The Magnificat

Gospel: Luke 1:46-55

This is Mary's wonderful song of praise when she hears that she is expecting a child, the son of God.

"My heart praises the Lord;

my soul is glad because of God my Saviour,

for he has remembered me, his lowly servant!

From now on all people will call me happy,

because of the great things the Mighty God has done for me.

His name is holy;

from one generation to another

he shows mercy to those who honour him.

He has stretched out his mighty arm

and scattered the proud with all their plans.

He has brought down mighty kings from their thrones

and lifted up the lowly.

He has filled the hungry with good things, and sent the rich away with empty hands.

He has kept the promise he made to our ancestors

and has come to the help of his servant Israel.

He has remembered to show mercy to Abraham

and to all his descendants for ever!"

(Luke 1:46-55 GNT)

Mary is filled with joy because she realises that God's love can turn the world upside down.

Draw what you think the world would look like if it was more like Mary's song of praise, the Magnificat.

Find more activities and prayers for families at cafod.org.uk/families



