# How to Safely Remove a Tick

### MATERIALS YOU'LL NEED





Soap and water



Rubbing alcohol



Container

# STEP-BY-STEP TICK REMOVAL

#### STEP 1: **GRASP**

Use fine-tipped tweezers to grasp the tick as close to the skin's surface as possible.

#### STEP 2: PULL

Gently pull upward with steady, even pressure. Don't twist or jerk the tick as this can cause the mouth-parts to break off and remain in the skin.

# STEP 3: CONTAIN

Place the tick in rubbing alcohol and seal it in a bag or container.

Then bring it to your healthcare provider for testing.

## STEP 4: CLEAN

After removing and disposing the tick, thoroughly clean the bite area and your hands with rubbing alcohol or soap and water. Make sure you also clean the fine-tipped tweezers with rubbing alcohol.



If you develop a rash or fever after removing the tick, visit your healthcare provider immediately.

# How to Safely Remove a Tick From Your Pet

### MATERIALS YOU'LL NEED



**Gloves** 



Fine-tipped tweezers or tick remover



Disinfectant or antiseptic cream



Rubbing alcohol



Container

#### STEP-BY-STEP TICK REMOVAL

#### STEP 1: SCAN

While wearing gloves, run your fingers over your pet's body. If you feel a swollen area or bump, check to see if a tick has burrowed in its skin.

#### STEP 2: GRASP

Pull back any fur, and use either the fine-tipped tweezers or tick remover to gently grasp the tick. You should get as close to your pet's skin as possible.

## STEP 3: PULL

In a steady, slow motion, pull the tick upward. Don't twist or jerk the tick as this can cause the mouth-parts to break off and remain in the skin.

# STEP 4: **CONTAIN**

Kill the tick by placing it in rubbing alcohol and seal it in a bag or container. Then bring it to your pet's veterinarian for testing.

## STEP 5: **CLEAN**

After removing and disposing the tick, thoroughly clean the bite area with pet-friendly disinfectant or antiseptic cream. Don't forget to rinse the tick removal tool with rubbing alcohol and dispose of your gloves.



If your pet begins displaying symptoms of a tick-borne illness, bring them to their veterinarian immediately.