

## John Street Residence

### Quarantine and Isolation Procedures

This document is intended to provide guidance for isolation or quarantining while living at the John Street Residence, whether for travel, exposure, or illness.

**The policies below are subject to change in accordance with changes to public health guidelines and policies as outlined by the CDC and NYS Departments of Education and Health.**

#### Helpful Definitions:

- **Isolation** – When you have been infected with the virus, even if you don't have symptoms. Prevents the spread of an infectious disease by separating people who are already sick from those who are not. It lasts as long as the disease is contagious.
- **Quarantine** – When you might have been exposed to the virus. Separates and restricts movement of people who were exposed to see if they become sick.
- **Fully Vaccinated** - is defined as being two weeks or more after receipt of the second dose in a 2-dose series, or two weeks or more after receipt of one dose of a single-dose vaccine.
- **Non-Vaccinated** – a person who is not vaccinated or has not yet completed two weeks after their second dose of the vaccine.
- **COVID-19 Symptoms** – cough, new loss of taste and smell, fever, chills, muscle pain, sore throat, shortness of breath or difficulty breathing.

If isolation or quarantine is required, whether for a move-in, travel, sickness or exposure, please contact [JohnStreet@studenthousing.org](mailto:JohnStreet@studenthousing.org). Services available to residents in quarantine and isolation are listed later in this document. Remember to always wear a mask outside your room and be honest about your symptoms and exposure. Together we can have a healthy semester.

### Testing Positive (Isolation)

If a resident tests positive for COVID-19 they must isolate for 10 days regardless of vaccination status. Please email [JohnStreet@studenthousing.org](mailto:JohnStreet@studenthousing.org) immediately after notification.

If resident is in a double room, they may be required to immediately relocate to one of the identified isolation rooms. Procedures will be communicated to resident by Student Life Staff. If this happens, you should be prepared to move essential items to your temporary room. Support for residents in isolated rooms are listed in this document.

Per CDC guidance, testing is no longer required to terminate required isolation. Pursuant to updated guidance, the student may request clearance to return to their routine when the following conditions are met:

- a. If you tested positive and had no symptoms:
  - At least 10 days since symptoms first appeared and
  - 24 hours with no fever without use of fever-reducing medications and

- Other symptoms of COVID-19 are improving (loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation)
- b. If you tested positive and have a weakened immune system:
  - May need to isolate for longer than 10 days
  - Speak to a healthcare provider before returning to normal activities
- c. If you tested positive, but have no symptoms:
  - 10 days after initial test and
  - You continue to have no symptoms

### **Exposure to a Person Who Tested Positive (Quarantine)**

If you have been exposed to the COVID-19 virus:

- If you are fully vaccinated and asymptomatic you do not need to quarantine after exposure to COVID-19. However, fully vaccinated residents must test between 3-5 days after exposure and report their results to [JohnStreet@studenthousing.org](mailto:JohnStreet@studenthousing.org). If test is positive, resident must begin quarantine. If PCR test is negative, residents can continue to move around the residence and as always take necessary precautions.
- Residents who are not fully vaccinated and have been exposed to COVID-19 are required to quarantine for 10 days after exposure. You may test out after 7 days if you are asymptomatic following a PCR test. If the test is negative, the resident is allowed to leave their room on the 7<sup>th</sup> day in accordance with the EHS's Health & Safety guidelines, EHS Code of Conduct, and state and local guidelines and public health directives. Resident must email COVID test results to EHS

During quarantine and/or isolation, residents will need to remain in their room. Quarantining and Isolating residents must not be in public or otherwise leave their assigned room. This means no hallways, elevators, friend's rooms or common areas.

#### **Other Information:**

- As always, residents should follow hygiene and best cleaning practices and frequently disinfect commonly touched surfaces like bathrooms, faucets, doorknobs, light switches, etc.
- In the event of a police or medical emergency, the resident should contact 911 immediately for help and then contact EHS staff.

### **Support Provided During Isolation/Quarantine**

#### **Groceries/Medicine Delivery**

Delivery service available to your room only while in quarantine. Please alert us by emailing [JohnStreet@studenthousing.org](mailto:JohnStreet@studenthousing.org) so we know when to expect a delivery and we will deliver to your room.

- Peapod /Fresh Direct/Instacart/Amazon Fresh
- CVS Pharmacy/Duane Reade (delivery thru Postmates)/Capsule Pharmacy

### **Mail and Packages**

An EHS staff member will drop off mail/packages, groceries and medication outside the residents' doors between 3pm – 7pm. We will knock, please wait 10-15 seconds before opening.

### **Maintenance and Trash Removal**

Please report maintenance issues to [JohnStreet@studenthousing.org](mailto:JohnStreet@studenthousing.org). For the safety of our staff, please understand most requests will have to be addressed once you have been cleared by 2<sup>nd</sup> negative COVID test unless an emergency.

- Trash removal from outside of room will be Monday, Wednesday, and Saturday at 12pm. Please place trash outside of door no earlier than 30 minutes prior to this time to avoid pest issues. Please ensure that all trash is bagged well and placed neatly outside your door.

### **Important Phone Numbers:**

EHS RA on Duty: 929-271-5181

Front Desk Security: 646-414-7450

NYPD/FDNY: 911