Return Instructions

Double-check that the sample is registered at everlywell.com/register and that the completed kit ID sticker is affixed to the sample tube.



Wash your hands

Wash your hands thoroughly with soap and water for 20 seconds.





Get return box ready

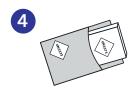
Assemble the box (insert flaps or pop open) and close one end.





Prepare sample

Place the biohazard bag inside the box. The box provides extra protection during transit.



Put box in mailer

With clean hands, place the shipping box into the prepaid mailer. Apply the shipping label to the front of the mailer.

Do not cover the UN3373 label.







Disinfect the mailer

Use the provided alcohol prep pad to disinfect the mailer, avoiding the address label, before completing the final shipping step.



Ship on day of collection

Deliver the prepaid, pre-addressed return pack to a UPS drop box. It's important to drop off the sample on the same day the sample is collected and before the last pickup for overnight shipping. Do not deliver your sample to a drop box on the

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IS-EVW-CVD19 r015

detection of nucleic soid from SAR3-CoV-2, not for any other viruses or pathogens. The emergency use of this product is only authorization to the duration of the declaration that circumstances exist justifying the authorization of emergency use of medical devices of the duration of the Pederal Food, Drug, and Cosmetic Act, 21 U.S.C. § 340Dbb-3(b/I), unless the declaration for the device of the production of the pederal Food, Drug, and Cosmetic Act, 21 U.S.C. § 340Dbb-3(b/I), unless the declaration for the pederal Food, Drug, and Cosmetic Act, 21 U.S.C. § 340Dbb-3(b/I), unless the declaration for the pederal Food Drug, and Drug, *This product has not been FDA cleared or approved but has been authorized for emergency use by FDA under an EUA.
This product has been authorized only for the home collection and maintenance of anterior nasal swab specimens as an aid in

For Use by individuals 18 years of age and older when self-collected

Check the order status any time by going to everlywell.com/orders

3. We'll email you as soon as the results arrive.

securely transmit them to us.

2. A board-certified physician will review the test taker's results and

Keep kit ID for reference.

before processing begins. We'll contact you it there are any issues. 1. Once the sample arrives at the lab, it will pass a quality check

What's next?

COVID-19 Test Home Collection Kit

Instructions

The kit includes:



and tube





Biohazard bag with absorbent sheet



Return box



Return envelope



Alcohol prep pad



Important Reminder

You must complete these 3 steps before mailing the kit.

Register kit



Completely fill out kit ID sticker



Ship on day of collection



Visit www.everlywell.com/register and complete registration.

The lab **can only** process the sample if you:

- ☐ Register the test taker's sample at everlywell.com/register
- ☐ Fill out ID sticker with test taker's information and affix to the sample tube
- ☐ Ship sample the same day of collection (Monday-Friday)

Sample Collection Instructions

Please read all instructions fully prior to collecting the specimen. Follow all instructions closely to ensure the collected specimen is acceptable for processing. Failure to follow all instructions may lead to the specimen being rejected or to incorrect results. Make sure you can ship the same day the sample is collected (Monday-Friday).



Register kit

this step is missed.

Register the kit at everlywell.com/register using the test taker's information before collecting the sample.

Do not register until you are ready to collect the sample because you will be asked to enter the time of collection. Collect Monday-Friday as samples cannot be shipped on the weekend. The lab cannot process the sample if





Watch video

For best results, watch our collection video at everlywell.com/collect before you start.







Locate UPS drop box

Visit the UPS website to view drop box locations and pick up schedules. Your sample must be dropped off at the drop box before the last pickup on the day it is collected. Only collect samples on Monday-Friday as samples cannot be shipped on the weekend.





Completely fill out kit ID sticker

Important: Write your full name, date of birth, and the date of collection on your kit **ID sticker.** Your information must match what you used to register your kit. Place your kit ID sticker on the collection tube. Do not cover the barcode sticker already on the tube. Do not pour the liquid out of the tube.





Prep space and wash hands

Disinfect surfaces where you will be completing your test. Blow your nose. Then thoroughly wash your hands with soap and water for 20 seconds prior to collection.



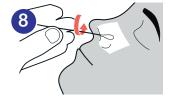
Prepare to collect

Before inserting the swab, locate the perforation on the swab (near the tip), as this will be needed after the sample is collected. The test taker should tilt their head back sliahtly.



Insert nasal swab

Hold the swab below the perforation line. Insert the soft tip of the swab into the nostril. That's usually 1/2 to 3/4 of an inch for an adult. **DO NOT** go beyond this depth.



Collect swab sample

Rotate the swab 4 times all the way around the nasal wall, applying slight pressure and taking approximately 15 seconds to collect the sample. Remove swab. Repeat this process in the other nostril using the same swab.



Place the swab sample in the tube

Place the swab sample (tip down) in the tube without spilling the liquid. Break the swab at the perforated line (near the tip) and leave in tube. Tightly seal cap. Liquid volume may not completely cover the swab tip.



Place tube into bag

Place tube into protective biohazard bag with the absorbent sheet. Follow return instructions on the reverse.