



Additional activities for Lent 2023

Watch our film about Dristy in Bangladesh

Learn about Dristy's life, and how she works together with her family to look after the Earth, our common home.

After watching the film here are some activity suggestions.

Research:

- Find out about how the weather is changing in Bangladesh, consider the cause of these changes?
- Find out what an ecovillage?
- Why do ecovillages matter?
- What are the benefits of an ecovillage?

Think about:

- Consider how is Dristy is living out the Catholic Social teaching principle of stewardship?
- In 2015, Pope Francis wrote a letter called Laudato Si' addressed to every person on the planet, asking us all to protect the earth (Find out more: [Laudato Si' animation for children | CAFOD](#)). What are you doing to take care of God's creation?
- Inspired by Dristy and Laudato Si how can you put your faith into action to protect our common home?
- Meet other children from around the world who are working hard to look after the world [Children taking care of the earth | CAFOD](#)
- If you met Dristy what would you like to say to her? You could write this down in the form of a letter.
- Dristy would like to be a doctor when she grows up, what are your hopes and aspirations for your future?
- Work together to develop an action plan of how as a CAFOD club you can guide your school in supporting our global neighbours and caring for creation this Lent.

Pray

- Nature spotting!
 - Did you see all the plants and animals in the film?
 - What types of nature can you see in your local area? How is your immediate environment the same and different to Dristy's. Write a litany of thanks for all of God's gifts.
- When you have reflected on Dristy's film write your own prayer for the world and our global neighbours. Here is a Lent reflection for further inspiration [Lent 2020 prayer for children | CAFOD - YouTube](#)
- Why not show the film to somebody at home, or ask your teacher to share it with your class?