

CAFOD

Catholic Agency for
Overseas Development

POSCAP OVERCAP VERTY

A World Gifts fundraiser

ESCAPE ROOM SIMULATION GAME

YOUNG PEOPLE - 11-18



**no one
beyond reach**



ESCAPE POVERTY

ESCAPE ROOM SIMULATION GAME
AN INTERACTIVE ACTIVITY FOR 11-18YRS

Millions of people around the world remain trapped in poverty. But we can change this. Our range of World Gifts is a great way to help communities overcome obstacles that keep them trapped in poverty and bring lasting change.

This simulation game is a great way to explore some of the issues affecting those trapped in poverty and to raise money for a CAFOD World Gift which will help communities around the world transform their lives.

This resource gives you the tools to raise awareness, raise money and transform lives as part of a reflection day, lunchtime activity or wider school event.

Getting started

This game is based on a leadership model. We recommend a leadership group of 2-4.

Students take ownership, setting up, preparing resources, running each game, promoting and keeping scores for the league table. Below is the preparation for each task as well as resources to print off.

The game is designed to be run on a cycle rather than as a one off.

AGE

11-18yrs

TEAM

3-8

LEADERS

2-4

OVERVIEW

To get started, watch our video:
cafod.org.uk/secondary

This game is based on an Escape Room experience where puzzles are to be completed as quickly as possible. The team that completes the series of tasks most quickly, wins the tournament.

Each player pays to play (suggestion £2 per player). The money goes towards a World Gift, chosen by the winning team.

RULES

Each team chooses a name and writes it on the league table. The first team is led into a room where the game takes place. There is no need to lock them in!

Leaders running the game explain the rules for each task, and are responsible for keeping the time for each segment of the activity.

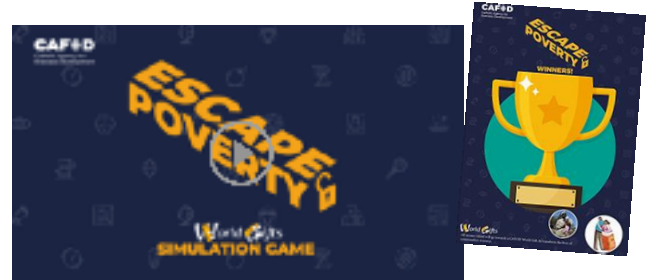
Teams can re-play the game, if they wish to improve their time. But they must pay the full fee in order to do so.

A winning trophy (to cut out) and certificate are available in the pack as an award for winning the tournament.

MATERIALS REQUIRED

Promotion

Poster and league table to download -
Escape Poverty Promo Pack.pdf



Water activity

Old plastic bottles, one for filling and another to make the water filter.
Gravel/charcoal.
Filter paper / funnel

Puzzle

Square puzzle with CAFOD poster, order from CAFOD shop shop.cafod.org.uk

Quiz

Quiz sheet (pg 6) - included in pack

Memory

Poster of passport (pg 7) - included in pack

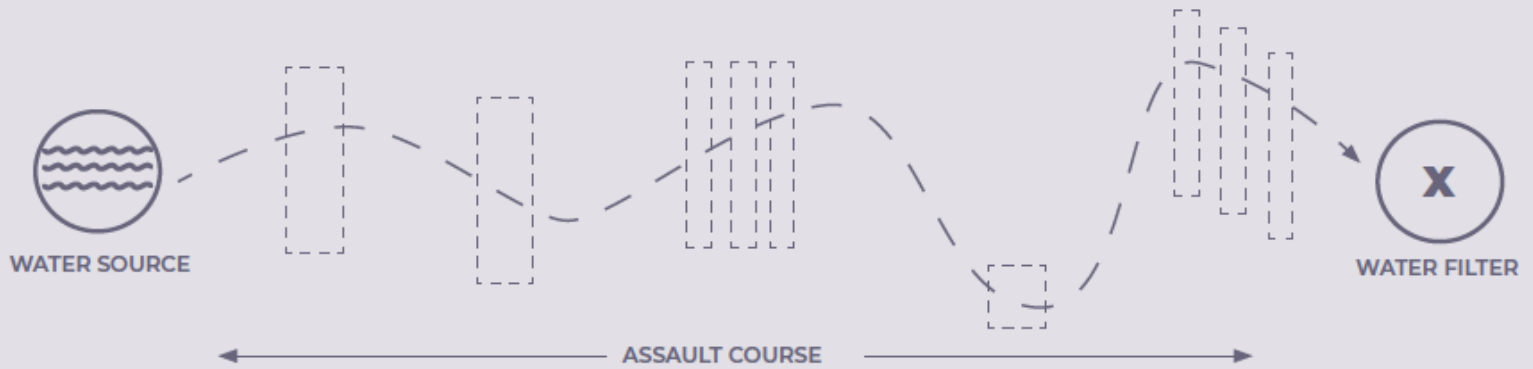
Coloured Pens

Blank paper



Overview

This activity tests the team's dexterity and skill. The task is to fill a small cup of water on one side of the room, take it to the other side via the assault course, and fill the water filter without spilling a drop! The team should work together in relay, each taking a turn. If they spill a drop they must return to the beginning and restart.



