

Choose Your Own Adventure

HILTON HAWAIIAN VILLAGE

DAILY EXPERIENCES



POOLS

Super Pool

9:00 a.m. – 6:00 p.m.

Tapa Pool

9:00 a.m. – 10:00 p.m.

Jacuzzi and cabanas available for your pleasure.

SPA AND FITNESS

Kalia Tower 4th Floor

Mandara Spa & Salon

10:00 a.m. – 6:00 p.m.

Fitness Center

6:00 a.m. – 7:00 p.m.

Waikiki's largest spa and fitness center located. Massages, facials and full-service salon.



OCEAN AND LAGOON

Lagoon Waikiki Beach Activity Counter

9:00 a.m. – 4:30 p.m.

Surfboard Rentals, Stand-up Paddle Board, Lagoon Waterbee Rentals and Kayak Rental

HOOKIPA LOUNGE

Sunday–Friday

9:00 a.m. – 6:00 p.m.

Saturday

8:00 a.m. – 7:00 p.m.

Located on the 8th Floor of the Grand Waikikian. Refresh, relax and enjoy.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:30 a.m. Aerobics The Village Green	6:30 a.m. Yoga The Village Green	6:30 a.m. Aerobics The Village Green	6:30 a.m. Yoga The Village Green	6:30 a.m. Yoga The Village Green	6:30 a.m. Tai Chi The Village Green	6:30 a.m. Yoga The Village Green
1:00 p.m. Lei Making Tapa Bar		10:00 a.m. Lei Making Tapa Bar	1:00 p.m. Lei Making Tapa Bar	9:00 a.m. Lei Making Tapa Bar	1:00 p.m. Lei Making Tapa Bar	9:00 a.m. Lei Making Tapa Bar
2:30 p.m. Lei Making Tapa Bar	11:30 a.m. Hula Lessons The Village Green	11:00 a.m. Lei Making Tapa Bar	2:30 p.m. Lei Making Tapa Bar	10:00 a.m. Lei Making Tapa Bar	2:30 p.m. Lei Making Tapa Bar	10:00 a.m. Lei Making Tapa Bar
				11:30 a.m. Hula Lessons The Village Green		

Have questions? Talk to the concierge for more information.



Resort

Swimming Pool Safety

AN IMPORTANT REMINDER FROM THE NATIONAL DROWNING PREVENTION ALLIANCE AND HILTON GRAND VACATIONS*

- Among children, drowning is the second leading cause of accidental death.
- Child drowning happens suddenly and usually quietly.
- Close, continuous supervision within arm's reach of your child is the most effective way of preventing drowning.
- Use multiple layers of protection to prevent drowning and keep your family safer.

*This information was provided by the National Drowning Prevention Alliance

DROWNING PREVENTION TIPS

- Remain within arm's reach of children while they are in and around the pool.
- Pay close attention to your family at all times around water. Don't allow yourself to become distracted.
- Parents and caregivers should be responsible for supervision at all times. Don't assign siblings the responsibility of supervision.
- When arriving at a pool, take time to read and then follow the posted rules.
- Determine the water depth and remain in shallow water. Remember that, even in shallow water, drowning can still occur.
- Have your child wear a properly fitted U.S. Coast Guard certified lifejacket.
- Pool toys such as water wings and other flotation devices are not substitutes for U.S. Coast Guard approved lifejackets. They should not act or be relied on as drowning prevention tools.
- Only enter the water feet first; do not dive headfirst or engage in dangerous activities such as "horseplay."
- Learn CPR, First Aid and water rescue methods.
- Enroll your child in swim lessons to learn survival skills, but continue close supervision regardless of their swimming ability.
- Wear sunscreen and remain hydrated.