




Yearly Health & Appointment Stickers

Directions: Print and cut out each sticker. Use the health stickers with your planner or calendar to help you keep track of important health dates, check-ins, or appointments.




DOCTOR'S APPT.

DR: _____

TIME: _____




DOCTOR'S APPT.

DR: _____

TIME: _____




DOCTOR'S APPT.

DR: _____

TIME: _____




DOCTOR'S APPT.

DR: _____

TIME: _____




DOCTOR'S APPT.

DR: _____

TIME: _____

DOCTOR'S APPT.

DR: _____

TIME: _____

APPT _____

APPT _____

APPT _____

APPT _____

APPT _____

APPT _____

AT-HOME HEALTH TEST

AT-HOME HEALTH TEST

AT-HOME HEALTH TEST

AT-HOME HEALTH TEST

AT-HOME HEALTH TEST

AT-HOME HEALTH TEST

 **REMINDER:**
WELLNESS
CHECK-IN

 **REMINDER:**
WELLNESS
CHECK-IN

 **REMINDER:**
WELLNESS
CHECK-IN

 **REMINDER:**
MENTAL HEALTH
CHECK-IN

 **REMINDER:**
MENTAL HEALTH
CHECK-IN

 **REMINDER:**
MENTAL HEALTH
CHECK-IN