

# Postcards of hope

Share your messages of hope, joy and love with  
friends and family to help build a better world.

**“Hope does not  
disappoint,  
because God’s  
love has been  
poured into our  
hearts through  
the Holy Spirit.”**



**“Hope is not giving up on the  
world or a better future”**





Write your message of hope:

*Front: part of the official prayer from Pope Francis for the Jubilee Year 2025.*



Write your message of hope:

*Front: Pupil at St Mary's High School, Hereford.*



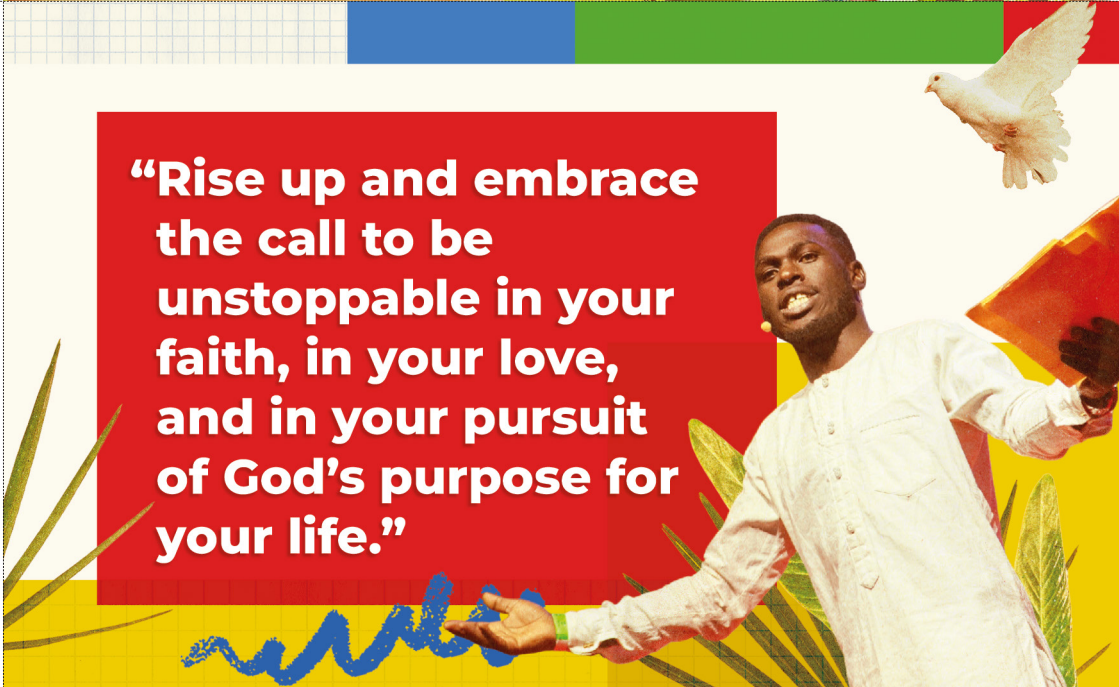
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**“We are called to be tangible  
signs of hope for those of  
our brothers and  
sisters who experience  
hardships of any kind.”**



**“Rise up and embrace  
the call to be  
unstoppable in your  
faith, in your love,  
and in your pursuit  
of God’s purpose for  
your life.”**





Explore more resources for families:  
[cafod.org.uk/families](https://cafod.org.uk/families)



Write your message of hope:

*Front: words from Pope Francis, the Bull of Indiction of the Ordinary Jubilee of the Year 2025.*



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Write your message of hope:

*Front: Brian Maeba's message of hope to young people at Flame 2025.*





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**“By living out your  
faith, you become  
a beacon of hope  
for others.”**



**“We are Pilgrims of Hope.”**





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Write your message of hope:

*Front: Anton Asfar, Secretary General, Caritas Jerusalem.*



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Write your message of hope:

*Front: children at St Francis Xavier Primary School.*



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**“Sing of hope and reawaken in every  
heart the joy and the courage to  
embrace life to the full.”**





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*Front: part of the official prayer from Pope Francis for the Jubilee Year 2025.*



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Write your message of hope:

*Front: Pope Francis.*

