



GROW YOUR OWN

WITH

EMMERDALE

HERBS



Indoor herbs

Choose a suitable container such as clean recycled food container. No need to pierce with drainage holes provided you do not overwater and cause water logging. Or, if pierced with holes then sit the pot on a plate or in another decorative container. Fill the container to within 1cm of the brim with organic peat free multi-purpose compost. If the compost is very dry then lightly water it in the container to moisten it throughout and ensure the surface is slightly damp prior to sowing the seed.



Parsley

Select a container of at least 4-5cm depth and sprinkle Parsley seeds thinly onto the compost surface. Cover with another layer of compost approximately 0.1cm deep, lightly firm in and moisten with a spray mist of water. Place in your chosen location such as a window ledge in sun or partial shade.



Seeds germinate within 14-28 days and can be thinned out into separate containers, if necessary, to grow inside or out. Sow seed monthly for a successional harvest. Keep compost moist. Can be fed with organic liquid feed during the growing season (according to manufacturer's instructions). Average growing period/harvest from 10 weeks. Harvest by cutting stems back to a lower leaf bud near the base.

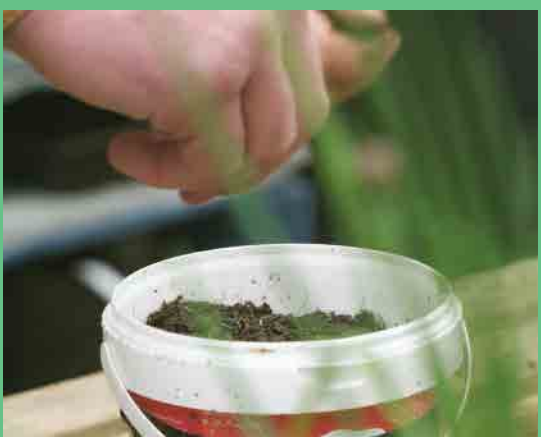


Sweet Basil

Select a suitable container of at least 4-5cm depth and sprinkle Basil seeds thinly onto the surface and cover with 0.1-0.5cm of compost. Lightly firm in and mist with water. Place the container on a warm, airy window ledge. Basil prefers light, dryish, well ventilated but sheltered growing conditions.



Seeds germinate within 5-10 days and can be thinned out into separate containers to be grown inside or out. (Acclimatise plants outdoors by placing the container outside in a partially shaded, sheltered position during the day and bring inside overnight, for approximately 2 weeks). Sow seeds successional for a continuous crop. Pot on individual plants into larger containers if required. Keep compost moist but do not over water. Average growing period/harvest from 12 weeks. Harvest leaves and tops regularly throughout the summer by cutting back to a side shoot. Leave at least 3 pairs of side shoots for regrowth.



Chives

Select a suitable container 5-10cm deep and sprinkle Chive seeds thinly onto the surface and cover with approximately 0.5cm of compost. Lightly firm in and mist with water. Place the container in a sunny position on a warm window ledge.



Seeds germinate within 10-20 days and can be thinned out into separate containers to be grown, inside or out, in cooler conditions. Acclimatise plants outdoors by placing the container outside in a partially shaded, sheltered position during the day and bring inside overnight, for approximately 1 week. Keep compost moist. Do not over water but do not allow it to dry out in hot weather. Can be fed with organic liquid feed during the growing season (according to manufacturer's instructions).

Average growing period/harvest from 12 weeks. Remove flowering stems to encourage leaf production. Alternatively, if growing some chives outdoors, leave some flower heads on for the bees. Harvest leaves by cutting at the base with scissors and, if removing flowers, remove the whole stem as this is not edible.