GEL POLISH REMOVAL BEST PRACTICES

- Be sure your foil wraps completely around the nail and folds underneath the pad of your fingertip.
- Use enough 100% acetone to saturate your cotton-it should be soaked.
- Remove one hand at a time.
- DO NOT FORCE gel polish that's stuck to the nails-this causes damage that must be grown out. Soak for additional time.
- Do not peek! Opening wraps too soon will allow the acetone to evaporate and compromise removal.

THE STEPS

BEFORE YOU BEGIN: Start with clean dry hands.

STEP 1: BREAK SEAL





BREAK THE SEAL: File each nail's edge with the Shape Up side of the file.





REMOVE SHINE: File the gel polish surface to remove the top coat and break the seal.

PRO TIP

Check the file for grit loss and replace as needed. Remaining gel polish should look dull and scratched up.

STEP 2: PREPARE WRAPS

For best results, wrap one hand at a time.





SATURATE: Soak the cotton pad with acetone.





PLACE: Apply the pad to the gel polish, covering the entire nail.











WRAP: Wrap one side around the finger and then the other. Tighten the wrap.



STEP 3: SOAK



PRO TIP

Do not peek! Opening wraps too soon will allow the acetone to evaporate and compromise removal.







SOAK: Set a timer and soak for 20 minutes.



CHECK: Remove a wrap from one finger. If the gel polish hasn't released, replace the wrap and soak for a few more minutes, then re-check. Check remaining fingers.



REMOVE: Remove one wrap at a time. Gel polish should flake away. DO NOT SCRAPE gel polish off.

STEP 4: NAIL CARE







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REMOVE RESIDUE: Saturate a pad with acetone and scrub nails to remove any residue.



SMOOTH: If needed, smooth the nail with the BUFF UP side of the file.



CONDITION: Apply cuticle oil to the base of each nail and massage in.