

BEEF TRIVIA

1. In the average Canadian's diet, what percentage of fat comes from beef?
 - A. 57%
 - B. 8%
 - C. 23%
2. According to legend, which cut of beef was knighted for its outstanding taste?
 - A. The Sirloin
 - B. The Rump Roast
 - C. The Blade Steak
3. To get the same amount of iron as 4 cups of spinach, you would have to eat?
 - A. All the bulls that run in Pamplona
 - B. Paul Bunyan's Blue Ox Babe
 - C. About 100 grams of Alberta beef
4. The man who Salisbury Steak was named for was
 - A. doctor of nutrition
 - B. A vegetarian
 - C. Star quarterback for Oxford University
5. Alberta beef is an excellent source of iron. Iron helps us...
 - A. Take the wrinkles out of clothes
 - B. Carry oxygen to the body cells
 - C. Reach the green in two strokes when golfing
6. Which weighs more?
 - A. 100 kilograms of beef
 - B. 100 kilograms of pork
 - C. Both weigh the same
7. If a bovine animal has horns, this means it is a bull?
 - A. True
 - B. False

