

Do you know how
to give your pet

CPR?

Learn this
life-saving
technique



 **PET
POISON
HELPLINE®**
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1

Confirm there's no heartbeat

Extend your pet's neck and gently clear any obstruction. Feel for the heartbeat by placing the hands on both sides of the chest behind the armpit/bent elbow for about 10 seconds.

2

Begin chest compressions

If your pet isn't breathing and no heartbeat is detected, start compressions. Place the pet on his/her side on a hard surface (ideally one that can also be used as a stretcher). Interlock hands with palms facing downward and compress the chest about half way for 60 compressions at a rate of 2 compressions per second.

Note:

- Place hands over the heart (behind armpit/bent elbow) for pets less than 30 pounds.
- Place hands at the widest portion of the chest for pets greater than 30 pounds.

3

Start mouth-to-muzzle breathing

After 60 compressions, wrap your hands around the pet's muzzle to prevent air from escaping. Give 2 quick breaths, allowing the chest to expand and retract.

+

Resume compressions after the breaths and repeat this cycle until a heartbeat is detected or arrival to the veterinary facility. Check for a heartbeat after 4 cycles of CPR (approximately every 2 minutes).

Go immediately to your veterinarian clinic; call ahead so they're prepared for your arrival.

For more info on safety tips for pets, visit
MyPetHealthZone.com



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