



Magnifica Humanitas

Leader's quick start guide



Whether you're a seasoned group leader or new to facilitating discussions, all the information you need to get started and lead a group reflection on *Magnifica Humanitas* is covered in the checklist below.

1. Decide

The reflection guide contains six sessions of around one hour each, exploring different themes brought to light in the encyclical.

- Set the date, time and place for your gatherings

2. Publicise

Work out how you are going to promote these reflection sessions and then start spreading the word. You could advertise through:

- Word of mouth and personal connections
- Social media
- Church newsletter
- Announcement during Mass

A sign-up table at the back of Church can be useful to take registrations and answer any questions.



3. Prepare

- Make practical arrangements for booking and preparing a suitable meeting place
- Provide refreshments like tea, coffee and biscuits if desired
- Set up equipment to show films if possible (transcripts are available if not)
- Take time to familiarise yourself with the shape of each session before it begins. You will need to ask people the ice breaker question, guide the discussion time and keep an eye on the time
- Make sure you have enough copies of the theme sessions for all the participants
- Ask people to be readers to share the key quote, topic summary and link to CAFOD's work if not using a video, and make sure they know which section is theirs to read aloud
- If you plan to use the videos, you can either download them in advance from Vimeo or use the YouTube or website links.

4. Don't worry

Sometimes the video won't play or a discussion goes on longer or shorter than expected. Don't panic! Be flexible and adjust the material to suit your group and circumstances.

Make sure everyone has the chance to be heard, listen to all the answers and thank people for their contributions.

Good luck!