



Remedy Health Media is Honored in Winter/Spring 2013 Web Health Awards Competition

*Berkeley Wellness receives Best Website award and Health Central wins multiple
infographics and rich media awards*

New York, NY (August 23, 2013) – Remedy Health Media (Remedy) is proud to announce that it was selected as a winner in the 15th annual *Web Health Awards*SM program. This competition — held twice each year: Winter/Spring and Summer/Fall — recognizes the nation’s best digital health resources.

Remedy received four awards for Consumer Health Infographics and Interactive Content/Rich Media on Health Central (www.healthcentral.com), and Berkeley Wellness (www.berkeleywellness.com) received a Silver Award for Consumer Health Website. Visit www.healthawards.com/wha/winnersws2013 for the full list of winners.

Those involved in the production and design of these awards are:

Health Central Infographics/Interactive Content: Mandy Page ("Dangers of Sleep Deprivation" and "10 Ways to Lift a Low Mood" and "Emotional Eating"). Allison Tsai and Andi Simons ("Stages of Sleep").

Berkeley Wellness Editors: John Swartzberg, MD, Michael Goldman, Diane Umansky, Andrea Klausner and Natasha Persaud.

Berkeley Wellness Design: James Canfield and Brian Harris.

"We are delighted to be honored in the 2013 Web Health Awards competition and selected as winners," said Rebecca Farwell, Chief Content Officer. "Our winning entries were chosen from nearly 600, judged by a panel of experts in digital health media. We do this for our readers, so the honors are a welcome acknowledgement of that effort."

About Remedy Health Media

Headquartered in New York, NY and founded in 1994, Remedy Health Media (Remedy) is a leading content and technology company with authentic communities where information seekers can interact and learn from relatable and accessible experts such as physicians, pharmacists, hospitals and expert patients currently living with a condition. The company currently reaches over 175 million health consumers annually through its various digital and print properties which include HealthCentral.com, TheBody.com, BerkeleyWellness.com, HealthCommunities.com, Intelecare, My MD&Me, *Remedy's Healthy Living*, *Diabetes Focus* and *The Johns Hopkins White Papers*. For more information, please visit www.RemedyHealthMedia.com.

About the Web Health AwardsSM

The Web Health AwardsSM program is organized by the Health Information Resource Center(SM) (HIRC), a national clearinghouse for professionals who work in consumer health fields. Other well-known HIRC programs include the 20th annual National Health Information AwardsSM, (healthawards.com) which annually recognizes the nation’s best consumer health programs and materials (for non-digital resources), and two national "Fitness Day" events: The 12th annual *National Women's Health & Fitness Day*[®] (fitnessday.com/women) and the 17th annual *Family Health & Fitness Day USA*[®] (fitnessday.com/family).

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