

St. George Towers Quarantine Procedures

This document is intended to provide guidance for residents traveling to New York from out-of-state and moving into the St. George Towers.

Governor Andrew M. Cuomo has announced new guidelines allowing out-of-state travelers to New York to “test out” of the mandatory 14-day quarantine. Travelers must continue to fill out the [Traveler Health Form](#). The new protocol is effective Wednesday, November 4th, 2020.

Please review the travel advisory here: <https://coronavirus.health.ny.gov/covid-19-travel-advisory>

Residents arriving to New York from outside the U.S. must follow current international guidelines: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/from-other-countries.html>.

It is important that everyone adhere to these policies for your own well-being and for the well-being of those around us—other residents and staff. Failure to comply with the expectations below may result in disciplinary measures—including immediate removal from EHS housing without refund.

The policies below are subject to change in accordance with changes to public health guidelines and policies as outlined by the CDC and NYS Departments of Education and Health.

Travel Advisory

All travelers entering New York from a state that is not a contiguous state or from a CDC Level 2 or 3 Travel Health Notice country, shall quarantine for a period of 14 days, consistent with Department of Health regulations for quarantine, unless you agree to the following:

- Notify EHS that you intend on testing out of the 14-Day quarantine before arrival.
 - a. Obtain a negative COVID test three days prior to your arrival in New York and email results to St.George@studenthousing.org.
 - b. If a negative COVID test is not received 3 days prior check-in, resident must quarantine for 14 days.
- Upon arrival in New York, resident must quarantine for a minimum of three days. *See below for detailed quarantine procedures.*
- On day four of the resident’s quarantine, the resident must obtain another COVID test. Please email us at St.George@studenthousing.org to coordinate (elevator use, key, etc).
- Once you have completed testing, you will return to quarantine awaiting the results. Please forward results of the second test to St.George@studenthousing.org.
- Residents must continue to quarantine until EHS receives the 2nd negative COVID test.
- Once EHS has confirmed that both tests are negative, you will receive an email confirmation that you may end your quarantine.

Local health departments will validate tests, if necessary, and if a test comes back positive, will issue isolation orders and initiate contact tracing. The local health department must make contact with the state the traveler came from, to ensure contact tracing proceeds there as well. All travelers must

continue to fill out our traveler form upon arrival into New York State to contribute to New York State's robust contact tracing program.

Before Arrival

Complete the **Health and Safety Agreement** previously sent to you.

Take and have a negative COVID test result 3 days prior to arriving in NY. Please email your results to St.George@studenthousing.org.

Residents will be required to schedule a move-in time with their building. Move-in appointments are subject to availability. We will work with each person individually. More Information to come.

Please consider what items you will need to support the minimum 3-day quarantine (e.g. extra bed sheets, towels, clean clothing) as you will not be allowed to leave your room once you've checked in for the 3 days. Nonperishable items, your favorite snacks, cleaning supplies and toilet paper are important items that should be on your list. You can send bedding and other bulk items ahead of time and we will deliver packages directly to your room.

Residents must bring a supply of face masks and a thermometer for use throughout the semester.

Upon Arrival

Residents must observe a minimum of 3-day quarantine upon arrival.

An EHS Staff member will provide you with a key to your room. You will receive another email describing the check-in procedures in detail.

If you sent packages ahead of time, those items will be placed in your room prior to your arrival.

Throughout the Quarantine

Residents will need to remain in their room upon their arrival at the residence for a minimum of 3 days. Quarantining residents must not be in public or otherwise leave their assigned room. This means no hallways, elevators or common areas.

Residents should follow hygiene and cleaning best practices and frequently disinfect commonly touched surfaces like bathrooms, faucets, doorknobs, light switches, etc.

Residents must bring a thermometer with them and check their temperature every day during the 3-day period. If at any time the resident's temperature is above 100.4 degrees Fahrenheit (38 degrees Celsius) the resident must notify St.George@studenthousing.org immediately.

See available services below for more information.

