

OPI Nature Strong Nails & Skin

Nature Strong Spa Pedicure

Pamper feet with our relaxing extended pedicure service.



WHAT YOU'LL NEED

OPI PRODUCTS:

Soften Up Pedi Soak
Soothe & Remove Cuticles
Soft & Gone Callus Softener
Smooth It Out Hand & Foot Scrub
Moisture Mission Hand & Foot Cream
Glow Up Nails & Cuticle Oil

PREP ESSENTIALS:
Expert Touch Lacquer
Remover
N.A.S. 99 Nail
Cleansing Solution
Bond Aid™

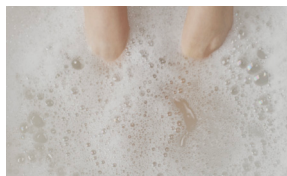
**CHOICE OF OPI
COLOR SYSTEM**

TOOLS:
Nail trimmer
240-grit nail file

Cuticle pusher
Cuticle removal tool
240-grit buffer
Cuticle nipper
Foot file
Nail wipes
Towels

THE STEPS

BEFORE YOU BEGIN: Prep warm damp towels by adding a pump of Soften Up Pedi Soak to warm water and saturate towels, remove excess water.



1

Soak feet in a warm water bath with 1-2 pumps of Soften Up Pedi Soak for 10 minutes to cleanse. Dry feet with a towel.



2

Spray 4-5 sprays of Soft & Gone Callus Softener to any dry or callused areas on the bottom of each foot. Allow to soften while performing nail prep.



3

Trim nails and shape with a 240-grit file.



4

Apply a small amount of Soothe & Remove Cuticles to the perimeter of each nail. Allow to soften 1-2 minutes.



5

Gently slide the cuticle pusher along the nail to lift and loosen any cuticle stuck to the nail plate.



6

Use a cuticle removal tool to remove cuticle from the nail plate.



7

Use the 180-grit side of 100/180-grit buffer to smooth nails.



8

Use a foot file on the bottom of the foot to smooth calluses and remove dry skin. Re-apply Soft & Gone Callus Softener while smoothing skin as needed.



9

Warm a generous amount of Smooth It Out Hand & Foot Scrub between your hands, then massage onto foot and leg with circular motions.



10

Return feet to footbath and rinse away scrub. Dry feet with a towel.

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PREP ESSENTIALS:

Expert Touch Lacquer Remover
N.A.S. 99 Nail Cleansing Solution
Bond Aid™

CHOICE OF OPI COLOR SYSTEM

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11

Warm a generous amount of Moisture Mission Hand & Foot Cream and apply to each foot and leg.



Cleanse nails thoroughly with a nail wipe saturated with N.A.S. 99 Cleansing Solution and apply a coat of Bond Aid™ before nail product application.

Apply OPI Lacquer system of choice.



12

Apply a drop of Glow Up Nail & Cuticle Oil to the base of each nail and massage in.



Help clients find their perfect take-home products by assessing their skin and nail needs.