Hotel's new Club Lounge features Kanazawa's culture 8



In the Kanazawa Tokyu Hotel, a new Club Lounge has opened, providing guests of the hotel with a luxurious space to relax in. The lounge showcases Kanazawa's rich culture and beautiful nature, including a rock garden designed to evoke the beauty of Kanazawa's mountain streams that features black pines representing Kenrokuen's famous Karasaki-matsu pine. There are also displays of a variety of works by traditional craft artisans based in Ishikawa. Concierge staff are on-hand to provide their services to guests. Guests can also enjoy a delicious breakfast made with local ingredients and served on dishes made here in the Hokuriku region.

Kanazawa Tokyu Hotel (Korinbo, Kanazawa)  
<https://www.tokyuhotelsjapan.com/global/kanazawa-h/>

### Kanazawa Geigi-no-Mai 8

At these special public performances featuring Geigi (the local term for Geisha) from each of the three major tea house districts in Kanazawa, viewers can watch and even participate in traditional dances and drumming. Come experience Japan's traditional culture here in Kanazawa, where tradition still thrives.

- ◆ **Dates** (30 performances in total from 10th October 2018 through 22nd March 2019)  
October 10<sup>th</sup>, 11<sup>th</sup>, 15<sup>th</sup>, 17<sup>th</sup>, 29<sup>th</sup>; November 17<sup>th</sup>, 19<sup>th</sup>, 21<sup>st</sup>, 26<sup>th</sup>, 28<sup>th</sup>  
\*For more dates, visit the link below  
[http://www.pref.ishikawa.lg.jp/muse/event/geigi2015\\_10.html](http://www.pref.ishikawa.lg.jp/muse/event/geigi2015_10.html)
- ◆ **Location** Ishikawa Prefectural Music Hall Japanese-style Room (Showa-machi, Kanazawa)  
1min walk from Kanazawa Station
- ◆ **Number of Participants** ~50 (first come, first served)
- ◆ **Prices** Individual: ¥1,000  
Group: (15 or more) ¥800
- ◆ **Reservations** Executive Committee for the Improvement of Geigi's Abilities (Ishikawa Prefecture Cultural Promotion Division)  
E-mail: dentoubunka@pref.ishikawa.lg.jp

