

LENT PRAYER



Plant in us, Lord,
seeds of solidarity,
so that, rejoicing in your gifts,
we may cherish your presence
in each other and all creation.

Root us, Lord,
in compassion and justice.
Pour your Spirit down like gentle rain,
softening our hearts,
washing away division and selfishness.

Cultivate in us, Lord,
attentiveness to your call.
Give us hope to dream of a better world
and strength to play our part
to make it a reality.

Grow in us, Lord,
your ways of peace and courage,
so that, in this time of Lent,
we may bear witness to your love,
revealed to us in Jesus.

Amen.

CHILDREN'S LENT PRAYER



Plant in us Lord,
seeds of love,
for you,
for creation
and for all people.

Help us to grow, each day,
to be more like Jesus,
so that our words and our lives,
show people your love.

Amen.

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