

# O.P.I.

## Nail Prep Basics

PRO Salon Service



### WHAT YOU'LL NEED

Expert Touch Lacquer Remover  
BondAid

Additional Products:  
Nail trimmer  
Cuticle pusher

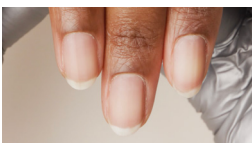
Cuticle removal tool  
Cuticle nipper  
240-grit nail file

220-grit buffer  
180-grit padded file  
or E-file & bits

### THE STEPS

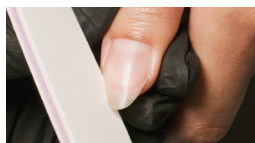
Prep those nails! Every salon service should start with professional quality nail prep to ensure nails are clean and free of debris and oils. Clean, well-manicured nails will provide your clients with a high-performing OPI nail service that's Insta-worthy!

FRANCHISE	HAND FILE	E-FILE BIT
GelColor	220-grit buffer *Optional	Cuticle prep bit low speed
Powder Perfection	220-grit buffer	Cuticle prep bit & fine sanding band or diamond bit low speed
Absolute	180-grit file	Cuticle prep bit & fine sanding band or diamond bit low speed
Clarité	180-grit file	Cuticle prep bit & fine sanding band or diamond bit low speed



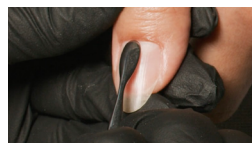
1

Start with clean dry hands.



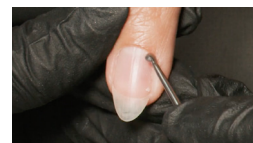
2

Trim nails if needed and shape as desired with a 240-grit nail file.



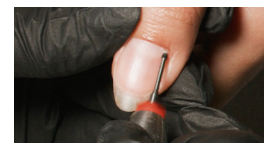
3

Gently glide a cuticle pusher along the nail plate, pushing back the proximal fold and loosening cuticle from the nail plate.



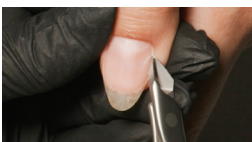
4

Use a cuticle removal tool to remove any remaining cuticle from the nail.



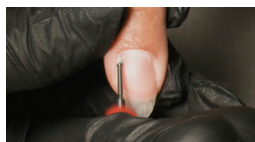
5

If using an e-file, use a cuticle prep bit on a low speed, gently guiding the bit around the perimeter of the sidewalls and cuticle line.



6

If necessary, trim away any excess dead skin with a cuticle nipper.



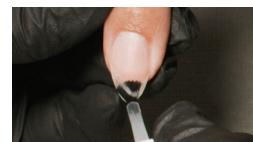
7

Lightly buff the surface of the nail, referencing the grit chart above. Focus on the perimeter of the nail around the cuticle line and sidewalls.



8

Scrub the nail with a nail wipe saturated with N.A.S. 99 Cleansing Solution to remove any oil or debris.



9

Apply a coat of BondAid to each nail. Allow to dry.

### PRO TIP

Scrub nails well with N.A.S. 99 Cleansing Solution, changing nail wipes every 2-3 nails. Nails should appear slightly matte once cleansed. For clients with oily nail plates or who experience service wear issues, cleanse with N.A.S. 99 Cleansing Solution and BondAid pH Balancing agent one hand at a time (reference steps 8 and 9).