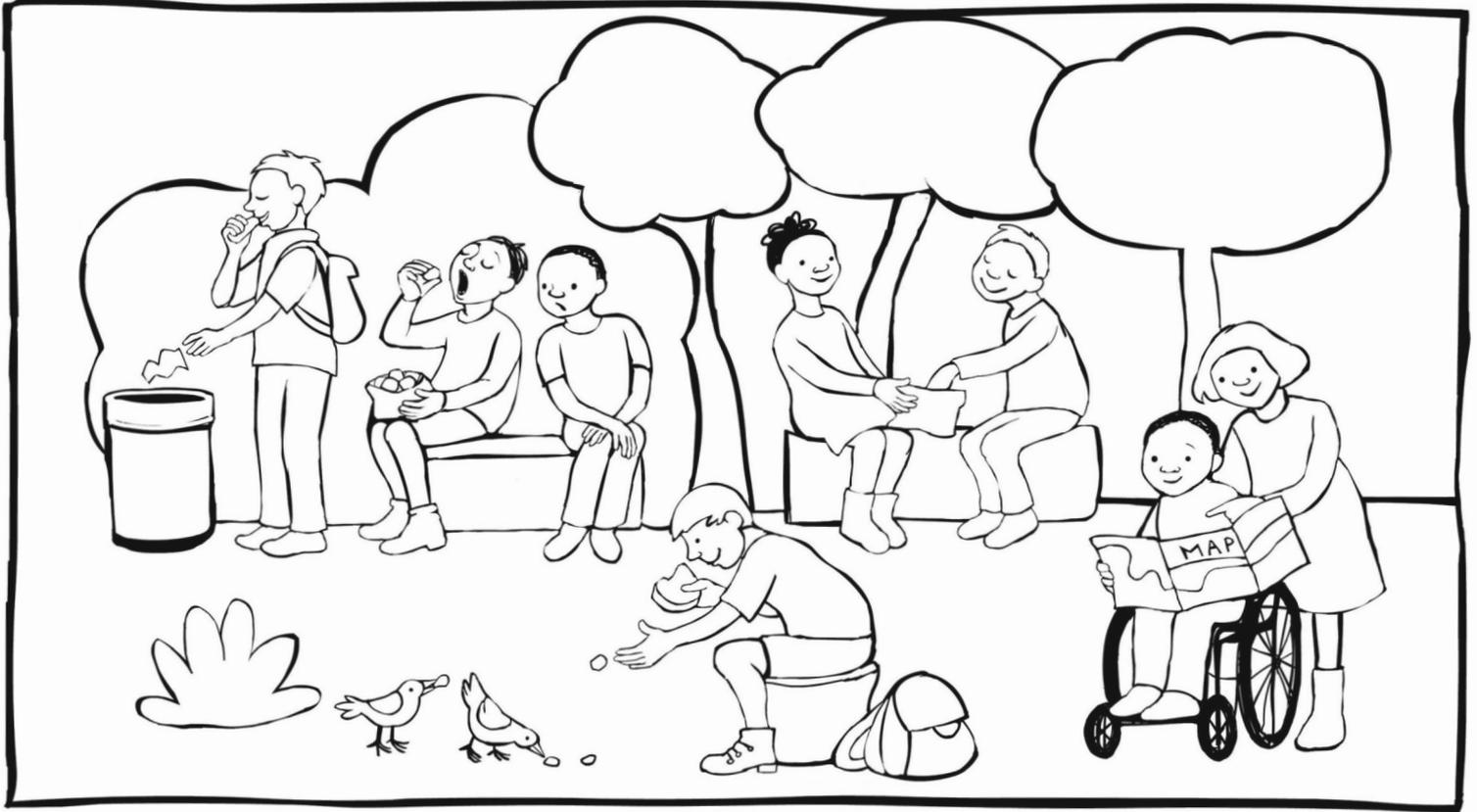


Fourth Sunday of Lent (Year A)

Gospel: John 9:1-41

*"I was blind,
and now I see."*



See how many good things you can see in this picture. Can you see anything wrong or unfair? Talk to your friends or your grown ups about what you would do if you saw something unfair in real life.

Write a prayer to God giving thanks for all the good things you can see, hear, smell, taste and touch by filling in the blanks with your own words.

God of all,
I thank you for _____ I see.
For the sound of _____
and the smell of _____
I thank you for the feel of _____
and _____ which I love to eat.
May my eyes always be open to see when others need my help,
And may my heart be filled with your love.
Amen.

Today is also Mothering Sunday, when we remember how special mums are. See how many nice things you can do for your mum, or another person who cares for you, today.

Find out more about the amazing floating garden that a mother called Rejoice in South Sudan has made: cafod.org.uk/lent