

## Starship Children's Health Allergy and Clinical Immunology

Phone 09-3074949 Ext 6429 External fax 09-307 8977

## Patient information re adrenaline autoinjector ordering

Currently EpiPen® is the only autoinjector available in NZ. It is not funded by PHARMAC. AnaPen® is no longer available. Further information about the device is on the other side of this page.

You can obtain your EpiPen® from:

**Your GP:** Some GPs are happy to order the device direct to their

practise from the distributor. You will need to check with your

GP whether they will assist with this.

**Pharmacy:** It is worth shopping around to check the costs as this will vary

by pharmacy.

Pharmacies will charge different prices for EpiPen®. Check with your local pharmacy, but shop around. In addition there are on line pharmacies that also have these available with little or no mark up. Worth checking allergypharmacy.co.nz. or

Quay Park Pharmacy (09 919 2320)

If you need to use your adrenaline autoinjector to treat an allergic reaction make sure the doctor you see fills out an ACC form, as ACC will cover the replacement cost of the pen. Please keep the receipt for the purchase of your device as this will be required for an ACC claim.

When your EpiPen® has expired it is a good idea to practice with it by injecting in to a pillow or mattress. The device will then need to be discarded in a sharps box (such as at your GP).

Open access on line e-learning is available at <a href="http://allergy.org.au">http://allergy.org.au</a> for review of recognition and management of anaphylactic reactions. There is also a short video clip showing how to use an EpiPen®

Make sure you and other caregivers review your action plan and how to use your EpiPen® regularly.

	EpiPen®
Doses	<ul> <li>Junior: 0.15mg (for 10-20kg)</li> <li>Adult: 0.3mg (for over 20kg)</li> <li>NB – Once your child is over 20kg ASCIA suggest changing from a junior to adult pen when your device is due to be replaced, though package insert suggests 30kg</li> </ul>
Expiry	<ul> <li>20 months at manufacture</li> <li>Variable at dispensing – check before purchase</li> </ul>
Costs	<ul> <li>Varies by pharmacy</li> <li>Minimum cost known to us is \$120</li> </ul>
Club	http://www.epiclub.co.nz/ On registering your device you can get a free trainer pen plus reminders of expiry date
Other useful web sites:  Australasian Society of Clinical Immunology and Allergy (ASCIA) <a href="http://www.allergy.org.au/">http://www.allergy.org.au/</a> Allergy New Zealand <a href="http://www.allergy.org.nz">www.allergy.org.nz</a>	