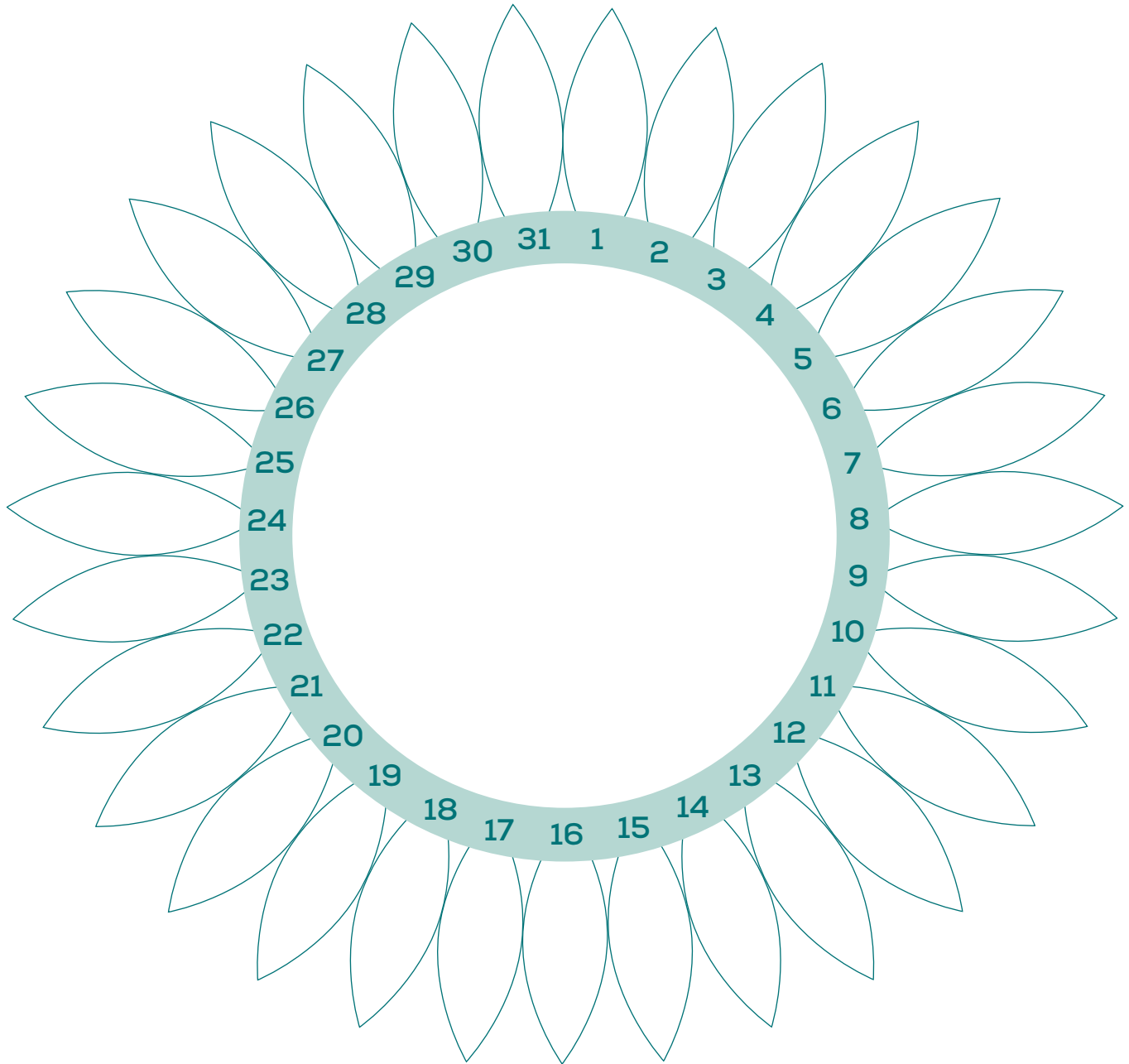


Mood Tracker

MONTH: _____



MOOD COLOR KEY

Fill in each mood below with a different color. Use the flower petals above to track your mood daily with the corresponding coloring.



No Stress



Some Stress



Lots of Stress