Leaders' roles

The leaders are responsible for setting up this task, ensuring that it is both challenging and safe to complete. One leader should be in charge of keeping time, another acts as referee to ensure that no water is dropped. Any other leaders are there to organise the team members so that they all line up ready for their go.

ASSAULT COURSE

Setting up

The leaders decide how easy or difficult to make the assault course. You can use a range of items/materials, or just a bit of imagination!

Ideal items include:

Hula-hoops to pass through

Floor ladders

Stepping stones

Or... ask the sports department for some help! Use whatever you have available.

Setting up

The water filter can be made of a mix of charcoal, sand and gravel. For further ideas on how to do this, visit:

[wikihow.com/Make-a-Water-Filter](http://www.wikihow.com/Make-a-Water-Filter)

Or just make it out of an old plastic bottle with a paper filter and some gravel. Simply cut the top off a two litre plastic bottle, turn it upside down to make a simple funnel, then place a paper filter on the top.

The water filter will require a 'fill' mark, so that players know when they have reached their target.

WATER FILTER

WORLD GIFT IDEA - COMMUNITY WATER SUPPLY



For many communities living in poverty, the local water source is a dirty pond or stream. Diarrhoea kills a young child every 90 seconds. This fantastic charity gift can help a community establish their own supply of clean, safe water by providing materials and training to build and maintain hand pumps and water tanks. Families will be freed from the worry of catching deadly water-borne diseases and can lead longer, healthier lives. This gift can also reduce violence, as a whole community works together to preserve a supply of safe, clean water.

Read more at cafod.org.uk/worldgifts

PUZZLE

2



Overview

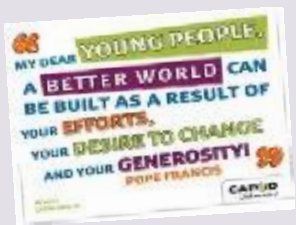
This is a simple slide puzzle for the team to complete as quickly as possible. The slide puzzle will require some creative skills to make!

Order a poster from the CAFOD Shop - shop.cafod.org.uk
Cut into 6 large pieces as shown in the picture.

Stick bottle tops into the middle, so users can move each piece around.

Place on a larger board with foam edges to keep the game together.

This can be used again and again. So, it's worth the effort!



Leaders' roles

The leaders are responsible for making the resource and ensuring there is no cheating. One leader keeps the time, and another ensures that the team works collaboratively.

WORLD GIFT IDEA - GIFT OF PLAY



Having a creative outlet for their energy can be vital to stop children falling into the clutches of violent gangs.

This charity gift can pay for music and dance classes, providing children with a safe place to relax, make friends, learn something new and have fun! Children can channel their creative energy and play with friends in a safe space.

Read more at cafod.org.uk/worldgifts



QUIZ

3



Leaders' roles

Simply read out the questions from the quiz sheet in this resource pack, scoring the team on their knowledge of global poverty. This section is timed, any mistakes incur a time penalty. Team members can confer, but their first answer submitted is final - no changing of minds allowed!

Each wrong answer receives a 30s penalty, added to their total time.

| QUESTION | | ANSWER |
|----------|---|---|
| 1 | How many products does the Fajrtrade company produce? a) over 1000 b) over 2,000 c) over 5,000 | c) Over 5,000 |
| 2 | How many children are living in extreme poverty? a) Nearly 800 million b) Nearly 220 million c) Nearly 400 million | a) 400 million Children are more than twice as many as adults to live in extreme poverty. |
| 3 | How many children of primary school age are not in primary school? a) 50 million b) 59 million c) 60 million | b) 59 million More than half of the primary school-aged children who are not in school live in sub-Saharan Africa. |
| 4 | What is the leading cause of malnutrition in kids under five? a) Diarrhoea b) Lack of food c) Unhealthy diet | a) Diarrhoea. It's not lack of food, but diarrhoeal disease that's the leading cause of malnutrition in young children. This is due to poor sanitation and unsafe drinking water. |
| 5 | How many people lack safe drinking water at home? a) 2.1 billion b) 2.3 billion c) 2.2 billion | a) 2.1 billion. Some 2 in 10 people worldwide lack access to safe, readily available water at home. |
| 6 | In which year did CAFOD start? a) 1955 b) 1960 c) 1965 | b) 1960 |
| 7 | How much does it cost to buy a Chippy Chicken Wings gift? a) £7 b) £12 c) £15 | b) £12 |
| 8 | How many people in the world live on less than \$2 a day? a) 5% b) 1% c) 10% | b) 10% This is the indicator for extreme poverty that is over 700 million people worldwide. |
| 9 | How many Catholics are there in the world? a) 12 billion b) 16 billion c) 2.2 billion | a) 1.2 billion |
| 10 | More people have access to a toilet than a mobile phone? True or false? | False. More people have access to a phone than a toilet. |

Source: www.dailymail.co.uk/news/article.html?storyid=111111 www.who.int/news-room/fact-sheets/detail/malnutrition

TIME PENALTY
For each incorrect answer there is a 30sec time penalty.