If You Feel Sick

Should a resident develop a fever or other COVID-related symptoms, they must immediately alert us at St.George@studenthousing.org.

Please check the Center of Disease Control for [CDC.gov](https://www.cdc.gov) for information regarding when to get in touch with your doctor.

If resident is in a double room, they will then be required to immediately relocate to one of the identified isolation rooms. Procedures will be communicated to resident by Student Life Staff.

In the event of a police or medical emergency, the resident will contact 911 immediately for help and then contact EHS staff.

Services Available (During Quarantine)

Prepared Food & Grocery Delivery

As of **January 11th, 2021** Park Plaza Restaurant has closed until further notice. As a result our arrangement for prepared food delivery to room doors with them has paused. In order to continue assisting our quarantining residents with access to prepared food, until further notice, starting January 12th, 2021 Student Life staff will deliver prepared food deliveries to room doors during our package drop off times.

Note that this service is available for quarantining residents, only. You must have communicated to EHS either through email to St.george@studenthousing.org or through your institution (such as SJC or NYFA, note that residents in NYU housing will use a separate process through NYU). All delivery requests will be checked against our quarantine records. Furthermore, you must ensure your delivery service clearly labels your delivery with your full name and room number on the outside packaging. Food deliveries without full name and room number, or for residents not on our quarantine list, will not be delivered by our staff. We would encourage you to get in direct contact with your restaurant to ensure adequate labeling.

As of **January 12th, 2021**, deliveries will occur by 9am, 12pm, 5pm and 9pm, unless otherwise communicated via email from St.george@studenthousing.org. Your food must be delivered to the building before our delivery times noted above. For example, if your food delivery doesn't arrive until 9:30am, we will be unable to deliver it to your room door until 12pm. If it arrives at 8:50am, we will deliver it with the 9am deliveries.

In order to request food delivery, you must fill out the [Quarantine Food Delivery Request Form](#). Save this link in the event you'll need to quarantine for any reason.

Groceries/Medicine

For any grocery deliveries, such as Instacart, the same process and form applies. Here are some recommendations for grocery delivery:

- [Peapod](#) / [Fresh Direct](#) / [Instacart](#) / [Amazon Fresh](#)
- [CVS Pharmacy](#) / [Duane Reade\(Walgreens\)](#) / [Capsule Pharmacy](#)

If you have any questions please contact St.george@studenthousing.org (email monitored during business hours) or the EHS Duty Phone 917.623.4690 (9am-10pm daily).

Maintenance and Trash Removal

Please report maintenance issues to St.George@studenthousing.org. For the safety of our staff, please understand most requests will have to be addressed at the end of your quarantine period unless deemed an emergency by EHS staff.

- Trash removal from outside of room will be Monday, Wednesday, and Saturday at 12pm. Please place trash outside of door no earlier than 30 minutes prior to this time to avoid pest issues. Please ensure that all trash is bagged well and placed neatly outside your door.

Mail and Packages

Delivery service available to your room only while in quarantine.

- An EHS staff member will drop off mail/packages outside the residents' doors. Follow instructions in the automatic package notification email you get from us once your package is received.

Virtual Programming

Virtual programming will be offered to encourage socializing and online connections between residents who are quarantining. Resident Advisors (RAs) will hold virtual events for residents.

We will also be checking up on you during your stay and feel free to email us.

After Quarantine

On the 4th day of resident's arrival, the resident must take another COVID test. If the test is negative, the resident is allowed to leave their room in accordance with the EHS's Health & Safety guidelines, EHS Code of Conduct, and state and local guidelines and public health directives. Resident must email COVID test results to St.George@studenthousing.org to receive updated key card access to their room and building.

*** A resident must continue to quarantine until EHS receives and acknowledges the 2nd negative COVID test***

Please keep in mind all rules apply regarding facemasks, social distancing, that are outlined in our Code of Conduct Guide as well as Health and Safety Agreement.

Important Phone Numbers:

EHS RA on Duty: 917-623-4690

NYPD/FDNY: 911

Email: St.George@studenthousing.org