

Quarantine Procedures New Yorker Residence

Updated August 10, 2021

This document is intended to provide guidance for quarantining while living at the New Yorker Residence, whether for travel, exposure, or illness.

The policies below are subject to change in accordance with changes to public health guidelines and policies as outlined by the CDC and NYS Departments of Education and Health.

EHS follows New York State guidelines with regards to quarantine requirements from travel. If a quarantine is required, whether for a move-in, travel or exposure, please contact NewYorker@studenthousing.org to indicate your need to quarantine. Services are available to residents in quarantine and are listed later in this document.

Quarantine

If you feel sick or were exposed to someone who tested positive to a COVID positive, you must stay isolated in your room per [CDC guidelines](#) and follow the below instructions.

Local public health authorities make the final decisions about how long quarantine should last, based on local conditions, and needs. Follow the recommendations of local public health department if you need to quarantine. Options to quarantine after a positive COVID test or close contact with someone who tested positive:

- 10 days without testing
- 7 days after receiving a negative test result (test must occur on day 5 or later)

If resident is in a double room, they will be required to immediately relocate to one of the identified isolation rooms. Procedures will be communicated to resident by Student Life Staff.

Throughout the Quarantine

Residents will need to remain in their room. Quarantining residents must not be in public or otherwise leave their assigned room. This means no hallways, elevators or common areas.

Residents should follow hygiene and best cleaning practices and frequently disinfect commonly touched surfaces like bathrooms, faucets, doorknobs, light switches, etc.

Residents must bring a thermometer with them and check their temperature every day. If at any time the resident's temperature is above 100.4 degrees Fahrenheit (38 degrees Celsius) the resident must notify Newyorker@studenthousing.org immediately.

In the event of a police or medical emergency, the resident will contact 911 immediately for help and then contact EHS staff.

After Quarantine Period

If a resident plans to test out of the 10-day quarantine period, they must take a test on or after the 5th day. If the test is negative, the resident is allowed to leave their room on the 7th day in accordance with



the EHS's Health & Safety guidelines, EHS Code of Conduct, and state and local guidelines and public health directives. Resident must email COVID test results to Newyorker@studenthousing.org to receive updated key card access to their room and building.

Services Available During Quarantine

Groceries/Medicine Delivery

Delivery service available to your room only while in quarantine. Please alert us by emailing Newyorker@studenthousing.org so we know when to expect a delivery and we will deliver to your room.

- Peapod /Fresh Direct/Instacart/Amazon Fresh
- CVS Pharmacy/Duane Reade (delivery thru Postmates)/Capsule Pharmacy

Mail and Packages

An EHS staff member will drop off mail/packages, groceries and medication outside the residents' doors between 3pm – 7pm. We will knock, please wait 10-15 seconds before opening.

Maintenance and Trash Removal

Please report maintenance issues to Newyorker@studenthousing.org. For the safety of our staff, please understand most requests will have to be addressed at the end of your quarantine period unless deemed an emergency by EHS staff.

- Trash removal from outside of room will be Monday, Wednesday, and Saturday at 12pm. Please place trash outside of door no earlier than 30 minutes prior to this time to avoid pest issues. Please ensure that all trash is bagged well and placed neatly outside your door.

Virtual Programming

Virtual programming will be offered to encourage socializing and online connections between residents who are quarantining. Resident Advisors (RAs) will hold virtual events for residents.

- We will also be checking up on you via text and other social media outlets.

Please keep in mind all rules apply regarding facemasks, social distancing, that are outlined in our Code of Conduct Guide as well as Health and Safety Agreement.

Important Phone Numbers:

EHS RA on Duty: 917-697-9610

Front Desk Security: 212-971-0101 ext. 5107

NYPD/FDNY: 911