

Lent prayer intentions

Use our Lent prayer intentions, and colour in each leaf, as a family everyday from Ash Wednesday to Easter Sunday.

ASH WEDNESDAY

1. Pray for people who are hungry.
2. Pray for people who are sick.
3. Pray for lonely people
4. Thank God for the gift of creation
5. Pray for people without a safe home.
6. Pray for refugees.
7. Pray for your friends.
8. Pray for your family.
9. Pray for your Church community.
10. Thank God for something that brings you joy.
11. Pray for the government.
12. Pray the 'Glory Be...' today.
13. Pray for your neighbours.
14. Pray for someone you love.
15. Pray for people in places where there is conflict or war.
16. Pray for creation to be cared for.
17. Pray for people in your class at school or your workplace.
18. Pray for a more just and fair world.
19. Pray for people suffering because of climate change.
20. Pray for people without access to safe, clean water.
21. Thank God for your family and friends.
22. Ask a saint to pray for you today.
23. Pray the 'Our Father' today.
24. Pray for people who don't have a job.
25. Pray for your teachers or mentors.
26. Pray for mothers and the people who care for us.
27. Pray for people who are treated badly because of their beliefs.
28. Pray for world leaders.
29. Tell God something you are sorry for.
30. Pray for children who can't go to school.
31. Pray that God will help you make good choices.
32. Pray for people who are poor.
33. Pray for someone who has hurt or upset you.
34. Pray for people in prison.
35. Pray for the Pope.
36. Pray for the elderly.
37. Pray for people affected by flooding.
38. Pray for someone you find difficult.
39. Thank God for your food today.
40. Pray for peace in the world.
41. Pray for Christian unity.
42. Pray for people affected by droughts
43. Ask Mary to pray for you and say the 'Hail Mary...'
44. Pray for an end to racism and prejudice.
45. Pray for people who are grieving or sad.
46. Pray that you will be close to Jesus today.
47. Pray for patience and hope.
48. Thank God for the new life that Jesus brings.

MAUNDY THURSDAY

GOOD FRIDAY

HOLY SATURDAY

EASTER SUNDAY