

## Confirmation resource

**A 20-minute liturgy to give young people time to reflect on Jesus' example of serving others through love and to commission them to go out and do the same. This liturgy assumes you have already explained the challenge. It can be used to start the Revolutionary service challenge or can be adapted for other situations.**

**You will need:**

- quiet music
- two bowls of water and towels
- candle
- Romero cross
- Revolutionary service challenge sheets or hands cut out of paper
- Pens.

**Set up:** Lay out the bowls of water, Revolutionary service challenge sheets or paper hands, candle and cross as a focal point. Play quiet music as you gather,

**Reader:** Welcome to our liturgy about service. Jesus was a great leader, but he led in an unusual way, through being a servant. He served and accepted those living in greatest poverty in society and the outcasts. Jesus explains this to his disciples in his actions at the Last Supper:

**Reader:** John 13:2-17

*Pause for reflection*

**Leader:** At Confirmation, we choose to take on Jesus' example of service to others. I would like to invite you to come up in pairs or threes to take it in turns to wash and dry each other's hands. This is a symbol to show that we accept and take on our mission to serve others and share God's love in the world.

Play quiet music and invite pairs and threes to come to wash and dry each other's hands. Music suggestions: *Servant King* by Graham Kendrick, *You are mine* by David Haas, *Everything* by Tim Hughes, *I will offer up my life* by Matt Redman.

**Reader:** We're now going to hear an example of service - Jasper, a young man from the Philippines, serving others.

EITHER: Play Jasper's film (video at [cafod.org.uk/confirmation](http://cafod.org.uk/confirmation))

OR: **Reader:** Read Faith in Action and the Holy Spirit case study card 6: Jasper.

**Leader:** As part of our Confirmation preparation we commit to serve others in our parish, our communities and around the world. Pope Francis challenges you to be revolutionaries, to bring Christ into every area of life. We are proud of you for taking on this challenge.

*Invite the young people to share one thing they plan to do for their Revolutionary service challenge. Alternatively, invite them to write on the paper hands what service they plan to do as part of their Confirmation preparation. If they are writing on hands, play quiet music while they are doing this. When complete, display the challenge sheets or hands in the middle around the cross and candle.*

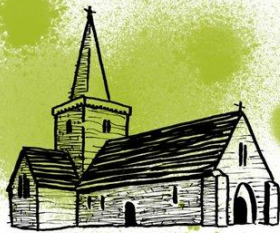


"He began to wash the disciples' feet"  
John 13:5



*"Christ has no  
body now but  
yours"*

St Teresa of Avila



**Reader:** St. Teresa of Avila said: "Christ has no body now, but yours. No hands, no feet on earth, but yours. Yours are the eyes through which he looks with compassion on this world."

**Intercessions:** Invite young people to prepare these beforehand, pray spontaneously or use the following prayers:

**Reader:** The response to 'Lord, in your mercy' is 'Hear our prayer.' Let us pray for strength and humility so that we may follow Jesus' example of serving others through love. Lord, in your mercy.

**All:** Hear our prayer.

**Reader:** Let us pray for those close to home and around the world who experience injustice. May they be supported as they work to improve their lives. Lord, in your mercy.

**All:** Hear our prayer.

**Reader:** Let us pray for our parish community of which we are all an important part. We pray that we may serve our community, and that we may receive their support in our Confirmation preparation. Lord, in your mercy.

**All:** Hear our prayer.

**Reader:** God hears all our prayers, those spoken out loud and those made in the quiet of our hearts. Let's have a moment of silence to open our hearts to God. (Wait for a few moments in silence.)

**Reader:** We ask that God hears all our prayers. Lord, in your mercy.

**All:** Hear our prayer.

**Leader:** With the fire of the Holy Spirit in your hearts, go out, serve others and bring God's love and justice into the world.

*If a priest is present, you could ask for a final blessing.*

**All:** In the name of the Father, and of the Son and of the Holy Spirit.  
Amen

End with the young people's favourite rousing hymn.