

# DANGERS FOR Pets

Prevent accidental pet poisoning when enjoying your favorite sports events

Presented by Nationwide®



## Alcohol

Pets ingesting unattended wine, beer or sangria can experience dangerous drops in blood sugar, blood pressure and body temperature. Intoxicated animals can also experience seizures and respiratory depression. Desserts containing alcohol or unbaked yeast-containing dough are also culprits.



## Chocolate, sweets and soda

Caffeinated soda, brownies, and chocolate cake, fudge and candy contain alkaloids caffeine and/or theobromine, which can be lethal to dogs and cats, leading to poisoning.



## Fatty foods and bones

Chicken wings, pizza, hot dogs and burgers are known to be high in fat and present a risk for vomiting and diarrhea and developing pancreatitis. Table scraps like chicken wings or ribs can contain bones which can lead to a choking hazard. Bones can also splinter and cause an obstruction or lacerations of your dog's digestive system.



## Xylitol

A sugar substitute commonly used in sugarless gum, baked goods and candies, this is extremely dangerous to dogs although safe for people. Ingestion of any small amounts of the product will cause the rapid release of insulin and result in hypoglycemia and potential liver failure.



## Nuts

Macadamia nuts are toxic to dogs and ingestion can result in incoordination, tremors, and hind limb weakness. While most other edible nuts are not toxic to dogs, they all contain high amounts of fat which, when ingested in large amounts, can cause an upset stomach and create gastric intestinal distress or pancreatitis. Small dogs may even be at risk for a bowel obstruction.



## Onions and garlic

Popular ingredient in burgers, egg salad, salsa and guacamole, onions contain thiosulphates and other chemicals which can be toxic to cats and dogs. If ingested in sufficient quantities, these chemicals can result in red blood cell destruction leading to anemia. Garlic is considered to be about five times as toxic as onions, causing oxidative damage to the red blood cells as well as an upset stomach.



In case of an emergency, Nationwide® pet insurance members can contact the vethelpline® at no cost. Contact info can be found on the Nationwide Pet Account Access page. Pet owners who are not members can contact the Pet Poison Helpline at 855-289-0358. A \$59 per-incident fee for their service will apply. This fee is not associated with Nationwide.

Put out a trash can with a lid so that your pet can't nose around for scraps.



Ask children and others not to leave food on a low table or on the floor as your pet will be tempted to investigate.



Nationwide covers pet treatment costs related to Game Day food hazards and more.

Get a quote at [petinsurance.com](http://petinsurance.com)

For more pet health and safety tips, visit [MyPetHealthZone.com](http://MyPetHealthZone.com)

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