

FORTRESS**

FREQUENTLY ASKED QUESTIONS:

What is Fortress?

A Fortress is a unique supplement taken daily to support key functions in your body's protective mechanisms. This blend is composed of ingredients that feature the best of what nature offers coupled with the latest in scientific study.

Fortress was initially developed for a limited clientele and has been used by many for years. It is now available exclusively to the entire New U Life family. Fortress is formulated by New U Life to provide individuals with clinically studied ingredients that have been shown to support key immune functions including optimized antioxidant defense and maintaining optimal vitality for overall well being. Fortress is designed to help you avoid the discomfort of a compromised immune system.

Q Why are the ingredients unique?

Fortress features a blend of ingredients that have been independently, clinically researched and have been shown to support the body's amazing and complex immune system. Such ingredients include Lactoferrin, Elderberry Extract, Probiotics (Acidophilus and Bifidobacterium), Astragalus Extract and Citrus Bioflavonoid complex.

Q ls it possible to get these ingredients separately?

Although the ingredients found in Fortress can be purchased separately, this method of supplementation is much more difficult and expensive. Also, New U Life chose to combine these particular ingredients because the blend may work synergistically within your body. This means that each ingredient, when put together in this unique formula, interactively works one with another to provide individuals with better immune support than if taken separately.



How is New U Life employing the best of nature and science with this product?

A New U Life chose this specific blend of nutrients because we want to give people the best of both worlds in a single supplement. Some formula ingredients have been provided by nature and have been used for hundreds of years to support the optimal function of the body. Other ingredients found in Fortress have scientific documentation that shows how the immune system can benefit from these elements.

Q Can children take this product?

A. It is not recommended that children under the age of 18 use Fortress.

O l take this product every day or just when I'm sick?

A Fortress may be taken for both situations. It can be taken with the purpose of maintaining support for your immune health; in which case, take 2 capsules per day following a meal. Should an individual prefer more intensive use, we recommend taking no more than 2 capsules in the AM and 2 capsules in the PM after eating a full meal.

Is it okay to take other supplements of the individual ingredients in this product at the same time?

A. Safety is always at the forefront of our product development and product information. For a situation like this, we recommend you check with your physician or healthcare professional before ingesting ingredients of the same nature. In addition, we recommend that any consumers with health conditions, or who are concomitantly taking any medications, consult with their physician prior to use.



Q Can I use Fortress with other New U Life products?

Absolutely! All of the products at New U Life are specifically engineered to work together to help individuals achieve better overall health. We encourage you to pair Fortress with the entire New U Life family of products.

How often should I take Fortress?

A It is recommended that an individual take 1 capsule every 12 hours after meals. Preferably in the morning after breakfast and in the evening after dinner. This schedule of Fortress consumption will provide your body with the best outcome for immune system support.

Can I take Fortress with medication?

New U Life formulates products with the intention of putting health and safety first. If you are on any special medications, we recommend you consult with your physicians or healthcare provider before taking Fortress.

What is the best way to store Fortress?

We suggest individuals store this product in a cool, dry space such as a cabinet or pantry. Fortress should be kept out of reach from individuals under the age of 18.

What makes Fortress a premium product?

A. Fortress features a unique blend of high quality, safe ingredients that are backed by scientific research and clinical studies. These ingredients have been shown to be safe and effective and are sourced from exclusive suppliers and produced in facilities that adhere to only the highest standards for safety, sourcing, and cleanliness.