

# **DAILY EXPERIENCES**

## **POOLS AND SPAS**

Kohala Suites Pool & Spa | Bay Club Family Pool | Bay Club Recreational Pool & Spa | Volcano Spa 8:00 a.m. - 8:00 p.m.



## **WATERSLIDE**

Kohala Suites Poolside 10:00 a.m. – 5:00 p.m.



## **CABANA RENTALS\***

Kohala Suites Poolside

Private cabanas with TV and 10% discount
of food items at the pool bar

9:00 a.m. - 5:00 p.m.



## 19TH PUKA BAR

Kohala Suites Poolside *Happy Hour 3:00 - 5:00 p.m.* 11:00 a.m. - 5:00 p.m.



#### **FITNESS CENTER**

Bay Club Fitness Center 6:00 - 10:00 a.m. and 4:00 - 8:00 p.m.



# **3-HOLE PUTTING GREEN\***

Bay Club Putting Green 8:00 a.m. - 4:00 p.m.



# TENNIS, PICKLEBALL AND BASKETBALL COURTS\*

Bay Club Tennis Courts 7:00 a.m. - 6:00 p.m.

# **ANEHO'OMALU BAY**

Waikoloa Beach Resort Sunrise to Sunset

#### **ON-REQUEST SHUTTLE**

Please call 808-886-7979 and option "0" to request a shuttle 8:00 a.m. - 8:00 p.m.

## **BAY CLUB CAFE & BAR**

Bay Club Recreation Poolside 11:00 a.m. – 5:00 p.m. Friday-Sunday

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# Everyone Every Day.

Every day presents a new opportunity to participate in countless on-site activities created and curated specifically for Hilton Grand Vacations Owners and Guests.



TUESDAY **WEDNESDAY** 

**THURSDAY** 

SATURDAY

8:00 a.m. Bay Club Cafe & Bar

Yoga\*

Experience the union of the body and mind through inner focus and conscience stretching. Beginners welcome, mats are provided.

9:00 a.m. **Bay Club Activities Booth Botanical Tour\*** 

Join us to learn about the different varieties of plants growing in Hawaii.

3:00 - 5:00 p.m. **Kohala Suites Poolside** 

**Live Music** 

Join us for Happy Hour and enjoy the sweet sounds of Hawaii.

9:00 a.m. **Bay Club Tennis Courts Tennis Club\*** 

Learn to have a good understanding of basic tennis techniques, fundamentals, and concepts. All levels of players are welcome. Tennis rackets are provided.

9:00 a.m. **Bay Club Family Pool** 

Water Aerobics\*

Get a great low impact workout while in the water. Equipment provided.

11:00 a.m. Bay Club Cafe & Bar Pala'ie\*

Learn how to make a traditional Hawaiian children's game.

Noon Bay Club Cafe & Bar

Pala'ie\*

Learn how to make a traditional Hawaiian children's game.

9:00 a.m. **Bay Club Family Pool** 

Water Aerobics\*

Get a great low impact workout while in the water. Equipment provided.

11:00 a.m. Bay Club Cafe & Bar

**Lava Bead Bracelet\*** 

Join us to create your own lava bead bracelet as a souvenir.

Noon **Bay Club Cafe & Bar Lava Bead Bracelet\*** 

Join us to create your own lava bead bracelet as a souvenir.

11:00 a.m. Bay Club Cafe & Bar Seashell Keychain\*

Join us to create your own seashell keychain as a souvenir.

Noon **Bay Club Cafe & Bar** Seashell Keychain\*

Join us to create your own seashell keychain as a souvenir.

8:00 a.m. Bay Club Cafe & Bar

Yoga\*

Experience the union of the body and mind through inner focus and conscience stretching. Beginners welcome, mats are provided.

11:00 a.m. Bay Club Cafe & Bar **Poi Balls** 

Learn how to make poi balls and how to use them.

Noon Bay Club Cafe & Bar Poi Ralls

Learn how to make poi balls and how to use them.

3:00 - 5:00 p.m. **Kohala Suites Poolside** 

Live Music

Join us for Happy Hour and enjoy the sweet sounds of Hawaii.

9:00 a.m. **Bay Club Tennis Courts** 

**Tennis Club\*** 

Learn to have a good understanding of basic tennis techniques, fundamentals, and concepts. All levels of players are welcome. Tennis rackets are provided.

9:00 a.m. **Bay Club Family Pool** 

Water Aerobics\*

Get a great low impact workout while in the water. Equipment provided.

11:00 a.m. Bay Club Cafe & Bar

Ribbon Lei\*

Learn how to make a ribbon lei with satin ribbon. Leis can be worn around your neck, wrist, ankle or head.

Noon Bay Club Cafe & Bar

Ribbon Lei\*

Learn how to make a ribbon lei with satin ribbon. Leis can be worn around your neck, wrist, ankle or head.

3:00 - 5:00 p.m. **Kohala Suites Poolside** 

Live Music

Join us for Happy Hour and enjoy the sweet sounds of Hawaii.



8:00 a.m. **Kohala Suites Lobby** 

Petroglyph Tour\*

Join us to learn about the ancient Hawaiian petroglyph along the King's Trail.



\*Reservation Required



# AN IMPORTANT REMINDER FROM THE NATIONAL DROWNING PREVENTION ALLIANCE AND HILTON GRAND VACATIONS\*

- Among children, drowning is the second leading cause of accidental death.
- · Child drowning happens suddenly and usually quietly.
- Close, continuous supervision within arm's reach of your child is the most effective way of preventing drowning.
- Use multiple layers of protection to prevent drowning and keep your family safer.

\*This information was provided by the National Drowning Prevention Alliance

## **DROWNING PREVENTION TIPS**

- Remain within arm's reach of children while they are in and around the pool.
- Pay close attention to your family at all times around water. Don't allow yourself to become distracted.
- Parents and caregivers should be responsible for supervision at all times. Don't assign siblings the responsibility of supervision.
- When arriving at a pool, take time to read and then follow the posted rules.
- Determine the water depth and remain in shallow water. Remember that, even in shallow water, drowning can still occur.

- Have your child wear a properly fitted U.S. Coast Guard certified lifejacket.
- Pool toys such as water wings and other flotation devices are not substitutes for U.S. Coast Guard approved lifejackets. They should not act or be relied on as drowning prevention tools.
- Only enter the water feet first; do not dive headfirst or engage in dangerous activities such as "horseplay."
- Learn CPR, First Aid and water rescue methods.
- Enroll your child in swim lessons to learn survival skills, but continue close supervision regardless of their swimming ability.
- Wear sunscreen and remain hydrated.