

## LET'S GO OUT TO PLAY!

### Mountain lion: a game from ZIMBABWE

This is an African “Duck Duck Goose”.

Sit in a circle. Choose someone to be the mountain lion. The lion creeps round the outside of the group and quietly leaves a shoe (or other object) behind someone. You are not allowed to look behind you, you have to feel with your hands.

As soon as you feel the shoe, grab it and run round the circle chasing the lion before it reaches the empty space and sits down.

If the lion is caught, the game is repeated. If not, the new person becomes the lion.

The more children, the bigger the circle and the better the game!

