

TROUBLESHOOTING

Can't smell the oil?
The system can temporarily "dry out" if stored pen-side-down for an extended period of time. To restore aroma, leave pen on a flat surface for a few minutes to allow oil to saturate the internal wicks.

Still need help? Contact the Lifelines team at Care@Lifelines.com.



Inhaling pleasurable aromas interrupts the brain's stress response and brings you back to the joy of the present moment.

BUILD YOUR COLLECTION

Discover our full collection of Pen Diffusers available in:

Six breathtaking scent families:

- In Bloom
- Walk in the Woods
- Citrus Grove
- Herbal Garden
- Crisp Mountain Air
- Spice Rush

Mouthwatering food scents, including:

- Spiced Chai Latte
- Cinnamon Roll
- Strawberry Milkshake
- Cotton Candy
- Apple Crisp
- Chocolate Chip Cookie

... and more!

CREATE YOUR PRACTICE

Lifelines tools are just a gateway to Sensory Immersion™. You can harness the power of your senses to relieve stress in simple ways.

Here are some of our favorites:

- Take a walk in nature
- Hold a cup of warm tea
- Snuggle a soft pet
- Bite into a lemon
- Step outside after a rain shower
- Listen to music

LET'S CONNECT

The Lifelines Story

After spending 30 years inspiring children to discover a sense of wonder through play, Melissa created Lifelines to help individuals rediscover wonder and relieve stress through their senses.

We would love to hear from you!

Your well-being means everything to us. If you are not satisfied for any reason, contact us and we'll make it right.

Lifelines.com

Care@Lifelines.com

**©Lifelines, P.O. Box 5220,
Westport, CT 06881 USA**

@discoverlifelines



Lifelines™ PEN DIFFUSER

From the creative mind of *Melissa Bernstein*
Co-Founder Melissa & Doug Toys, Co-Founder Lifelines.

Stress relief shouldn't be stressful.

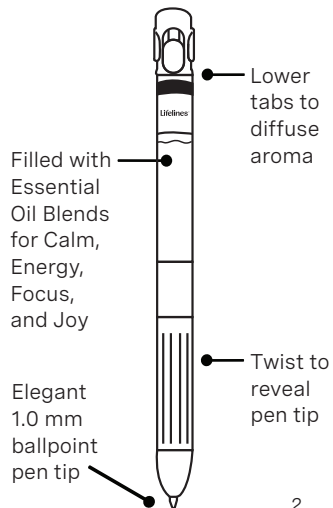
Lifelines Sensory Immersion™ products are a groundbreaking, science-based collection of tools to help you switch on your body's most effective stress relievers—your senses.

We work with leading scientists to help you unleash the power of your senses. Learn more at **Lifelines.com/science.**



MEET YOUR PEN

*Hi! I'm your Pen Diffuser.
Here to rewrite your
writing experience.*

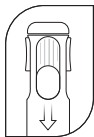


ACTIVATE YOUR SENSES

To begin your Sensory Immersion™ experience:

- 1 **Diffuse:** Lower tabs at top of pen to diffuse aroma while you write.

- 2 **Customize:** Choose one or multiple tabs to customize your aroma experience.



- 3 **Write:** Twist lower half of pen to reveal tip and begin writing.



Smelling beautiful scents releases dopamine, the brain's feel-good hormone.

3

BREATH-TAKING SCENTS

Lifelines blends combine 100% pure essential oils and sustainably sourced botanicals to create an extraordinary aroma experience. They are blended in the USA and free from parabens, phthalates, dyes, and formaldehyde.



Scan code for Ingredients:

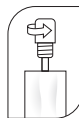


4

TO REPLACE INK

Lifelines Pen Diffusers include replacement ink cartridges. To replace ink:

- 1 Retract pen tip into pen.
- 2 Pull pen body apart with a gentle tug.
- 3 Unscrew ink cartridge from pen by twisting black cap counterclockwise.
- 4 Screw new ink cartridge into place.
- 5 Press two halves of pen together to reassemble.



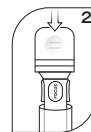
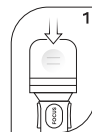
5

TRAVELING WITH YOUR PEN?

In the low pressure environment of a plane, oil may leak out of the pen. To prevent this from happening, your pen diffuser comes with a special airtight tube to maintain constant pressure during your trip.

Before air travel, seal pen inside tube:

- 1 Place tube cap onto pen
- 2 Slide pen + cap into tube
- 3 Press firmly to seal



6