

Sioux Lookout Minor Hockey Association

Covid-19 Requirements

As of October 1, 2020



- Maximum of 50 kids in each division.
- One parent permitted per each players time slot (this includes the lobby).
- If you are a SLMHA volunteer (Conveynor/Coach/Trainer/On ice Helper), you may bring an additional person to the rink. If the person is a minor, he/she must sit in the stands and will not be permitted to walk around. An example would be a coach on the ice is not considered as the players plus one!
- No body contact is permitted (NO CHECKING).
- Currently no tournaments are permitted.
- No siblings are permitted at the rink.
- When players leave the ice surface, they go directly to the change room assigned.
- Ice time will start on the hour and run for 45 minutes. This will give the players time to get their skates and helmet off, put on their face mask and exit the building (subject to change +5 min)
- Players must come to the rink dressed in their hockey gear, wearing a face mask, enter the arena and go directly to their change room. Players can use dressing room to put on their skates and helmet and then face masks can then be removed. **Goalies will be permitted to dress at the rink.**
- No other age groups are permitted outside the dressing room until it is time to go on the ice.
- No physical contact or horse play will be permitted in the dressing rooms.
- No parent will be permitted near the bench unless you are a registered volunteer of SLMHA (Coach, Assistant Coach or Trainer)
- Once players skates are tied and helmets are on, parents are expected to leave the dressing rooms.

- Hockey sticks will be placed outside the dressing room doors before and after players go on the ice.
- Players MUST be accompanied by an adult at all times while in the dressing room (coach, volunteer staff, dressing room key taker etc...)
- If a player is showing flu like symptoms, has a fever, cough or cold, he/she will not be permitted to come to the arena. This also means parents or guardians. If a family member is sick please keep your child home.
- Parents in attendance must maintain social distancing.
- Volunteers in the time clock must maintain a safe distance and wear face masks.
- Volunteer coaches, referees and on ice helpers are permitted to remove face mask while on the ice surface. The mask must be worn once they leave the ice surface.
- Trainers on the bench are required to wear facemask at all times.
- Players must have their own water bottles to keep hydrated. No sharing of water bottles is permitted.
- Players will be assigned a jersey once teams are selected. They are only to be worn during games, NOT to practices. It will be the responsibility of the parent/player to ensure that the jersey is respected and cleaned on a regular basis. If a player arrives at the rink without their jersey they will not be permitted to play. If the jersey is lost there will be a \$125 replacement cost.
- Players wanting to try out the goalie position are still permitted to use SLMHA goalie equipment however it will be the parent/players responsibility to thoroughly clean/sanitize any and all of that equipment being used before and after uses.
- Other rules maybe added to help further protect the players.