

Action options for your LiveSimply action plan.

This document is designed to help you plan your actions, faith and learning elements ahead of filling your action plan in via the link sent in your welcome email.

When you are inputting the options online, you will be asked to choose one action from each of the nine sections. After selecting each action, a "faith box" and "learning box" will appear, and for the main actions a "how will you involve the wider community box" will also appear. These boxes are free texts for you to be able to enter the faith and learning elements that will be relevant to your pupils and the action you have selected. Remember to save evidence of these elements as well as the action.

Faith element - How will faith underpin and inspire your pupils to take this action? Add any links/resources that may be helpful.

CST principles, scripture, quotes from saints or popes may be your inspiration.

Learning element - What will your pupils learn by taking part in this action? How will they understand the impact of their action? Add any links/resources that may be helpful.



Global 1 – Living in Solidarity main action. This action requires whole school involvement, plus reach out to include the wider community taking part in the action.

1A. We will take part in the CAFOD Big Lent Walk. The whole school will take part in a sponsored walk to raise funds for, and awareness of, CAFOD's work in supporting our global family. (Living in Solidarity)

1B. We will raise funds to purchase CAFOD World Gifts. The whole school can fundraise together, or each class can choose how they will fundraise. Pupils can be involved in choosing the gifts. (Living in Solidarity)

1C. The whole school will take part in CAFOD Fast Days/Brighten Up to raise funds for, and awareness of CAFOD. (Living in Solidarity)

How will you involve the wider community taking part in the action i.e. governors/families/parishioners/local people

Would you like a CAFOD visitor to deliver an assembly/workshop to support your CAFOD fundraising action? Yes



Global 2

2A. We will speak out against global injustices (e.g. global food system, debt, climate) by taking part in current CAFOD campaign actions to stand in solidarity with our global (overseas) community. (Living in Solidarity)

2B. We will take part in climate justice campaign action to support our global family (e.g. contact politicians to ensure the world's poorest communities are at the centre of decision making on climate change, as they are the people most affected). (Living in Solidarity)

2C. We will engage with Fairtrade and introduce actions to support it (e.g. hold a Fairtrade stall, switch to Fairtrade products in the tuck shop, ask families to swap at least one item to a Fairtrade product). (Living in Solidarity)



Global 3

3A. We will take part in International Day of Peace or World Day of Peace. Included within our actions for this day, pupils will write prayers for our global family impacted by war and conflict. (Living Simply)

3B. We will take part in World Day of the Poor. Included within our actions for this day, pupils will write prayers for the world's poorest communities. (Living Simply)

3C. We will take part in Refugee Week, raising awareness and spending time in prayer for our fellow brothers and sisters forced to flee their homes overseas. (Living Simply)



Local 1

1A. We will create/maintain a link with a local care home, enabling our younger and older generations to share time together (e.g. talking, playing games such as dominos, learning more about the life of our older community, hearing top tips, singing to/with them, sending cards/letters). (Living Simply)

1B. Pupils will write prayers and we will invite parents/parishioners and the local community to share time with us in prayer in our school (e.g. in a prayer garden or a special part of the school grounds/building). (Living Simply)

1C. Pupils will host events in our school for older members of our parish/local community to visit our school to foster understanding between the generations (e.g. afternoon teas, a show, chat and craft, gardening hour, simple soup lunch). (Living Simply)



Local 2

2A. Inspired by Laudato Si' pupils will organise a litter pick in the community to protect wildlife and keep the local area tidy. Where possible, litter picked will be recycled appropriately. (You may wish to start your litter pick with a prayer.) (Living sustainably)

2B. Pupils will work to support the local community in a variety of ways (e.g. praying, cards of kindness, supporting the lonely). (Living Simply)

2C. We will help care for our local church grounds (e.g. tidying the grounds, planting new shrubs and flowers, gardening chores). (Living Sustainably)



Local 3

3A. We will support our local Caritas organisation by raising funds or gathering the items they need and raising awareness of the work they do. (Living in Solidarity)

3B. We will support our local foodbank. Pupils will be involved with organising, promoting, and checking the donations. Where possible we will visit a local foodbank or invite a representative to school to share more about their work. (Living in Solidarity)

3C. We will support our local homeless shelter. Pupils will find out what the shelter needs and then raise funds or gather the items required. (Living in Solidarity)



School 1 – Living Simply main action. This action requires whole school involvement, plus reach out to include the wider community taking part in the action.

1A. We will create/develop a prayer garden/outdoor spiritual space involving all pupils in some way (e.g. design, creation, prayer stones, planting bulbs, scattering seeds, creating prayers, leading worship). (Living simply)

1B. We will hold a whole school art or photography competition, celebrating awe and wonder of God's creations. Depending on the age group we will either provide quotations from scripture to inspire the pupils, or they will choose one themselves to go with their art/photo. (Living simply)

1C. Pupils and staff will each write a LiveSimply pledge, and we will create a display. We will individually keep a note of our pledges so we can revisit them. (Living simply)



School 2 – Living Sustainably main action. This action requires whole school involvement, plus reach out to include the wider community taking part in the action.

2A. We will develop a culture of buy less, share more (e.g. pupils will hold pre-loved book/toy/clothes swaps). (Living Sustainably)

2B. We will take part in a whole school “disconnect to reconnect” day, switching off electrical appliances and using minimal energy to lower our carbon footprint. Pupils will be able to spend time connecting with nature and/or other people. Continuing after school with families encouraged to live sustainably by reducing power consumption, spending time together instead e.g. gardening, playing a simple game, or going for a walk/bike ride. (Living Sustainably/Living Simply)

2C. We will take action to Rethink, Refuse, Reduce, Reuse, Repair, Regift, Recycle. Pupils will be involved in implementing, raising awareness, and taking part in actions. (Living Sustainably)



School action 3

3A. We will take action to nurture God’s creatures (e.g. creating bird/bat boxes, building bug hotels, making bird feeders, creating hedgehog homes). (Living Sustainably)

3B. We will use our school grounds to live more sustainably (e.g. growing produce, planting wildflowers and pollinator friendly plants, planting trees). (Living Sustainably)

3C. Inspired by Laudato Si’ we will help protect the environment by cutting our carbon footprint, encouraging walking/scooting/cycling to school and appreciating our environment (e.g. pupils to look for God’s creations on their journey and share what they have spotted). (Living Sustainably)



Should you have any queries, please view the FAQs document or email schools@cafod.org.uk