MEMORY

4

Overview

This activity tests the team's memory and recall skills. They study a printed birth certificate for 30 seconds. It is then removed. They must redraw the same certificate on a blank piece of paper placed on the other side of the room. In turn, each team member has 1 minute to cross the room and add to the drawing, until it is complete.

Leaders' roles

Leaders ensure that players see neither the certificate nor their team mates' drawing before their own turn. One leader keeps time for the activity. Another leader is responsible for saying when the drawing is a completed copy of the original.

The task is only complete when all of the text has been correctly copied.

There is a time penalty for each mistake on the final certificate. Examples are:

- Wrong colour used - 30 secs penalty
- Logo/mark on the wrong side - 30 secs penalty

WORLD GIFT IDEA - BIRTH CERTIFICATE



When babies are born at home in poor, rural areas it may not be possible to travel to register the birth. But this can cause problems later on.

In Zimbabwe, for example, children without a birth certificate cannot finish school, take exams, apply for an ID card, vote or access other basic services.

This charity gift can ensure babies born at home have the same opportunities as other children.

Read more at cafod.org.uk/worldgifts



CONCLUSION

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For each team, tally up the time for each section, take away any time penalties received, and enter their score on the league table.

Thank them for taking part and supporting others to escape poverty. They are now free to leave the room. Offer them a World Gift catalogue and ask which World Gift they would like to put their fundraising towards if they win the competition.

Prepare the circuit for the next team.

At the end of the competition, present the trophy and certificate in this pack to the winning team. Make a display showing the rest of the school how the money is being spent and how they are making a difference to the lives of some of the poorest communities around the world.

To order more materials go to cafod.org.uk/worldgifts



Saint GREGORY'S
Bath

A huge THANK YOU to students at Saint Gregory's, Bath who created and developed this game!

POVERTY QUIZ



| QUESTION | | ANSWER |
|----------|---|---|
| 1 | How many products does the Fairtrade foundation produce? a) over 1,000 b) over 2,000 c) over 3,000 | c) Over 3,000 |
| 2 | How many children are living in extreme poverty? a) Nearly 100 million b) Nearly 220 million c) Nearly 400 million | c) 400 million. Children are more than twice as likely as adults to live in extreme poverty. |
| 3 | How many children of primary school age are not in primary school? a) 10 million b) 59 million c) 65 million | b) 59 million. More than half of the primary-school-aged children who are not in school live in sub-Saharan Africa. |
| 4 | What is the leading cause of malnutrition in kids under five? a) Diarrhoea b) Lack of food c) Unhealthy diet | a) Diarrhoea. It's not lack of food, but diarrhoeal disease that's the leading cause of malnutrition in young children. This is due to poor sanitation and unsafe drinking water. |
| 5 | How many people lack safe drinking water at home? a) 2.1 billion b) 3 billion c) 4.2 billion | a) 2.1 billion. Some 3 in 10 people worldwide, lack access to safe, readily available water at home. |
| 6 | In which year did CAFOD start? a) 1955 b) 1960 c) 1978 | b) 1960 CAFOD was born when four Catholic women organised the first Family Fast Day in 1960. |
| 7 | How much does it cost to buy a Chirpy Chicken World Gift? a) £7 b) £12 c) £16 | b) £12 |
| 8 | How many people in the world live on less than \$2 a day? a) 5% b) 10% c) 14% | b) 10% This is the indicator for extreme poverty, that is over 700 million people worldwide. |
| 9 | How many Catholics are there in the world? a) 1.2 billion b) 1.6 billion c) 2 billion | a) 1.2 billion |
| 10 | More people have access to a toilet than a mobile phone? True or false? | False. More people have access to a phone than a toilet. |

Sources: [One](#), [World Bank and Unicef](#), [State of the World's Children](#), [WHO](#).

TIME PENALTY: For each incorrect answer there is a 30sec time penalty

BIRTH CERTIFICATE



THIS IS TO CERTIFY THAT

Tawana Adayemi

WEIGHING *7lb 6oz*
WAS BORN ON *11 March, 2020*
AT *Chidamoyo Hospital, Zimbabwe*



SIGNED:

14 March, 2020

A. Obi